

Clinical Trial Protocol

Iranian Registry of Clinical Trials

09 Jun 2026

Comparison of the effect of lithium plus quetiapine with lithium plus risperidone in children and adolescents with bipolar disorder (manic or mixed episode) in a double blind randomized clinical trial

Protocol summary

Summary

The aim of this trial is to compare the effect of lithium plus quetiapine with lithium plus risperidone in children and adolescents with bipolar disorder (manic or mixed episode). In this randomized double blind trial, thirty patients who will be hospitalized at razi psychiatric hospital will be recruited. Patients will be randomly allocated to lithium + quetiapine or lithium+ risperidone for a 6-week. Quetiapine dose is up to 600mg/day and risperidone up to 6mg/ day. Patients will be assessed at baseline and after 2, 4 and 6 weeks. The primary efficacy measure is change in Young Mania Rating Scale score across the study period.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201205059645N1**
Registration date: **2012-10-29, 1391/08/08**
Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2012-10-29, 1391/08/08

Registrant information

Name

Nastaran Habibi

Name of organization / entity

University of Social Welfare and Rehabilitation Sciences

Country

Iran (Islamic Republic of)

Phone

+98 21334012209

Email address

na.habibi@uswr.ac.ir

Recruitment status

Recruitment complete

Funding source

University of Social Welfare and Rehabilitation Sciences

Expected recruitment start date

2012-07-22, 1391/05/01

Expected recruitment end date

2013-11-21, 1392/08/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison of the effect of lithium plus quetiapine with lithium plus risperidone in children and adolescents with bipolar disorder (manic or mixed episode) in a double blind randomized clinical trial

Public title

The effect of quetiapine in children and adolescents with bipolar I disorder

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: ages 10-17 with bipolar I disorder, manic or mixed episode Exclusion criteria: YMRS score < 20 (young mania rating scale); mood symptoms secondary to substance intoxication or withdrawal; substance use disorders 3 months prior to study; mental retardation; severe medical diseases; serious neurologic disorders; autistic disorder; history of hypersensitivity or intolerance or nonresponse to quetiapine or risperidone or lithium; use of long acting antipsychotics 3 months

prior to study; use of antidepressants or antipsychotics 1 week prior to study; use of psychostimulants or benzodiazepines 72 hours prior to study

Age

From **10 years** old to **17 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Double blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

University of Social Welfare and Rehabilitation Sciences

Street address

Kodakyar Ave., Daneshjo Blvd.,Evin

City

Tehran

Postal code

Approval date

2010-09-23, 1389/07/01

Ethics committee reference number

7189/801/91/ح

Health conditions studied

1

Description of health condition studied

Bipolar disorder type I, manic or mixed episode

ICD-10 code

F31-1, F31

ICD-10 code description

Bipolar affective disorder, current episode manic without psychotic symptoms, Bipolar affective disorder, current episode manic with psychotic symptoms, Bipolar affective disorder, current episode mixed

Primary outcomes

1

Description

severity of manic or mixed episode

Timepoint

every two weeks

Method of measurement

Young Mania Rating Scale and Children's Depression Rating Scale

Secondary outcomes

1

Description

psychotic symptoms

Timepoint

every two weeks

Method of measurement

positive and negative syndrome scale - positive subscale

2

Description

general improvement

Timepoint

every two weeks

Method of measurement

clinical global impression-Improvement

3

Description

general functioning

Timepoint

baseline and endpoint

Method of measurement

children's global assessment scale

4

Description

extrapyramidal side effects

Timepoint

weeks 1,2,4,6

Method of measurement

simpson-angus extrapyramidal side effects scale, barnes akathisia scale, abnormal involuntary movement scale

5

Description

other side effects

Timepoint

weeks 1, 2, 4, 6

Method of measurement

side effects checklist

Intervention groups

1

Description

Intervention: lithium plus quetiapine up to 600 mg

Category

Treatment - Drugs

2

Description

control: lithium plus risperidone up to 6mg

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Child and Adolescent psychiatric unit at Razi
Psychiatric hospital

Full name of responsible person

Nastaran Habibi

Street address

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

University of Social Welfare and Rehabilitation
Sciences

Full name of responsible person

Nastaran Habibi

Street address

Kodakyar Ave., Daneshjo Blvd.,Evin

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

University of Social Welfare and Rehabilitation Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

University of Social Welfare and Rehabilitation
Sciences

Full name of responsible person

Nastaran Habibi

Position

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Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty