

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Jun 2026

Evaluation the Effectiveness of Eye Movement Desensitization and Reprocessing in Increasing the Prisoners' Compatibility and Comparison with the Control Group in the Central Prisoners of Mazandaran

Protocol summary

Summary

The aim of this study is to determine the effects of eye movement desensitization and reprocessing in increasing the prisoners' compatibility. This study will be conducted in Mazandaran Central Prison. This study is designed with pre-test and post-test model with the control group. Totally 40 prisoners from Mazandaran Central Prison will be selected by simple random sampling method. Prisoners with history of the conviction period more than 4 months and education degree between the second guidance and high diploma will be enrolled into the study. Prisoners will be randomized into two groups of 20 units. Intervention group: treatment of desensitization with eye movements and reprocessing will be conducted during eight sessions (one session per week -ninety minutes) on the case group (n=20). Control group: no intervention will be done (n=20). Bell compatibility questionnaire will be used for data collection in the case and control groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201312169958N2**

Registration date: **2014-01-17, 1392/10/27**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-01-17, 1392/10/27

Registrant information

Name

Ghahraman Mahmoudi

Name of organization / entity

Islamic Azad University

Country

Iran (Islamic Republic of)

Phone

+98 15 1317 5500

Email address

mahmudi.alemi@iausari.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice chancellor for research Islamic Azad University, Sari Branch

Expected recruitment start date

2013-08-27, 1392/06/05

Expected recruitment end date

2013-12-02, 1392/09/11

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluation the Effectiveness of Eye Movement Desensitization and Reprocessing in Increasing the Prisoners' Compatibility and Comparison with the Control Group in the Central Prisoners of Mazandaran

Public title

Determining the Effects of Eye Movement Desensitization and Reprocessing in Increasing the Prisoners' Compatibility

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: 1. History of the conviction period more than 4 months. 2. Education degree between the second

guidance and high diploma Exclusion criteria: Refusing the post test

Age

No age limit

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 40

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Single blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Islamic Azad University, Sari Branch

Street address

7th km of Sea Road, Sari, Mazandaran, Iran

City

Sari

Postal code**Approval date**

2010-09-23, 1389/07/01

Ethics committee reference number

92-5

Health conditions studied**1****Description of health condition studied**

Social Health

ICD-10 code

(Z00-Z99)

ICD-10 code description

Factors influencing health status and contact with health services

Primary outcomes**1****Description**

compatibility

Timepoint

after eight sessions of desensitization treatment by eye movement and reprocessing

Method of measurement

with use bell compatibility questionnaire

Secondary outcomes

empty

Intervention groups**1****Description**

Intervention group: treatment of desensitization with eye movements and reprocessing was conducted during eight sessions (one session a week-ninety minutes)

Category

Behavior

2**Description**

Control group: no intervention will be done

Category

N/A

Recruitment centers**1****Recruitment center****Name of recruitment center**

Mazandaran Central Prison

Full name of responsible person**Street address**

7th km of Sea Road, Sari, Mazandaran, Iran

City

Sari

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Vice chancellor for research Islamic Azad University, Sari Branch

Full name of responsible person

Dr Mohammad Farsi

Street address

7th km of Sea Road, Sari, Mazandaran, Iran

City

Sari

Grant name**Grant code / Reference number****Is the source of funding the same sponsor**

organization/entity?

Yes

Title of funding source

Vice chancellor for research Islamic Azad University, Sari Branch

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries**Contact****Name of organization / entity**

Islamic Azad University, Sari Branch

Full name of responsible person

Dr Ghahraman Mahmudi

Position

Philosophy Doctor

Other areas of specialty/work**Street address**

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Position

philosophy Doctor

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Fax**Email****Web page address****Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty