

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

Effects of educational program of home visit at the first six weeks post-delivery on

Protocol summary

Summary

Postpartum period is one of the vital stages in the women's life which influence their quality of life. Home visit through the provision of facilities of daily care at home is possible factors influencing on the quality of life. This study aimed to determine the effect of educational program of home visit at the first six weeks post-delivery on the quality of life of primipara women. This research was a semi-experimental study. The samples consisted of 52 primipara women who live in Shiraz and had healthy delivery. They were randomly allocated to the two groups. Home visit was carried out for the experimental group for six weeks during 4 educational sessions. The control group received routine cares of health centers. Specific Postnatal Quality of life questionnaire was used. Quality of life of women in two groups was compared at the first and sixth weeks. Data were analyzed by Chi-square and t-test. The results indicated that home visit has influenced on improvement of the quality of life of primipara women. Therefore, health care providers should focus on this important issue.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2012061710054N1**

Registration date: **2012-07-05, 1391/04/15**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2012-07-05, 1391/04/15

Registrant information

Name

Khadije Yazdani

Name of organization / entity

Shiraz University of medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 71 1647 4251

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parastary_tp@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Sciences

Expected recruitment start date

2010-06-23, 1389/04/02

Expected recruitment end date

2010-08-27, 1389/06/05

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effects of educational program of home visit at the first six weeks post-delivery on

Public title

Home visit and the quality of life of primipara women

Purpose

Prevention

Inclusion/Exclusion criteria

The inclusion criteria were women who delivered a healthy newborn whether by vaginal delivery or Cesarean section lived in Shiraz, and were available for the follow-up for the coming 6 weeks. Women who delivered prematurely or delivered babies with low birth weight (< 2.500 g) or with apparent congenital anomalies were excluded from the study

Age
No age limit

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: 60

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
shiraz university of medical sciences

Street address
zand street

City
shiraz

Postal code

Approval date
2010-06-22, 1389/04/01

Ethics committee reference number
895161

Health conditions studied

1

Description of health condition studied
quality of life

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description
Postnatal quality of life

Timepoint
Pre-post intervention

Method of measurement

Quality of life mean score

Secondary outcomes

empty

Intervention groups

1

Description
Filling of quality of life questioner

Category
N/A

2

Description
Home visit in the first, third, fifth and sixth

Category
Other

Recruitment centers

1

Recruitment center

Name of recruitment center
Valfajrand Enghelab health centers

Full name of responsible person

Street address

City
Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Shiraz University of Medical Sciences

Full name of responsible person
Dr. Poostforush

Street address
Zand street

City
Shiraz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Shiraz University of Medical Sciences

Proportion provided by this source
100

Public or private sector
empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin
Type of organization providing the funding
empty

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Person responsible for general inquiries

Contact

Name of organization / entity
Shiraz University of Medical Sciences
Full name of responsible person
Iran Jahanbin
Position
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Other areas of specialty/work
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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty