

Clinical Trial Protocol

Iranian Registry of Clinical Trials

14 Jul 2026

The study of effectiveness of group positive psychotherapy in treating of depression and enhancing happiness in infertile women.

Protocol summary

Summary

The aim of current study is investigation the efficiency of positive psychotherapy in treatment of depression and enhancing happiness in infertile women of Kermanshah motazadi hospital. This study is a pretest- post test study with control group. The research community is infertile women of motazedi hospital and the required sample is 36 women. Inclusion criteria:mild to moderate score in beck depression inventory II. Exclusion criteria: 29 to 63 score in beck depression inventory II. After sampling the subjects are randomly divided into two groups: positive psychotherapy and control groups. Data are collected at baseline and after interventions. Intervention group receive positive psychotherapy in 6 sessions in Kermanshah University of Medical Sciences

Email address

khsadeghi@kums.ac.ir

Recruitment status

Recruitment complete

Funding source

"Kermanshah University of Medical Sciences"

Expected recruitment start date

2013-03-30, 1392/01/10

Expected recruitment end date

2013-05-31, 1392/03/10

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013042810063N3**

Registration date: **2013-05-20, 1392/02/30**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2013-05-20, 1392/02/30

Registrant information

Name

Kheirollah Sadeghi

Name of organization / entity

Kermanshah University of Medical Science

Country

Iran (Islamic Republic of)

Phone

+98 83 1826 0700

Scientific title

The study of effectiveness of group positive psychotherapy in treating of depression and enhancing happiness in infertile women.

Public title

The study of effectiveness of group positive psychotherapy in treating of depression and enhancing happiness in infertile women.

Purpose

Treatment

Inclusion/Exclusion criteria

Individuals for entry into this study should have some criteria which are: 1. Mild to moderate depression in Beck Depression Inventory (BDI-II). 2. Verified the criteria of major depression in patients with major depressive disorder Structured Clinical Interview for DSM-IV-TR or the SCID-I. 3. Not receiving other concurrent psychiatric treatment or psychotherapy. 4. the absence of other disorder in Axis 1. 5. The absence of oher disorder in Axis 2. 6. Consent to participate in the study and signed a consent form. 7. Not interfere in the process of infertility treatment. Exclusion criteria in this study include: 1.

Sever Depression score on the Beck Depression Inventory. 2. Existence of Axis I disorder or any other obvious personality disorder on Axis II. 3. Health problems that would interfere with ongoing psychotherapy. 4. Symptoms of drug dependence in the past or present or have suicidal thoughts. 5. Out of people who may be affected by their infertility treatment process 6. Worsening of depression during treatment.

Age

No age limit

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 36

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

"Kermanshah University of Medical Science"

Street address

Vice - Chancellery of Research & Technology Affairs,
building No.2, Shahid Beheshti Blvd, Kermanshah

City

Kermanshah

Postal code**Approval date**

2013-03-05, 1391/12/15

Ethics committee reference number

57355

Health conditions studied**1****Description of health condition studied**

Quality of life and life satisfaction

ICD-10 code**ICD-10 code description****Primary outcomes****1****Description**

Depression

Timepoint

before intervention and after intervention

Method of measurement

beck depression inventory II

Secondary outcomes**1****Description**

happiness

Timepoint

before and after intervention

Method of measurement

axford happiness inventory

Intervention groups**1****Description**

control group: receive no kind of treatments

Category

Behavior

2**Description**

intervention group: group positive psychotherapy,
duration: 6 session. any session 1.5 hour

Category

Behavior

Recruitment centers**1****Recruitment center****Name of recruitment center**

"Motazedi Hospital in Kermanshah

Full name of responsible person

Mitra Bakhtiari

Street address

Kermanshah Infertility Treatment centre, Kotazedi
Hospital in Kermanshah, Ferdosi Square, Kermanshah

City

Kermanshah

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Chancellery of Research & Technology Affairs of

Kermanshah University of Medical Science

Full name of responsible person

Mrs. Entezari

Street address

Chancellery of Research & Technology Affairs,
building No.2,shahid beheshti blvd, Kermanshah

City

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Chancellery of Research & Technology Affairs of
Kermanshah University of Medical Science

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Kermanshah University of Medical Sciences

Full name of responsible person

Seyed Teymur Seyedi Asl

Position

Postgraduate student of clinical psychology

Other areas of specialty/work

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Person responsible for scientific inquiries

Contact

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Kheirollah Sadeghi

Position

Assistant professor of psychology/ph.d

Other areas of specialty/work

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Person responsible for updating data

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Position

Postgraduate student of clinical psychology

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty