Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

The study of effectiveness of group positive psychotherapy in treating of depression and enhancing happiness in infertile women.

Protocol summary

Summary

The aim of current study is investigation the efficiency of positive psychotherapy in treatment of depression and enhancing happiness in infertile women of Kermanshah motazadi hospital. This study is a pretest- post test study with control group. The research community is infertile women of motazedi hospital and the required sample is 36 women. Inclusion criteria:mild to moderate score in beck depression inventory II. Exclusion criteria: 29 to 63 score in beck depression inventory II. After sampling the subjects are randomly divided into two groups: positive psychotherapy and control groups. Data are collected at baseline and after interventions. Intervention group receive positive psychotherapy in 6 sessions in Kermanshah University of Medical Sciences

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013042810063N3**
Registration date: **2013-05-20, 1392/02/30**
Registration timing: **registered_while_recruiting**

Last update:
Update count: **0**

Registration date

2013-05-20, 1392/02/30

Registrant information

Name

Kheirollah Sadeghi

Name of organization / entity

Kermanshah University of Medical Science

Country

Iran (Islamic Republic of)

Phone

+98 83 1826 0700

Email address

khsadeghi@kums.ac.ir

Recruitment status

Recruitment complete

Funding source

"Kermanshah University of Medical Sciences"

Expected recruitment start date

2013-03-30, 1392/01/10

Expected recruitment end date

2013-05-31, 1392/03/10

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The study of effectiveness of group positive psychotherapy in treating of depression and enhancing happiness in infertile women.

Public title

The study of effectiveness of group positive psychotherapy in treating of depression and enhancing happiness in infertile women.

Purpose

Treatment

Inclusion/Exclusion criteria

Individuals for entry into this study should have some criteria which are: 1. Mild to moderate depression in Beck Depression Inventory (BDI-II). 2. Verified the criteria of major depression in patients with major depressive disorder Structured Clinical Interview for DSM-IV-TR or the SCID-I. 3. Not receiving other concurrent psychiatric treatment or psychotherapy. 4. the absence of other disorder in Axis 1. 5. The absence of oher disorder in Axis 2. 6. Consent to participate in the study and signed a consent form. 7. Not interfere in the process of infertility treatment. Exclusion criteria in this study include: 1.

Sever Depression score on the Beck Depression Inventory. 2. Existence of Axis I disorder or any other obvious personality disorder on Axis II. 3. Health problems that would interfere with ongoing psychotherapy. 4. Symptoms of drug dependence in the past or present or have suicidal thoughts. 5. Out of people who may be affected by their infertility treatment process 6. Worsening of depression during treatment.

Age
No age limit
Gender
Female

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **36**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
"Kermanshah University of Medical Science"
Street address
Vice – Chancellery of Research & Technology Affairs, building No.2,Shahid Beheshti Blvd, Kermanshah
City
Kermanshah
Postal code
Approval date
2013-03-05, 1391/12/15
Ethics committee reference number
57355

Health conditions studied

1

Description of health condition studied
Quality of life and life satisfaction
ICD-10 code
ICD-10 code description

Primary outcomes

1

Description
Depression
Timepoint
before intervention and after intervention
Method of measurement
beck depression inventory II

Secondary outcomes

1

Description
happiness
Timepoint
befor and after intervention
Method of measurement
axford happiness inventory

Intervention groups

1

Description
control group: receive no kind of treatments
Category
Behavior

2

Description
intervention group: group positive psychotherapy, duration: 6 session. any session 1.5 hour
Category
Behavior

Recruitment centers

1

Recruitment center
Name of recruitment center
“Motazedi Hospital in Kermanshah
Full name of responsible person
Mitra Bakhtiari
Street address
Kermanshah Infertility Treatment centre, Kotazedi Hospital in Kermanshah, Ferdosi Square, Kermanshah
City
Kermanshah

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Chancellery of Research & Technology Affairs of

Kermanshah University of Medical Science

Full name of responsible person

Mrs. Entezari

Street address

Chancellery of Research & Technology Affairs, building No.2,shahid beheshti blvd, Kermanshah

City

Kermanshah

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Chancellery of Research & Technology Affairs of Kermanshah University of Medical Science

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Kermanshah University of Medical Sciences

Full name of responsible person

Seyed Teymur Seyedi Asl

Position

Postgraduate student of clinical psychology

Other areas of specialty/work

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Person responsible for scientific inquiries

Contact

Name of organization / entity

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Kheirollah Sadeghi

Position

Assistant professor of psychology/ph.d

Other areas of specialty/work

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Person responsible for updating data

Contact

Name of organization / entity

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Full name of responsible person

Seyed Teymur Seyedi Asl

Position

Postgraduate student of clinical psychology

Other areas of specialty/work

Street address

Room 150, Boostan Enghelab Dormitory, In front of Imam Reza Hospital, Kermanshah

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Phone

00

Fax

Email

teymur.psychology@gmail.com

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty