Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

The Effect of Continuous Care Model On Control of Signs & Recurrence Among The Children With Nephritic Syndrome

Protocol summary

Summary

Main goal of the study:The effect of continuous care model on control of signs & recurrence among the children with Nephritic Syndrome, Inclusion criteria: 1- Passing at least 3 months from nephritic syndrome onset in the children 2- Not to be affected child and his or her parents to the problems such as mental retardation, mental illness... 3- The consent of child and his or her parents to participate in this study Exclusion criteria: 1- If during the study, sensitive and dependent nephritic syndrome disease in the patient changes to resistant nephritic syndrome 2-If patient and his or her parents are affected by any physical disease associated with nephritic syndrome during the study 3- If patient and his or her parents participate only in two educational sessions instead of six sessions The study population: Children 7 to 12 years old with nephritic syndrome are referring to the specialized clinic of Abazar Hospital The sample size:66 children with nephritic syndrome Interventional Study:Continuous care model Time of interventional study:Generally six months is considered for this intervention.Continuous care model is included four stages: 1-Orientation 2-Sensitization 3-Control 4-Evaluation Generally, 6 weeks considered for orientation and sensitization stages and And the rest of the 6 months considered would be paid for the remaining two phases. The primary outcome:Values obtained from the control of the dependent variables are recorded before the intervention in the two groups

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2012070810209N1**
Registration date: **2013-03-05, 1391/12/15**
Registration timing: **retrospective**
Last update:
Update count: **0**

Registration date

2013-03-05, 1391/12/15

Registrant information

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Recruitment status

Recruitment complete

Funding source

Ahvaz Jundishapur University of Medical Sciences Research

Expected recruitment start date

2012-07-22, 1391/05/01

Expected recruitment end date

2012-08-22, 1391/06/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of Continuous Care Model On Control of Signs & Recurrence Among The Children With Nephritic Syndrome

Public title

Control of Signs & Recurrence of Nephritic Syndrome

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: 1- Passing at least 3 months from nephritic syndrome onset in the children 2- Not to be affected child and his or her parents to the problems such as mental retardation, mental illness... 3- The consent of child and his or her parents to participate in this study Exclusion criteria: 1- If during the study, sensitive and dependent nephritic syndrome disease in the patient changes to resistant nephritic syndrome 2-If patient and his or her parents are affected by any physical disease associated with nephritic syndrome during the study 3- If patient and his or her parents participate only in two educational sessions

Age

From **7 years** old to **12 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **66**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ahvaz Jundishapur University of Medical Sciences and Health Services

Street address

Ahvaz,university city,Vice Chancellor for Research and Technological Development Ahvaz Jundishapur University of Medical Sciences and Health Services,Ground Floor

City

Ahvaz

Postal code

15794-61357

Approval date

2012-09-22, 1391/07/01

Ethics committee reference number

91109- U

Health conditions studied

1

Description of health condition studied

Nephrotic Syndrome

ICD-10 code

N04

ICD-10 code description

Isolated proteinuria with specified morphological lesion

Primary outcomes

1

Description

TG,Chol

Timepoint

before & after study

Method of measurement

A blood test & check the lipid

2

Description

Proteinuria

Timepoint

during and after the study

Method of measurement

A urin test & check the Proteinuria

3

Description

Body weight

Timepoint

before & after study

Method of measurement

Using analog scale SECA mark

4

Description

Blood presure

Timepoint

before & after study

Method of measurement

Using a pressure gauge ALPK2 model

5

Description

Knowledge

Timepoint

before & after study

Method of measurement

questionnaire regarding the knowledge rate of parents about symptoms of the nephrotic syndrome disease recurrence

6

Description

Recurence and control of signs of nephrotic syndrom

Timepoint

Before the intervention, and three months after intervention

Method of measurement

Bp measured by a counterclockwise pressure cuff on Mark ALPK2 on mmHg,BW measured byBranded analogue scales SECA, Measurement of lipid per dl / mg,Urine test for the presence of protein in the urine using reagent strips in scale, 0 to + + + + partial,To measure the reliability and validity of a questionnaire to assess knowledge has been approved by the Faculty of Medical Sciences.

Secondary outcomes

empty

Intervention groups

1

Description

Case group : After collecting basic data, a questionnaire on demographic characteristics and also measuring blood pressure, Triglyceride and Cholesterol, weight and urine tests , continuous care model which is an in turn educational model with a six months follow up ans it's effect on the mentioned variables, will be implemented in the international group.

Category

Other

2

Description

Control group : In this study after collecting demographic data and measuring of body weight, blood pressure, triglyceride and cholesterol and record of recurrence, Continuous Care Model won't be done on control group. Finally, values of the body weight, blood pressure, triglyceride and cholesterol & record of recurrence from tow groups) will check and then will compare with each other.

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Nephrology Clinic Medical Center - Pediatrics, Abuzar

Full name of responsible person

Miss Ashraf Al Sadat Hakim

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Ahvaz Jundishapur University of Medical Sciences, Ahvaz Jundishapur University of Medical Sciences,School of Nursing and Midwifery, Golestan, Ahvaz, Kuzeatan

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

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Full name of responsible person

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City

Ahvaz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Ahvaz Jundishapur University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Ahvaz Jundishapur University of Medical Sciences

Full name of responsible person

Ashraf Al Sadat Hakim

Position

Master of Nursing

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty