Clinical Trial Protocol
Iranian Registry of Clinical Trials

20 Nov 2026

Efficacy of acceptance and commitment group therapy along with forgiveness on hope of women with breast cancer

Protocol summary

Summary

The objective of this study is to investigate the effect of acceptance and commitment group therapy along with forgiveness on hope of women with breast cancer. 34 patients who are suffering from breast cancer and who underwent a surgery will participate in this study. Selection criteria are having, at least, a high school diploma and patients' awareness of their cancer .The project will be explained to the patients at first, then 34 patients who are willing to and who are able to participate in the workshop will be selected. The patients will be randomly divided into two groups of 19 members intervention and 15 members control. The members of intervention group will participate in the ACT and Forgiveness workshop for 12 weeks, 3 hours per week. hope for life and quality of life for these two groups will be evaluated and compared before and after participating in workshop. Exclusion criteria, in the study, are unwillingness to participate in the workshop, becoming ill, specific psychological stress, engaging in any other training course and discontinuity in medical treatment.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2012081810372N2**
Registration date: **2014-04-30, 1393/02/10**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2014-04-30, 1393/02/10

Registrant information

Name

Fateme Nemati

Name of organization / entity

Shahid Sadoughi University Of Medical Sciences,Yazd

Country

Iran (Islamic Republic of)

Phone

+98 35 1822 9004

Email address

researchhospital@ssu.ac.ir

Recruitment status

Recruitment complete

Funding source

Shahid Sadoughi University Of Medical Sciences,Yazd

Expected recruitment start date

2013-06-20, 1392/03/30

Expected recruitment end date

2013-07-21, 1392/04/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Efficacy of acceptance and commitment group therapy along with forgiveness on hope of women with breast cancer

Public title

Efficacy of acceptance and commitment group therapy along with forgiveness on hope of women with breast cancer.

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: Femininity, suffering from breast cancer, having undergone breast surgery, having, at least, a high school diploma. Exclusion criteria: unwillingness to participate in the workshop, becoming

ill, specific psychological stress, engaging in any other training course and discontinuity in medical treatment.

Age
No age limit

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **34**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Shahid Sadoughi University Of Medical Sciences, Yazd

Street address
Shahid Sadoghi Street, Bahonar Square

City
yazd

Postal code

Approval date
2013-06-17, 1392/03/27

Ethics committee reference number
52308

Health conditions studied

1

Description of health condition studied
Breast Cancer

ICD-10 code
C50.9

ICD-10 code description
Breast, unspecified

Primary outcomes

1

Description
Hope

Timepoint
Before and after workshop

Method of measurement
Questionnaire

2

Description
hope for Life

Timepoint
Before and after workshop

Method of measurement
Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description
There will be no intervention for control group.

Category
Behavior

2

Description
For experimental group, the workshop will be held for 12 weeks, a 3-hour-class per week. This workshop will be presented by a specialist.

Category
Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center
Shahid Ramazan zade Radiotherapy Center

Full name of responsible person
Dr. Fathollah Bozargomehri

Street address
In front of Gas station, Motahari Street

City
Yazd

2

Recruitment center

Name of recruitment center
Shahid Sadoughi Hospital Of Yazd

Full name of responsible person
Fateme Nemati

Street address
Ebne sina Street, Safaeeah

City
Yazd

3

Recruitment center
Name of recruitment center
Dr. Mohammad Reza Mortazavi zade's Office
Full name of responsible person
Dr. Mohammad Reza Mortazavi zade
Street address
No.29, Hag Mahdi Alley, Taleghani Street
City
Yazd

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Shahid Sadoughi UniversityOf Medical Sciences, Yazd
Full name of responsible person
Dr. Hassan Mosaffari
Street address
Shahid Sadoughi Street, Bahonar Square
City
Yazd
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Shahid Sadoughi UniversityOf Medical Sciences, Yazd
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Shahid Sadoughi University Of Medical Sciences, Yazd
Full name of responsible person
Fateme Nemati
Position
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Other areas of specialty/work
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Person responsible for scientific inquiries

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Name of organization / entity
Yazd Scienec and Research Branch, Islamic Azad University,Yazd,Iran.
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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty

Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty