

Clinical Trial Protocol

Iranian Registry of Clinical Trials

21 Jun 2026

Efficacy of acceptance and commitment group therapy along with forgiveness on hope of women with breast cancer

Protocol summary

Summary

The objective of this study is to investigate the effect of acceptance and commitment group therapy along with forgiveness on hope of women with breast cancer. 34 patients who are suffering from breast cancer and who underwent a surgery will participate in this study. Selection criteria are having, at least, a high school diploma and patients' awareness of their cancer. The project will be explained to the patients at first, then 34 patients who are willing to and who are able to participate in the workshop will be selected. The patients will be randomly divided into two groups of 19 members intervention and 15 members control. The members of intervention group will participate in the ACT and Forgiveness workshop for 12 weeks, 3 hours per week. hope for life and quality of life for these two groups will be evaluated and compared before and after participating in workshop. Exclusion criteria, in the study, are unwillingness to participate in the workshop, becoming ill, specific psychological stress, engaging in any other training course and discontinuity in medical treatment.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2012081810372N2**

Registration date: **2014-04-30, 1393/02/10**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-04-30, 1393/02/10

Registrant information

Name

Fateme Nemati

Name of organization / entity

Shahid Sadoughi University Of Medical Sciences, Yazd

Country

Iran (Islamic Republic of)

Phone

+98 35 1822 9004

Email address

researchhospital@ssu.ac.ir

Recruitment status

Recruitment complete

Funding source

Shahid Sadoughi University Of Medical Sciences, Yazd

Expected recruitment start date

2013-06-20, 1392/03/30

Expected recruitment end date

2013-07-21, 1392/04/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Efficacy of acceptance and commitment group therapy along with forgiveness on hope of women with breast cancer

Public title

Efficacy of acceptance and commitment group therapy along with forgiveness on hope of women with breast cancer.

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: Femininity, suffering from breast cancer, having undergone breast surgery, having, at least, a high school diploma. Exclusion criteria: unwillingness to participate in the workshop, becoming

ill, specific psychological stress, engaging in any other training course and discontinuity in medical treatment.

Age

No age limit

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **34**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shahid Sadoughi University Of Medical Sciences, Yazd

Street address

Shahid Sadoghi Street, Bahonar Square

City

yazd

Postal code

Approval date

2013-06-17, 1392/03/27

Ethics committee reference number

52308

Health conditions studied

1

Description of health condition studied

Breast Cancer

ICD-10 code

C50.9

ICD-10 code description

Breast, unspecified

Primary outcomes

1

Description

Hope

Timepoint

Before and after workshop

Method of measurement

Questionnaire

2

Description

hope for Life

Timepoint

Before and after workshop

Method of measurement

Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

There will be no intervention for control group.

Category

Behavior

2

Description

For experimental group, the workshop will be held for 12 weeks, a 3-hour-class per week. This workshop will be presented by a specialist.

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Shahid Ramazan zade Radiotherapy Center

Full name of responsible person

Dr. Fathollah Bozargomehri

Street address

In front of Gas station, Motahari Street

City

Yazd

2

Recruitment center

Name of recruitment center

Shahid Sadoughi Hospital Of Yazd

Full name of responsible person

Fateme Nemati

Street address

Ebne sina Street, Safaeeah

City

Yazd

3

Recruitment center

Name of recruitment center

Dr. Mohammad Reza Mortazavi zade's Office

Full name of responsible person

Dr. Mohammad Reza Mortazavi zade

Street address

No.29, Hag Mahdi Alley, Taleghani Street

City

Yazd

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shahid Sadoughi UniversityOf Medical Sciences, Yazd

Full name of responsible person

Dr. Hassan Mosaffari

Street address

Shahid Sadoughi Street, Bahonar Square

City

Yazd

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shahid Sadoughi UniversityOf Medical Sciences, Yazd

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shahid Sadoughi University Of Medical Sciences, Yazd

Full name of responsible person

Fateme Nemati

Position

MS in General Psychology

Other areas of specialty/work

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Person responsible for scientific inquiries

Contact

Name of organization / entity

Yazd Scienec and Research Branch, Islamic Azad University,Yazd,Iran.

Full name of responsible person

Abbas Montazer

Position

MS in clinical psychology

Other areas of specialty/work

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Other areas of specialty/work

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty