Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

Effectivness of dialectic behavioral therapy with religious approach on intimate partner violence in men, Urmia, Iran, 2007-8.

Protocol summary

Summary

To survey the effectiveness of dialectic-behavioral therapy with a religiosity approach on intimate partner violence 38 men who had committed physical violence against their partners were assessed in a randomized controlled trial. men with physical violence during two months ego were entered in study and those with two absences in therapeutic sessions were omitted from study. Blocking randomized allocation was used to divide the sample into intervention and comparison groups. The therapy used in the intervention group was dialectic-behavioral therapy with a religiosity approach. Cognitive therapy was used for the comparison group assessment of violation. Religiosity was assessed two months before and after treatment with a validated intimate partner violence questionnaire of the Tehran Medical University and a modified Religiosity Project Scale from Boston University. Dialectic-behavioral therapy with a religiosity approach in the treatment of physical or psychic violence is effective than cognitive therapy. Religiosity has a negative correlation with intimate partner violence.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2012072910438N1**
Registration date: **2012-10-16, 1391/07/25**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2012-10-16, 1391/07/25

Registrant information

Name

Hosein Mosazadeh

Name of organization / entity

Urmia Medical University

Country

Iran (Islamic Republic of)

Phone

+98 44 1223 5052

Email address

mosazadeh_h@umsu.ac.ir

Recruitment status

Recruitment complete

Funding source

Tehran University of Medical Sciences

Expected recruitment start date

2007-10-02, 1386/07/10

Expected recruitment end date

2007-12-17, 1386/09/26

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effectivness of dialectic behavioral therapy with religious approach on intimate partner violence in men, Urmia, Iran, 2007-8.

Public title

Effectivness of cognitive behavioral therapy on intimate partner violence.

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion Criteria: existence of physical violence during the previous two month. Exclusion Criteria: subject have psychiatric disorders except personality disorder, presence of somatic diseases that could prevent psychotherapy

Age

From **18 years** old to **74 years** old

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **38**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Double blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Tehran University of Medical Sciences, Health Faculty.

Street address

Tehran University of Medical Sciences, Keshavarz, Tehran, Iran.

City

Tehran

Postal code

Approval date

2007-08-01, 1386/05/10

Ethics committee reference number

پایان نامه دوره عالی بهداشت 234323

Health conditions studied

1

Description of health condition studied

Intimate Partner Violence

ICD-10 code

R45.6

ICD-10 code description

Physical Violence

Primary outcomes

1

Description

Physical and Psychic Violence

Timepoint

2 month after intervention

Method of measurement

IPV Questionnarie

Secondary outcomes

1

Description

Religiosity Content

Timepoint

3 month after intervention

Method of measurement

Religiosity Project Scale

Intervention groups

1

Description

Therapy in intervention group was 12 hour individual dialectic behavioral therapy. Skills that are taught include: 1- mindfulness, 2- interpersonal effectiveness, 3- emotion regulation and 4- distress tolerance. Modes of therapy include: 1- individual therapy, 2- skills training in groups, 3- telephone contact, and 4- consultation. Techniques include: 1- contingency management, 2- cognitive therapy, 3- exposure based therapies, and 4- pharmacotherapy.

Category

Behavior

2

Description

Therapy in comparison group was cognitive therapy. in cognitive therapy focus is on omission of negative thoughts and cognitive distortions ,these distortions are: 1-arbitrary inferences 2- selective separation 3- overgeneralization 4- minimizing and magnifying 5- personalization 6- labelling 7- polarized thinking.skill training in both groups was in group form.

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Badiepoian Health Centre

Full name of responsible person

Dr Hosein Mosazadeh

Street address

Badiepoian Health Centre, Hashemi, Urmia, Iran.

City

Urmia

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Tehran University of Medical Sciences
Full name of responsible person
Research Assistancy
Street address
Tehran University of Medical Sciences, Keshavarz, Tehran, Iran
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Tehran University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Urmia University of Medical Sciences
Full name of responsible person
Dr Hosein Mosazadeh
Position
Physician
Other areas of specialty/work
Street address
Urmia University of Medical Sciences, Resalat, Urmia, Iran.
City
Urmia
Postal code
5714858117
Phone
+98 44 1223 6060
Fax
+98 44 1223 1442
Email
hoseinmosazadeh@gmail.com
Web page address

Person responsible for scientific inquiries

Contact
Name of organization / entity
Urmia University of Medical Sciences
Full name of responsible person
Dr Hosein Mosazadeh
Position
MD, MPH
Other areas of specialty/work
Street address
Health Centre of Urmia, Ataii, Urmia, Iran.
City
Urmia
Postal code
5714858117
Phone
+98 22 35052
Fax
+98 44 1223 1442
Email
hoseinmosazadeh@gmail.com
Web page address

Person responsible for updating data

Contact
Name of organization / entity
Urmia University of Medical Sciences
Full name of responsible person
Dr Hosein Mosazadeh
Position
MD, MPH
Other areas of specialty/work
Street address
Health Centre of Urmia , Ataii street, Urmia , Iran.
City
Urmia
Postal code
5714858117
Phone
+98 44 1223 5052
Fax
+98 44 1223 1442
Email
hoseinmosazadeh@gmail.com
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty