

Clinical Trial Protocol

Iranian Registry of Clinical Trials

19 Jun 2026

Effectiveness of dialectic behavioral therapy with religious approach on intimate partner violence in men, Urmia, Iran, 2007-8.

Protocol summary

Summary

To survey the effectiveness of dialectic-behavioral therapy with a religiosity approach on intimate partner violence 38 men who had committed physical violence against their partners were assessed in a randomized controlled trial. men with physical violence during two months ago were entered in study and those with two absences in therapeutic sessions were omitted from study. Blocking randomized allocation was used to divide the sample into intervention and comparison groups. The therapy used in the intervention group was dialectic-behavioral therapy with a religiosity approach. Cognitive therapy was used for the comparison group assessment of violation. Religiosity was assessed two months before and after treatment with a validated intimate partner violence questionnaire of the Tehran Medical University and a modified Religiosity Project Scale from Boston University. Dialectic-behavioral therapy with a religiosity approach in the treatment of physical or psychic violence is effective than cognitive therapy. Religiosity has a negative correlation with intimate partner violence.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2012072910438N1**

Registration date: **2012-10-16, 1391/07/25**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2012-10-16, 1391/07/25

Registrant information

Name

Hosein Mosazadeh

Name of organization / entity

Urmia Medical University

Country

Iran (Islamic Republic of)

Phone

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Email address

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Recruitment status

Recruitment complete

Funding source

Tehran University of Medical Sciences

Expected recruitment start date

2007-10-02, 1386/07/10

Expected recruitment end date

2007-12-17, 1386/09/26

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effectiveness of dialectic behavioral therapy with religious approach on intimate partner violence in men, Urmia, Iran, 2007-8.

Public title

Effectiveness of cognitive behavioral therapy on intimate partner violence.

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion Criteria: existence of physical violence during the previous two month. Exclusion Criteria: subject have psychiatric disorders except personality disorder, presence of somatic diseases that could prevent psychotherapy

Age

From **18 years** old to **74 years** old

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **38**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Double blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Tehran University of Medical Sciences, Health Faculty.

Street address

Tehran University of Medical Sciences, Keshavarz,
Tehran, Iran.

City

Tehran

Postal code**Approval date**

2007-08-01, 1386/05/10

Ethics committee reference number

پایان نامه دوره عالی بهداشت 234323

Health conditions studied**1****Description of health condition studied**

Intimate Partner Violence

ICD-10 code

R45.6

ICD-10 code description

Physical Violence

Primary outcomes**1****Description**

Physical and Psychic Violence

Timepoint

2 month after intervention

Method of measurement

IPV Questionnaire

Secondary outcomes**1****Description**

Religiosity Content

Timepoint

3 month after intervention

Method of measurement

Religiosity Project Scale

Intervention groups**1****Description**

Therapy in intervention group was 12 hour individual dialectic behavioral therapy. Skills that are taught include: 1- mindfulness, 2- interpersonal effectiveness, 3- emotion regulation and 4- distress tolerance. Modes of therapy include: 1- individual therapy, 2- skills training in groups, 3- telephone contact, and 4- consultation. Techniques include: 1- contingency management, 2- cognitive therapy, 3- exposure based therapies, and 4- pharmacotherapy.

Category

Behavior

2**Description**

Therapy in comparison group was cognitive therapy. in cognitive therapy focus is on omission of negative thoughts and cognitive distortions ,these distortions are: 1-arbitrary inferences 2- selective separation 3- overgeneralization 4- minimizing and magnifying 5- personalization 6- labelling 7- polarized thinking.skill training in both groups was in group form.

Category

Behavior

Recruitment centers**1****Recruitment center****Name of recruitment center**

Badiipoian Health Centre

Full name of responsible person

Dr Hosein Mosazadeh

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Badiipoian Health Centre, Hashemi, Urmia, Iran.

City

Urmia

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Research Assistancy

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Tehran University of Medical Sciences, Keshavarz,
Tehran, Iran

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tehran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Urmia University of Medical Sciences

Full name of responsible person

Dr Hosein Mosazadeh

Position

Physician

Other areas of specialty/work

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Person responsible for scientific inquiries

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty