Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

Parenting Self Efficacy as a Determining Factor in Healthy Mother-Infant Interaction: A Pilot Study in Iran

Protocol summary

Summary

The purpose of the current study is to preliminarily investigate the effectiveness of the World Health Organization child development program in increasing parenting self efficacy of a group of mothers of infants aged three and under three years of age.To address this aim, a sample of 40 mothers with their infants aged three and under under three years old participate in child care in one of center hospital in Mashhad and are randomly divided to an experimental group and a control group. The experimental group is received the World Health Organization program for six consecutive weeks, while the control group remains without manipulation. Parenting Self Efficacy questionnaire is administered for the two groups in pretest,post test and one month follow up.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2012073010445N1**
Registration date: **2012-10-10, 1391/07/19**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2012-10-10, 1391/07/19

Registrant information

Name

Zohreh Abarashi

Name of organization / entity

Center of Psychological Counselling Services

Country

Iran (Islamic Republic of)

Phone

+98 51 1867 2743

Email address

zohrehabarashi@gmail.com

Recruitment status

Recruitment complete

Funding source

Shahid Beheshti University of Medical Sciences

Expected recruitment start date

2009-05-23, 1388/03/02

Expected recruitment end date

2009-09-11, 1388/06/20

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Parenting Self Efficacy as a Determining Factor in Healthy Mother-Infant Interaction: A Pilot Study in Iran

Public title

Parenting Self Efficacy as The Most Components of Healthy Mother-Infant Interaction

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: Children age 0 to 3 Exclusion criteria: Children up to 3

Age

To **3 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **40**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shahid Beheshti University

Street address

Evin, Tehran

City

Tehran

Postal code

Approval date

2009-04-21, 1388/02/01

Ethics committee reference number

54321

Health conditions studied

1

Description of health condition studied

parenting self-efficacy

ICD-10 code

Y89.0

ICD-10 code description

Sequelae of legal intervention

Primary outcomes

1

Description

parenting self-efficacy

Timepoint

pretrial,posttrial,1 month after trial

Method of measurement

Parenting Self-Agency Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

The experimental group: trained the World Health Organization' international child development program for 1 hour in 6 consecutive weeks

Category

Behavior

2

Description

control group remained without intervention

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Child Carel of Razavi Hospital

Full name of responsible person

Zohreh Abarashi

Street address

City

Mashhad

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Family Research Institute

Full name of responsible person

Dr Mazaheri

Street address

Family institude, Shahid Beheshti University of Medical Sciences , Tehran

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Family Research Institute

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity
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Full name of responsible person
Zohreh Abarashi

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MA

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty

Statistical Analysis Plan
empty

Informed Consent Form
empty

Clinical Study Report
empty

Analytic Code
empty

Data Dictionary
empty