

Clinical Trial Protocol

Iranian Registry of Clinical Trials

03 Jul 2026

Investigating the efficacy of adolescent parent management training in conduct disorder symptoms and aggression in 12-16 adolescent

Protocol summary

Summary

The aim of this study is Investigating the efficacy of adolescent parent management training in conduct disorder symptoms and aggression in 12-16 adolescent. This method is quasi-experimental pretest - post test with control group, so that among clients of above treatment centers, after the DSM-IV diagnostic interviewing And the Czech list of teen behavior, 20 adolescents with conduct disorder symptoms will be selected and after taking consent of adolescent and their parents, they will be divided randomly into control and experimental groups. Teens with parents in the experimental group present at the Cyber Psychology center and after agreement on goals, will participate in group therapy. 8 sessions Positive Parenting Group Therapy (attended by parents and children separately in each session) will receive.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013121110512N3**

Registration date: **2014-01-15, 1392/10/25**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-01-15, 1392/10/25

Registrant information

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Name of organization / entity

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Recruitment status

Recruitment complete

Funding source

Young Researcher Club of Mahabad Azad University

Expected recruitment start date

2013-04-16, 1392/01/27

Expected recruitment end date

2013-09-18, 1392/06/27

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Investigating the efficacy of adolescent parent management training in conduct disorder symptoms and aggression in 12-16 adolescent

Public title

efficacy of management training in conduct disorder in adolescents

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: Teens; conduct disorder; age range 16-12 years; No diagnostic symptoms of other psychological disorders association; not taking any medication or receiving other psychological interventions. Exclusion criteria: diagnosis psychological disorders and symptoms of getting 2 or more than 2 concurrent disorders; Taking any medication or other treatment except the present case.

Age

From **12 years** old to **16 years** old

Gender

Both

Phase

N/A

Groups that have been masked*No information***Sample size**

Target sample size: 20

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Clinical Research Ethics Committee of the Mahabad Islamic Azad University

Street address

Islamic Azad University, Mahabad Branch, university Street

City

Mahabad

Postal code**Approval date**

2013-11-20, 1392/08/29

Ethics committee reference number

92-1629پ

Health conditions studied**1****Description of health condition studied**

conduct disorder

ICD-10 code

F91

ICD-10 code description

Conduct disorders

Primary outcomes**1****Description**

criterias of conduct disorder

Timepoint

Before the intervention, after Completion meetings

Method of measurement

anormal symptoms inventory questionnaire (CSI-4)

2**Description**

Aggression in Teens

Timepoint

Before the intervention, after Completion meetings

Method of measurement

aggression questionnaire (AQ)

Secondary outcomes

empty

Intervention groups**1****Description**

intervention group: Teens with parents in the experimental group at the Center for Cyber Psychology and the meeting agreed targets, will participate in group therapy. Positive Parenting Group Therapy 8 meeting (attended by parents and children separately in each session of treatment according to the package) would receive. The treatment sessions be held per week for 8 weeks and will include one 2-hour session will be

Category

Other

2**Description**

control group: Any kind of intervention in this group is not done and They continue to function normally during the period and finally with intervention group are evaluated.

Category

N/A

Recruitment centers**1****Recruitment center****Name of recruitment center**

Cyber neurofeedback center

Full name of responsible person

Zahra Bahadori

Street address

Opposite Central Post Office, South Artesh Street, Tabriz, East Azarbayjan

City

Tabriz

2**Recruitment center****Name of recruitment center**

Growth helpers Counseling Center

Full name of responsible person

Dr Kobra Namvaran

Street addressOpposite Sheykhoraees Clinic, Kamarbandi Street,
Tabriz, East Azarbayjan**City**

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3**Recruitment center****Name of recruitment center**

Behbood Hospital

Full name of responsible person

Shirin Zeynali

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4**Recruitment center****Name of recruitment center**

Shahid Mahallati Hospital

Full name of responsible person

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22 Bahman Street, Tabriz, East Azarbayjan

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Sponsors / Funding sources**1****Sponsor****Name of organization / entity**Islamic Azad University-Mahabad Branch, Young
Researchers Club**Full name of responsible person**

Dr Akbar Ghasemi Kahrize

Street addressYoung Researchers Club, Islamic Azad University,
Mahabad, West Azarbayjan**City**

Mahabad

Grant name**Grant code / Reference number****Is the source of funding the same sponsor
organization/entity?**

Yes

Title of funding sourceIslamic Azad University-Mahabad Branch, Young
Researchers Club**Proportion provided by this source**

100

Public or private sector*empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding***empty***Person responsible for general inquiries****Contact****Name of organization / entity**Department of Physical Education & Sports Science,
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Dr Sirvan Atashak

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Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty