Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

Investigating the efficacy of adolescent parent management training in conduct disorder symptoms and aggression in 12-16 adolescent

Protocol summary

Summary

The aim of this study is Investigating the efficacy of adolescent parent management training in conduct disorder symptoms and aggression in 12-16 adolescent. This method is quasi-experimental pretest - post test with control group, so that among clients of above treatment centers, after the DSM-IV diagnostic interviewing And the Czech list of teen behavior, 20 adolescents with conduct disorder symptoms will be selected and after taking consent of adolescent and their parents, they will be divided randomly into control and experimental groups. Teens with parents in the experimental group present at the Cyber Psychology center and after agreement on goals, will participate in group therapy. 8 sessions Positive Parenting Group Therapy (attended by parents and children separately in each session) will receive.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013121110512N3**
Registration date: **2014-01-15, 1392/10/25**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2014-01-15, 1392/10/25

Registrant information

Name

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Name of organization / entity

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Recruitment status

Recruitment complete

Funding source

Young Researcher Club of Mahabad Azad University

Expected recruitment start date

2013-04-16, 1392/01/27

Expected recruitment end date

2013-09-18, 1392/06/27

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Investigating the efficacy of adolescent parent management training in conduct disorder symptoms and aggression in 12-16 adolescent

Public title

efficacy of management training in conduct disorder in adolescents

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: Teens; conduct disorder; age range 16-12 years; No diagnostic symptoms of other psychological disorders association; not taking any medication or receiving other psychological interventions. Exclusion criteria: diagnosis psychological disorders and symptoms of getting 2 or more than 2 concurrent disorders; Taking any medication or other treatment except the present case.

Age

From **12 years** old to **16 years** old

Gender
Both

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **20**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Clinical Research Ethics Committee of the Mahabad Islamic Azad University
Street address
Islamic Azad University, Mahabad Branch, university Street
City
Mahabad
Postal code
Approval date
2013-11-20, 1392/08/29
Ethics committee reference number
92-1629پ

Health conditions studied

1

Description of health condition studied
conduct disorder
ICD-10 code
F91
ICD-10 code description
Conduct disorders

Primary outcomes

1

Description
criterias of conduct disorder
Timepoint
Before the intervention, after Completion meetings
Method of measurement
anormal symptoms inventory questionnaire (CSI-4)

2

Description
Aggression in Teens
Timepoint
Before the intervention, after Completion meetings
Method of measurement
aggression questionnaire (AQ)

Secondary outcomes

empty

Intervention groups

1

Description
intervention group: Teens with parents in the experimental group at the Center for Cyber Psychology and the meeting agreed targets, will participate in group therapy. Positive Parenting Group Therapy 8 meeting (attended by parents and children separately in each session of treatment according to the package) would receive. The treatment sessions be held per week for 8 weeks and will include one 2-hour session will be
Category
Other

2

Description
control group: Any kind of intervention in this group is not done and They continue to function normally during the period and finally with intervention group are evaluated.
Category
N/A

Recruitment centers

1

Recruitment center
Name of recruitment center
Cyber neurofeedback center
Full name of responsible person
Zahra Bahadori
Street address
Opposite Central Post Office, South Artesh Street, Tabriz, East Azarbayjan
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2

Recruitment center
Name of recruitment center
Growth helpers Counseling Center

Full name of responsible person
Dr Kobra Namvaran
Street address
Opposite Sheykhoraees Clinic, Kamarbandi Street, Tabriz, East Azarbayjan
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3

Recruitment center
Name of recruitment center
Behbood Hospital
Full name of responsible person
Shirin Zeynali
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South Artesh Street, Tabriz, East Azarbayjan
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4

Recruitment center
Name of recruitment center
Shahid Mahallati Hospital
Full name of responsible person
Shirin Zeynali
Street address
22 Bahman Street, Tabriz, East Azarbayjan
City
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Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Islamic Azad University-Mahabad Branch, Young Researchers Club
Full name of responsible person
Dr Akbar Ghasemi Kahrize
Street address
Young Researchers Club, Islamic Azad University, Mahabad, West Azarbayjan
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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Islamic Azad University-Mahabad Branch, Young Researchers Club
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Department of Physical Education & Sports Science, Azad University, Mahabad Branch
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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty