

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

03 Jul 2026

### To compare the effect of endometrial local injury on frequency of pregnancy in couples with unexplained infertility by control group

#### Protocol summary

##### Summary

We will study the effect of induced endometrial local injury on endometrial receptivity and embryo implantation in unexplained infertile couples. This is a randomized clinical trial which will be conducted in Shiraz, Iran. Random selection to intervention and control group was performed by drawing a piece of paper from the bag containing equal number of folded printed paper for each group. Therefore, 234 unexplained infertile women are divided into two groups. Other inclusion criteria for female are aged 23 to 35 years old, body mass index between 18 and 25 (kg/m<sup>2</sup>), anti-mullerian hormone more than 1 micro gram/Liter, follicle stimulating hormone levels less than 10 milli-International Unit/milli-liter on the third day of cycle, at least 10-12 follicles in AFC count and couples receiving no drugs for infertility at least for three previous months. Those (Each of the partner) who were cigarette smoker, and/or alcohol abuser will be excluded. All the patients will undergo optimal superovulation by clomiphene-citrate (Razac Drug Laboratory, Tehran, Iran) orally administered 100 milligram/day from day 3 to day 7 of the cycle and HMG-Merional (IBSA, Lugarno, Switzerland) intramuscularly administered 75 International Unit/day from the 6th to the 8th day. Endometrial local injury was performed in the posterior wall of the uterus by pipelle endometrial sampling (Pipelle de Cornier, Prodimed, Neuilly-en-Thelle, France) during pre-ovulatory days (the day of detecting urinary lutenizing hormone (LH)-surge) just in the case group. Then all the patients in both groups were instructed to follow a regularly timed intercourse. The pregnancy (positive blood Beta human chorionic gonadotropin test by ELISA) and clinical pregnancy (detection of intrauterine sac by vaginal sonography) will be compared in the two groups.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2012082510657N1**

Registration date: **2012-11-26, 1391/09/06**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2012-11-26, 1391/09/06

##### Registrant information

###### Name

Najmeh Maharlouei

###### Name of organization / entity

Shiraz University of Medical Sciences

###### Country

Iran (Islamic Republic of)

###### Phone

+98 71 3230 2799

###### Email address

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##### Recruitment status

**Recruitment complete**

##### Funding source

Vice chancellor for research, Shiraz University of Medical Sciences, Infertility Research Center

##### Expected recruitment start date

2010-01-01, 1388/10/11

##### Expected recruitment end date

2012-03-01, 1390/12/11

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

## Scientific title

To compare the effect of endometrial local injury on frequency of pregnancy in couples with unexplained infertility by control group

## Public title

Effectiveness of uterine local injury in improving pregnancy in unexplained infertility

## Purpose

Treatment

## Inclusion/Exclusion criteria

Inclusion criteria: 1) Couples with no obvious reasons for infertility(normal routine infertility evaluation evaluation of infertility are normal) referring to Infertility Research Center in Shiraz, Iran were included in this study. 2) infertile women who were in their 23-35 years of age, 3) body mass index between 18 and 25 (kg/m<sup>2</sup>), 4)anti-mullerian hormone more than 1 µg/l ,5) follicle stimulating hormone levels less than 10 mIU/ml on the third day of cycle, 6) at least 10-12 follicles in AFC count and 7) couples receiving no drugs for infertility at least for three previous months . The exclusion criteria were 1) women younger than 23 or older than 35, as well as those (each of the infertile partner) who were cigarette smoker, and/or alcohol abuser.

## Age

From **23 years** old to **35 years** old

## Gender

Female

## Phase

2-3

## Groups that have been masked

*No information*

## Sample size

Target sample size: **234**

## Randomization (investigator's opinion)

Randomized

## Randomization description

## Blinding (investigator's opinion)

Not blinded

## Blinding description

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Shiraz University of Medical Sciences

##### Street address

8th Floor, main building of Shiraz University of Medical Sciences, Zand Avenue

## City

Shiraz

## Postal code

713451978

## Approval date

2012-10-02, 1391/07/11

## Ethics committee reference number

CT-91-4816

## Health conditions studied

### 1

#### Description of health condition studied

Infertility

#### ICD-10 code

N97.9

#### ICD-10 code description

Female infertility, unspecified

## Primary outcomes

### 1

#### Description

pregnancy

#### Timepoint

two weeks after the missed period

#### Method of measurement

measuring level of blood Beta human chorionic gonadotropin by ELISA

## Secondary outcomes

### 1

#### Description

Clinical pregnancy

#### Timepoint

4 weeks after the missed period

#### Method of measurement

detecting of intrauterine sac by vaginal sonography

## Intervention groups

### 1

#### Description

All the patients will undergo optimal superovulation by clomiphene-citrate (Razac Drug Laboratory, Tehran, Iran ) orally administered 100 milligram/day from day 3 to day 7 of the cycle and HMG-Merional (IBSA , Lugarno , Switzerland) intramuscularly administered 75 International Unit/day from the 6th to the 8th day. just in the case group mild endometrial local injury was performed in the posterior fundal wall of the uterus by standard pipelle endometrial sampling (Pipelle de Cornier, Prodimed, Neuilly-en-Thelle, France) during the preovulatory days (the day of detecting urinary lutenizing hormone (LH)-surge) . Then all the patients in both groups were instructed to follow a regularly timed

intercourse.

**Category**

Treatment - Other

**2**

**Description**

In the control group no intervention will be done.

**Category**

Treatment - Drugs

**Recruitment centers**

**1**

**Recruitment center**

**Name of recruitment center**

Infertility Research center

**Full name of responsible person**

Nasrin Dadras

**Street address**

Infertility Research Center, 4th Floor, Ghadir Hospital,  
Ghoran Avenue

**City**

Shiraz

**Sponsors / Funding sources**

**1**

**Sponsor**

**Name of organization / entity**

Vice chancellor for research; Shiraz University of  
Medical Sciences

**Full name of responsible person**

Mohammad Ebrahim Parsanezhad

**Street address**

Infertility Research Center, 4th Floor, Ghadir Hospital,  
Ghoran Avenue

**City**

Shiraz

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Vice chancellor for research; Shiraz University of Medical  
Sciences

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

*empty*

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Health Policy Research Center, Shiraz University of  
Medical Sciences, Shiraz, Iran

**Full name of responsible person**

Najmeh Maharlouei

**Position**

Assistant Professor

**Other areas of specialty/work**

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**Full name of responsible person**

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under training of infertility fellowship

**Other areas of specialty/work**

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*