

Clinical Trial Protocol

Iranian Registry of Clinical Trials

04 Aug 2026

Comparison effect of transcutaneous electrical nerve stimulation and epidural analgesia with lidocaine 1% on pain and prognosis of labour

Protocol summary

Summary

We decided to compare Epidural & TENS effects on progress and labour pain. In this single blind study 105 parturients aged 20-40 years for vaginal delivery in Fatemy hospital in Hamadan in 2014-2015 after informed consent randomly (five person block) assigned to three groups (No=35). In Epidural group, Epidural catheter is placed in active phase of labour (cervical dilation=5cm) and 10 ml lidocaine 1% plus 1ml sufentanil is injected. In secondary stage, 15 ml lidocaine 1% is injected by epidural catheter. In TENS group two pairs electrodes are placed in T0-L1&S2-S4 nerve roots. In first and second stages of labour electrodes connected to TENS device and set by 10-18 MA stimulation and 100 HZ frequency for 30 minutes. In control group, any methods is used but TENS electrodes are placed. In three groups vital signs and vas of labour pain in 5, 10, 15 & 30 minutes after analgesia, second stage of labour and after delivery are measured. Duration of first and secondary stage of labour, nausea and vomiting, itching, respiratory depression, request to cesarean section, patient satisfaction and neonatal apgar score are recorded.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013071610841N5**

Registration date: **2016-04-23, 1395/02/04**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2016-04-23, 1395/02/04

Registrant information

Name

Nahid Manouchehrian

Name of organization / entity

Hamedan University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 81 1827 7012

Email address

manouchehrian@umsha.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice chancellor for research Hamadan University Of Medical Science

Expected recruitment start date

2014-07-02, 1393/04/11

Expected recruitment end date

2016-03-30, 1395/01/11

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison effect of transcutaneous electrical nerve stimulation and epidural analgesia with lidocaine 1% on pain and prognosis of labour

Public title

Comparison of transcutaneous electrical nerve stimulation and epidural analgesia in labour pain

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: Voluntarily participate in research; candidate for vaginal delivery; fetus cephalic presentation; term pregnancy; uncomplicated pregnancy; patients in active phase with >5cm dilation of

cervix Exclusion criteria: Cutaneous infection in back region (urticaria, insects and scar); previous cesarean section; patients with pacemaker; contraindications of epidural analgesia (coagulopathy, hypovolemia, region cutaneous infection, increasing ICP and anemia)

Age

From **20 years** old to **40 years** old

Gender

Female

Phase

1-2

Groups that have been masked

No information

Sample size

Target sample size: **105**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Hamadan university of Medical Science

Street address

Fahmide Street

City

Hamadan

Postal code

6517838678

Approval date

2014-06-08, 1393/03/18

Ethics committee reference number

16/35/9/712/د/پ

Health conditions studied

1

Description of health condition studied

delivery

ICD-10 code

080.0

ICD-10 code description

Spontaneous vertex delivery

Primary outcomes

1

Description

labour pain

Timepoint

5-10-15 and 30 minutes after analgesia

Method of measurement

visual analgesic scale

2

Description

labour progress

Timepoint

labour duration

Method of measurement

duration of first and second stages of labour

3

Description

Heart Rate

Timepoint

5-10-15 and 30 minutes after analgesia

Method of measurement

number of heart rate per minute

4

Description

systolic and diastolic blood pressure

Timepoint

5-10-15 and 30 minutes after analgesia

Method of measurement

non invasive blood pressure monitoring

5

Description

Temperature

Timepoint

5-10-15 and 30 minutes after analgesia

Method of measurement

Thermometer

6

Description

new born Apgar

Timepoint

1&5 minutes after delivery

Method of measurement

Apgar Score

7

Description

Satisfactory

Timepoint

After delivery

Method of measurement

questioning

8

Description

Cesarean Section

Timepoint

Duration of labour

Method of measurement

Observation

Secondary outcomes

1

Description

Nausea & vomiting

Timepoint

during & after delivery

Method of measurement

Observation

2

Description

Itching

Timepoint

during & after delivery

Method of measurement

Observation & visual scale

3

Description

Respiratory Depression

Timepoint

during & after delivery

Method of measurement

Respiratory rate & SpO₂

Intervention groups

1

Description

In Epidural group, Epidural catheter is placed in active phase of labour (cervical dilation=5cm) and 10 ml lidocaine 1% plus 1ml sufentanil is injected. In secondary stage, maximum 15 ml lidocaine 1% is injected by epidural catheter.

Category

Prevention

2

Description

In TENS group two pairs of electrodes are placed in T₀-L₁ & S₂-S₄ nerve roots. In first and second stages of labour electrodes connected to TENS device and set by 10-18 MA stimulation and 100 HZ frequency for 30 minutes.

Category

Prevention

3

Description

In control group, any method of analgesia is used but TENS electrodes are placed.

Category

Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center

Fatemieh Hospital

Full name of responsible person

Nahid Manouchehrian

Street address

Pasdaran Street

City

Hamadan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor for research Hamadan University Of Medical Science

Full name of responsible person

Dr. saeed Bashirian

Street address

Fahmide Street

City

Hamadan

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice chancellor for research Hamadan University Of Medical Science

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Hamadan University of Medical Science-Fatemie
Hospital

Full name of responsible person

Dr. Nahid Manouchehrian

Position

associated professor of anesthesia Department

Other areas of specialty/work

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Full name of responsible person

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Email

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty