

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Sep 2026

Effect of family therapy interventions on health promotion of family caregivers of Patients with chronic mental ill Welfare centers covered in Hamadan

Protocol summary

Summary

1) Objectives: Main aim: A) Determine of general health status of family caregivers in chronic mental patients referred to the Welfare centers covered in Hamadan. B) Family interventions planning for family caregivers of patients with chronic mental health referred to the Welfare centers covered in Hamadan. Goals: A- Determine of general health status of family caregivers in chronic mental patients before intervention. B- Determine of general health status of family caregivers in chronic mental patients after intervention. (2) Design: The study is a intervention. (3) Setting and conduct: Research environment is Welfare center covered in Hamadan city. 120 Family caregivers of chronic psychiatric patients before and after intervention assesses fall. (4) Participants including major eligibility criteria: Participants included Family caregivers with inclusion adult age group (18-65): Adult age group (18-65): able to speak Persian, Turkish or Kurdish are. (5) Intervention: Stage 1: Assess the health status and needs of caregivers. stage 2: Design and implementation of family therapy interventions. (6) General health status.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014041111004N2**
Registration date: **2014-05-05, 1393/02/15**
Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2014-05-05, 1393/02/15

Registrant information

Name

Farshid Shamsaei

Name of organization / entity

Hamadan University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

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Email address

shamsaei@umsha.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice chancellor for research, Hamadan University of Medical Sciences Add: Hamadan University of Medical Sciences, Shahid Fahmideh Bulv, Hamedan, Postal cod: 65178

Expected recruitment start date

2014-03-20, 1392/12/29

Expected recruitment end date

2015-03-20, 1393/12/29

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of family therapy interventions on health promotion of family caregivers of Patients with chronic mental ill Welfare centers covered in Hamadan

Public title

family therapy interventions on health promotion of family caregivers of Patients with chronic mental ill

Purpose

Supportive

Inclusion/Exclusion criteria
Inclusion criteria: Adult age group (18-65): able to speak Persian, Turkish or Kurdish are.

Age
From **18 years** old to **65 years** old

Gender
Both

Phase
2-3

Groups that have been masked
No information

Sample size
Target sample size: **400**

Randomization (investigator's opinion)
N/A

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethics Committee of Hamadan university of medical sciences

Street address
Vice chancellor for research, Hamadan University of Medical Sciences, Shahid Fahmideh Bulv.

City
Hamedan

Postal code

Approval date
2013-08-20, 1392/05/29

Ethics committee reference number
16/35/9/4203/د/پ

Health conditions studied

1

Description of health condition studied
Mental disorders

ICD-10 code
20F,F21,F2

ICD-10 code description
Mental and behavioural disorders

Primary outcomes

1

Description
General health

Timepoint
Before intervention

Method of measurement
Health assessment Questionnaire

Secondary outcomes

1

Description
General health status

Timepoint
1 month after intervention

Method of measurement
Health assessment Questionnaire

Intervention groups

1

Description
Family caregivers' health status before the intervention will be assessed. 4 Training sessions will be given to carers and 1 month after health status will be assessed.

Category
Other

Recruitment centers

1

Recruitment center

Name of recruitment center
Sanitarium of Hazrat Abolfazl

Full name of responsible person
Dr. Mehdi Samade

Street address
5 Km Hamedan-Tehran, Amzajer Road, sanitarium of Hazrat Abolfazl

City
Hamadan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Vice chancellor for research, Hamadan university of medical sciences

Full name of responsible person
Saeed Bashirian

Street address
Vice chancellor for research, Hamadan University of Medical Sciences, Shahid Fahmideh Bulv.

City
Hamedan

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Vice chancellor for research, Hamadan university of medical sciences

Proportion provided by this source
100

Public or private sector
empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
Hamadan university of medical

Full name of responsible person
Farshid Shamsaei

Position
Assistan Professor

Other areas of specialty/work

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Farshchian psychiatry hospital, Research center for behavioral disorders and substance abuse, Dibaj Ave.

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Other areas of specialty/work

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty

Statistical Analysis Plan
empty

Informed Consent Form
empty

Clinical Study Report
empty

Analytic Code
empty

Data Dictionary
empty