

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

06 Jul 2026

### Assessment of the magnesium sulfate effect on the frequency of epilepsy and cesarean section in women with pre- eclampsia

#### Protocol summary

##### Summary

This is a randomized, double-blind single-center trial with placebo. The aim of this study is to assess the magnesium sulfate effect on the frequency of epilepsy and cesarean section in women with mild pre- eclampsia in comparison with placebo. Our sample size is 500. All patients with mild preeclampsia are enrolled in study and women with sever preeclampsia, underlying diseases and previous caesarean section are excluded from study. In the first group, 4 grams of magnesium sulfate of 50% solution in 200 cc ringer serum is infused during 20 minuets and then 2 grams magnesium sulfate per hour is injected intravenously and continued up to 24 hours after delivery. In the second group distilled water is infused the same as the first group dosage. Then, seizure and cesarean delivery rates in both groups were compared with each other.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2016052111020N5**

Registration date: **2016-10-27, 1395/08/06**

Registration timing: **prospective**

Last update:

Update count: **0**

##### Registration date

2016-10-27, 1395/08/06

##### Registrant information

##### Name

Maryam Khoshideh

##### Name of organization / entity

Tehran University of Medical Sciences, Arash Hospital

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 7788 0909

##### Email address

khooshide@tums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

Zahedan University of Medical Sciences

##### Expected recruitment start date

2016-11-05, 1395/08/15

##### Expected recruitment end date

2016-12-05, 1395/09/15

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Assessment of the magnesium sulfate effect on the frequency of epilepsy and cesarean section in women with pre- eclampsia

##### Public title

Effect of magnesium sulfate on the rate of epilepsy and cesarean section

##### Purpose

Treatment

##### Inclusion/Exclusion criteria

Inclusion criteria: mild pre- eclampsia; blood pressure between 130-90/ 150-105 mmhg/ mild protein urea  
Exclusion criteria: sever pre- eclampsia; blurred vision; sever protein urea; oligurea; impaired liver enzyme; previous cesarean

##### Age

From **18 years** old to **35 years** old

##### Gender

Female

## Phase

3

### Groups that have been masked

No information

### Sample size

Target sample size: 500

### Randomization (investigator's opinion)

Randomized

### Randomization description

### Blinding (investigator's opinion)

Double blinded

### Blinding description

### Placebo

Used

### Assignment

Parallel

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethic committee of Zahedan University of Medical Sciences

##### Street address

Khlije Fars boulevard, Zahedan

##### City

Zahedan

##### Postal code

#### Approval date

2007-11-26, 1386/09/05

#### Ethics committee reference number

1926-86

## Health conditions studied

### 1

#### Description of health condition studied

preeclampsia

#### ICD-10 code

O14.0

#### ICD-10 code description

Gestational Moderate pre-eclampsia

## Primary outcomes

### 1

#### Description

Epilepsy

#### Timepoint

After delivery up to 24 hours

#### Method of measurement

Observational

### 2

#### Description

Cesarean section

#### Timepoint

During delivery

#### Method of measurement

Observational

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group: 4 grams of magnesium sulfate of 50% solution in 200 cc ringer serum is infused during 20 minutes and then 2 grams magnesium sulfate per hour is injected intravenously and continued up to 24 hours after delivery.

#### Category

Treatment - Drugs

### 2

#### Description

Control group: Distilled water is infused the same as the first group dosage.

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Ali Ebne Abitaleb Hospital

##### Full name of responsible person

Dr. Maryam Khooshide

##### Street address

##### City

Zahedan

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Vice chancellor of Zahedan University of Medical Sciences

##### Full name of responsible person

Dr. Hooshang Rafighdoost

##### Street address

Zahedan University of Medical Sciences, Khalij Fars boulevard

##### City

Zahedan

**Grant name**  
**Grant code / Reference number**  
**Is the source of funding the same sponsor organization/entity?**  
Yes  
**Title of funding source**  
Vice chancellor of Zahedan University of Medical Sciences  
**Proportion provided by this source**  
100  
**Public or private sector**  
*empty*  
**Domestic or foreign origin**  
*empty*  
**Category of foreign source of funding**  
*empty*  
**Country of origin**  
**Type of organization providing the funding**  
*empty*

## Person responsible for general inquiries

### Contact

**Name of organization / entity**  
Zahedan University of Medical Sciences  
**Full name of responsible person**  
Dr.Maryam Khooshide  
**Position**  
women specialist  
**Other areas of specialty/work**  
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## Person responsible for scientific inquiries

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## Person responsible for updating data

### Contact

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**Email**  
**Web page address**

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**  
*empty*  
**Study Protocol**  
*empty*  
**Statistical Analysis Plan**  
*empty*  
**Informed Consent Form**  
*empty*  
**Clinical Study Report**  
*empty*  
**Analytic Code**  
*empty*  
**Data Dictionary**  
*empty*