Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

The effect of education based on Health belief Model on self efficacy related to condom use for preventing of STD diseases and AIDS among drug addicted young people.

Protocol summary

Summary

This is a randomized controlled clinical trial study. The aim of this research is to investigate the effect of educational program based on Health belief Model on self efficacy related to condom use for preventing of STD diseases and AIDS among drug addicted young people. Participants for the study group are recruited from Drug Treatment Centers in Tehran. Participants are randomly assigned into intervention or control group. The participants in the intervention group are trained in a 2 session educational program (each session 30 minutes) based on health belief model. We also give them a booklet. Self Efficacy is measured by using a questionnaire before the intervention and at the end of the course (2 months after intervention).

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201009011693N6**
Registration date: **2010-09-25, 1389/07/03**
Registration timing: **prospective**

Last update:
Update count: **0**

Registration date

2010-09-25, 1389/07/03

Registrant information

Name

Soghra Nikpour

Name of organization / entity

Center for Nursing Care Research, School of Nursing & Midwifery, Iran University of Medical Sciences

Country

Iran (Islamic Republic of)

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+98 21 8247 1308

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Recruitment status

Recruitment complete

Funding source

Vice Chancellor for Research and Technology, Iran University of Medical Sciences

Expected recruitment start date

2010-10-23, 1389/08/01

Expected recruitment end date

2011-04-21, 1390/02/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of education based on Health belief Model on self efficacy related to condom use for preventing of STD diseases and AIDS among drug addicted young people.

Public title

The effect of education based on Health belief Model on self efficacy related to condom use for preventing of STD diseases and AIDS among drug addicted young people.

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: Having sexual relationship in a legal temporary or permanent marriage, having telephone, having literacy, Age 16-40 Exclusion criteria: No sexual relationship, not completing training sessions

Age

From **16 years** old to **40 years** old

Gender
Both

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **80**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics Committee in Medical Researches
Street address
Committee in Medical Researches, Nursing & Midwifery, Iran University of Medical Sciences (IUMS), Rashid Yasami St., Valiasr ave., Tehran, and postcode: 19964
City
Tehran
Postal code
19964
Approval date
2010-01-19, 1388/10/29
Ethics committee reference number
1536739

Health conditions studied

1

Description of health condition studied
Self efficacy related to condom use for preventing of STD diseases and AIDS
ICD-10 code
N00, N99,
ICD-10 code description
Diseases of the genitourinary system,Human immunodeficiency virus [HIV] disease ,

Primary outcomes

1

Description
Self efficacy
Timepoint
4 weeks
Method of measurement
Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description
2 session educational program (each session 30 minutes) based on health belief model. we also give them a booklet
Category
Prevention

2

Description
No intervention in Control group
Category
N/A

Recruitment centers

1

Recruitment center
Name of recruitment center
Tehran Behzisti Organization
Full name of responsible person
Bahman Lotfikhah
Street address
Behzisti Organization, next to Dastgerdi St, Valiasr AVE, Box:19395/4811,Tehran
City
Tehran

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Vice Chancellor for Research and Technology, Iran University of Medical Sciences
Full name of responsible person
Dr. Sayyed Abbas Motevallian
Street address
Crossroad of Shahid Hemmat & Shahid Chamran Expressways. P.O.Box: Tehran
City
Tehran
Grant name

Grant code / Reference number
405/م ت
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Vice Chancellor for Research and Technology, Iran University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Center for Nursing Care Research, Iran University of Medical Science
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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty