

Clinical Trial Protocol

Iranian Registry of Clinical Trials

30 May 2026

The effect of education based on Health belief Model on self efficacy related to condom use for preventing of STD diseases and AIDS among drug addicted young people.

Protocol summary

Summary

This is a randomized controlled clinical trial study. The aim of this research is to investigate the effect of educational program based on Health belief Model on self efficacy related to condom use for preventing of STD diseases and AIDS among drug addicted young people. Participants for the study group are recruited from Drug Treatment Centers in Tehran. Participants are randomly assigned into intervention or control group. The participants in the intervention group are trained in a 2 session educational program (each session 30 minutes) based on health belief model. We also give them a booklet. Self Efficacy is measured by using a questionnaire before the intervention and at the end of the course (2 months after intervention).

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201009011693N6**

Registration date: **2010-09-25, 1389/07/03**

Registration timing: **prospective**

Last update:

Update count: **0**

Registration date

2010-09-25, 1389/07/03

Registrant information

Name

Soghra Nikpour

Name of organization / entity

Center for Nursing Care Research, School of Nursing & Midwifery, Iran University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 21 8247 1308

Email address

s-nikpour@iums.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice Chancellor for Research and Technology, Iran University of Medical Sciences

Expected recruitment start date

2010-10-23, 1389/08/01

Expected recruitment end date

2011-04-21, 1390/02/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of education based on Health belief Model on self efficacy related to condom use for preventing of STD diseases and AIDS among drug addicted young people.

Public title

The effect of education based on Health belief Model on self efficacy related to condom use for preventing of STD diseases and AIDS among drug addicted young people.

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: Having sexual relationship in a legal temporary or permanent marriage, having telephone, having literacy, Age 16-40 Exclusion criteria: No sexual relationship, not completing training sessions

Age

From **16 years** old to **40 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **80**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics Committee in Medical Researches

Street address

Committee in Medical Researches, Nursing & Midwifery, Iran University of Medical Sciences (IUMS), Rashid Yasami St., Valiasr ave., Tehran, and postcode: 19964

City

Tehran

Postal code

19964

Approval date

2010-01-19, 1388/10/29

Ethics committee reference number

1536739

Health conditions studied**1****Description of health condition studied**

Self efficacy related to condom use for preventing of STD diseases and AIDS

ICD-10 code

N00, N99,

ICD-10 code description

Diseases of the genitourinary system, Human immunodeficiency virus [HIV] disease ,

Primary outcomes**1****Description**

Self efficacy

Timepoint

4 weeks

Method of measurement

Questionnaire

Secondary outcomes

empty

Intervention groups**1****Description**

2 session educational program (each session 30 minutes) based on health belief model. we also give them a booklet

Category

Prevention

2**Description**

No intervention in Control group

Category

N/A

Recruitment centers**1****Recruitment center****Name of recruitment center**

Tehran Behzisti Organization

Full name of responsible person

Bahman Lotfikhah

Street address

Behzisti Organization, next to Dastgerdi St, Valiasr AVE, Box:19395/4811, Tehran

City

Tehran

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Vice Chancellor for Research and Technology, Iran University of Medical Sciences

Full name of responsible person

Dr. Sayyed Abbas Motevallian

Street address

Crossroad of Shahid Hemmat & Shahid Chamran Expressways. P.O.Box: Tehran

City

Tehran

Grant name

Grant code / Reference number

405/م ت

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice Chancellor for Research and Technology, Iran University of Medical Sciences

Proportion provided by this source

100

Public or private sector*empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding***empty***Person responsible for general inquiries****Contact****Name of organization / entity**

Center for Nursing Care Research, Iran University of Medical Science

Full name of responsible person

Soghra Nikpour

Position

Assistant professor

Other areas of specialty/work**Street address**

Center for Nursing Care Research of IUMS, Nursing & Midwifery, Iran University of Medical Sciences (IUMS), Rashid Yasami St. Valiasr ave. Tehran, Po. BOX: 19395.4798, Iran postcode: 19964

City

Tehran

Postal code

19964

Phone

+98 21 8247 1308

Fax

+98 21 8879 3805

Email

s-nikpour@iums.ac.ir, nikiniki_s@yahoo.com

Web page address

www.iums.ac.ir/cncr

Person responsible for scientific inquiries**Contact****Name of organization / entity**

Center for Nursing Care Research, Iran University of Medical Science

Full name of responsible person

Soghra Nikpour

Position

Assistant professor

Other areas of specialty/work**Street address**

Center for Nursing Care Research, Iran University of Medical Sciences and Health Services, Nursing & Midwifery School, Opposite of KHATAM OL ANBIA Hospital ,

City

Tehran

Postal code

19964

Phone

+98 21 8247 1308

Fax

+98 21 8879 3805

Email

s-nikpour@iums.ac.ir, nikiniki_s@yahoo.com

Web page address

www.iums.ac.ir/cncr

Person responsible for updating data**Contact****Name of organization / entity**

Center for Nursing Care Research, Iran University of Medical Science

Full name of responsible person

Soghra Nikpour

Position

Assistant professor

Other areas of specialty/work**Street address**

Center for Nursing Care Research, Iran University of Medical Sciences and Health Services, Nursing & Midwifery School, Opposite of KHATAM OL ANBIA Hospital , Rashid Yasami St. Valiasr ave. Tehran

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Fax

+98 21 8879 3805

Email

s-nikpour@iums.ac.ir, nikiniki_s@yahoo.com

Web page address

www.iums.ac.ir/cncr

Sharing plan**Deidentified Individual Participant Data Set (IPD)***empty***Study Protocol***empty***Statistical Analysis Plan***empty***Informed Consent Form***empty***Clinical Study Report***empty***Analytic Code***empty***Data Dictionary***empty*