

Clinical Trial Protocol

Iranian Registry of Clinical Trials

09 Jun 2026

A comparative efficacy of 50% ethanol extract of propolis , composition of 50% ethanol extract of propolis and nanohydroxyapatite and placebo in dentinal hypersensitivity treatment : a double blind study

Protocol summary

Summary

This study is a randomized, double-blind controlled clinical trial (patient and pain assessor were blinded, the other was known materials and did the intervention). Inclusion criteria were patients who attended in Dental School of Shahid sadoughi University of Medical Sciences, Yazd, Iran, sensitive teeth with signs of abrasion, erosion or cervical dentin's exposure. Exclusion criteria were teeth with evidence of pulpitis, caries lesions, defective restorations, enamel's crack, active periodontal disease, decay or deterioration in the cervical area that needs to class V fillings, cracked or endodontically treated teeth; teeth with large restoration; fixed prosthesis or as abutment of removable prosthesis; daily intake of anti-inflammatory drugs, analgesics, tooth desensitizer; patients with surgical periodontal or orthodontic treatment in the last 3 months; suppressed immune systems; pregnant and lactating patients; systemic conditions is caused or predictive factor for DH or too much acidic diet. After selecting appropriate patients, informed consent was filled by patients and they were enrolled. Cluster randomization was done with unequal clusters (the number of sensitive teeth per person). From by random numbers table, patients divided into three groups. Depending on the number sensitive teeth per person sample size had been completed in each groups. The adjacent teeth were isolated with cotton rolls and then air blast was vertically applied by 2cm in 3 seconds. Tactile stimulation was done by swiping and vertically explorer's pressure on cervical area of tooth which was gradually increased. The sensitivity of the patients was measured by a VAS scale. After baseline assessment, 3 desensitizing agents including propolis (A), HA (B) and placebo (C) were applied and up to 5 minutes remained isolated. It is also recommended not washing their mouth for next 30 minutes. In the beginning of study, the same soft

toothbrush and toothpaste were given to them to use twice a day (morning and evening before bedtime). Pain score were measured 2 and 4 weeks after the intervention.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016011911888N2**

Registration date: **2016-05-03, 1395/02/14**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2016-05-03, 1395/02/14

Registrant information

Name

Motahare Amiri

Name of organization / entity

Yazd Dental Faculty

Country

Iran (Islamic Republic of)

Phone

+98 35 1625 5881

Email address

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Recruitment status

Recruitment complete

Funding source

shahid sadoughi university , Yazd, Iran

Expected recruitment start date

2015-08-23, 1394/06/01

Expected recruitment end date

2016-01-21, 1394/11/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

A comparative efficacy of 50% ethanol extract of propolis , composition of 50% ethanol extract of propolis and nanohydroxyapatite and placebo in dentinal hypersensitivity treatment : adouble blind study

Public title

The effect of propolis and nanohydroxyapatite in treatment of dentin hypersensitivity.

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria were patients who attended in Dental School of Shahid sadoughi University of Medical Sciences, Yazd, Iran, sensitive teeth with signs of abrasion, erosion or cervical dentin's exposure. Exclusion criteria were teeth with evidence of pulpitis, caries lesions, defective restorations, enamel's crack, active periodontal disease, decay or deterioration in the cervical area that needs to class V fillings, cracked or endodontically treated teeth; teeth with large restoration; fixed prosthesis or as abutment of removable prosthesis; daily intake of anti-inflammatory drugs, analgesics, tooth desensitizer; patients with surgical periodontal or orthodontic treatment in the last 3 months; suppressed immune systems; pregnant and lactating patients; systemic conditions is caused or predictive factor for DH or too much acidic diet.

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 55

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Double blinded

Blinding description**Placebo**

Used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics Committee of Yazd Shahid Sadoughi University of Medical Sciences

Street address

central organization of shahid sadoughi medicine university ,Shahid Bahonar square, yazd , Iran

City

Yazd

Postal code

8916978477

Approval date

2015-07-26, 1394/05/04

Ethics committee reference number

IR.SSU.REC.1394.66

Health conditions studied**1****Description of health condition studied**

Dentin Hypersensitivity

ICD-10 code

K03.8

ICD-10 code description

Other specified diseases of hard tissues of teeth

Primary outcomes**1****Description**

Pain

Timepoint

Before intervention, 2 and 4 weeks after intervention

Method of measurement

Visual analog scale

Secondary outcomes

empty

Intervention groups**1****Description**

Second intervention group: composition of 50% ethanol extract of propolis and nanohydroxy apatite

Category

Treatment - Drugs

2**Description**

First intervention group: 50% ethanol extract of propolis

Category

Treatment - Drugs

3

Description

Third intervention group: placebo

Category

Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center

Yazd Shahid Sadoughi Dentistry Faculty

Full name of responsible person

Dr. Motahare Amiri

Street address

City

Yazd

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shahid Sadoughi Dentistry Faculty

Full name of responsible person

Dr. Alireza Danesh Kazemi

Street address

Shahid Sadoughi Dentistry Faculty, Dahe Fajrboulvar,yazd,Iran

City

Yazd

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shahid Sadoughi Dentistry Faculty

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shahid Sadoughi Dentistry Faculty

Full name of responsible person

Dr. Motahare Amiri

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Assistant professor

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty