

Clinical Trial Protocol

Iranian Registry of Clinical Trials

08 Jul 2026

Effectiveness of communication skills training on the development of emotional maturity of Female students in marriage

Protocol summary

Summary

The purpose of this study was to evaluate the effectiveness of communication skills training on the development of emotional maturity female students in marriage. The study included all female students in marriage (and candidate's marriage) of Abarkouh city in the academic year 2010-2011. The sample in this study is randomly selected and thus emotional maturity test were carried among 26-21 year old female students in marriage of Abarkouh universities, among those were obtained in the test scores between 106-89 (indicates no Being emotionally stable), 30 patients were selected randomly and were replaced in both experimental and control groups. The experimental group attended in 10 sections 90 minute on communication skills training program. After the education, after 1 month, of all control and experimental groups, test was performed. In this research, consequence under-study was emotional maturity that was measured by a questionnaire of emotional maturity. Considering the importance of communication skills and emotional maturity for young people, executing educational courses for youth to knowledge how better communicate with others, especially before marriage can be useful.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013010111973N1**
Registration date: **2013-02-25, 1391/12/07**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2013-02-25, 1391/12/07

Registrant information

Name

Fariba Kiani

Name of organization / entity

Allameh Tabataba'i University

Country

Iran (Islamic Republic of)

Phone

+98 913 287 0656

Email address

f.kiani901@st.atu.ac.ir

Recruitment status

Recruitment complete

Funding source

Allameh Tabataba'i University

Expected recruitment start date

2011-03-03, 1389/12/12

Expected recruitment end date

2011-06-09, 1390/03/19

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effectiveness of communication skills training on the development of emotional maturity of Female students in marriage

Public title

Communication skills training and emotional maturity

Purpose

Prevention

Inclusion/Exclusion criteria

(Inclusion criteria: Female; the marriage; consent to participate in research & Exclusion criteria: Male; Single; not Satisfied to participate in research)

Age

From **21 years** old to **26 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Allameh Tabataba'i University

Street address

Department of of Psychology, Faculty of Psychology & Education Science, Allameh Tabataba'i University, Olampic square, Tehran, Iran

City

Tehran

Postal code**Approval date**

2010-06-11, 1389/03/21

Ethics committee reference number

234987

Health conditions studied**1****Description of health condition studied**

emotional maturity

ICD-10 code

F59

ICD-10 code description

Unspecified behavioural syndromes associated with physiological disturbances and physical factors

Primary outcomes**1****Description**

Emotional maturity

Timepoint

After carrying out intervention

Method of measurement

emotional maturity Questionnaire

Secondary outcomes

empty

Intervention groups**1****Description**

The control group did not participate in training sessions and 1 month after, Simultaneously with experimental group, emotional maturity test were performed on them.

Category

Behavior

2**Description**

The experimental group attended in 10 sections 90 minute in communication skills training program and After the education, after 1 month, was performed emotional maturity test on them.

Category

Behavior

Recruitment centers**1****Recruitment center****Name of recruitment center**

Abarkouh

Full name of responsible person

Seyed Reza Poorseyed

Street address

Department of psychology, Allameh Tabataba'i University, Olampic square, Tehran, Iran

City

Yazd

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Allameh Tabataba'i University

Full name of responsible person

Sid Reza Poorsid

Street address

Department of Psychology, Allameh Tabataba'i University, Olampic Square, Tehran, Iran

City

Tehran

Grant name**Grant code / Reference number**

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Allameh Tabataba'i University

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries**Contact****Name of organization / entity**

Allameh Tabataba'i University

Full name of responsible person

Sid Reza Poorsid

Position

MA

Other areas of specialty/work**Street address**

Department of psychology, Allameh Tabataba'i University, Olampic square, Tehran, Iran

City

Tehran

Postal code**Phone**

+98 936 842 1990

Fax**Email**

Seyed_Reza_Poorseyed@Yahoo.Com

Web page address**Person responsible for scientific inquiries****Contact****Name of organization / entity**

Allameh Tabataba'i University

Full name of responsible person

Sid Reza Poorsid

Position

MA

Other areas of specialty/work**Street address**

Department of psychology, Allameh Tabataba'i University, Olampic square, Tehran, Iran

City

Tehran

Postal code**Phone**

+98 936 842 1990

Fax**Email**

Seyed_Reza_Poorseyed@Yahoo.Com

Web page address**Person responsible for updating data****Contact****Name of organization / entity**

Allameh Tabataba'i University

Full name of responsible person

Fariba Kiani

Position

Student of PhD

Other areas of specialty/work**Street address**

Department of psychology, Allameh Tabataba'i University, Olampic square, Tehran, Iran

City

Tehran

Postal code**Phone**

+98 913 287 0656

Fax**Email**

Fariba.Kiani64@Yahoo.Com

Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty