

Clinical Trial Protocol

Iranian Registry of Clinical Trials

25 Jul 2026

Effect of sexual health education on quality of life 20 to 45 year old married women attending selected health centers affiliated to Tehran University of Medical Sciences

Protocol summary

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Summary

This study examines the impact of sexual health education on quality of life of married women. This study is interventional (Quasi- Experimental study), single blind, no placebo controlled. Inclusion criteria: having mental health. Exclusion criteria: addicts, alcohol consumers, people with certain physical illnesses. The study population for this study consisted of married women that referred to selected Tehran University of Medical Science health centers. The target population included two groups of 30 people that if you have entry criteria selected. Sexual health education session topics are taught. Study groups evaluated again after 1 month.

Recruitment status

Recruitment complete

Funding source

Scientific Research Center, Tehran University of Medical Sciences

Expected recruitment start date

2014-02-09, 1392/11/20

Expected recruitment end date

2014-03-11, 1392/12/20

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013011912188N1**

Registration date: **2014-02-16, 1392/11/27**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2014-02-16, 1392/11/27

Registrant information

Name

Bahman ahmadi

Name of organization / entity

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Phone

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Email address

Scientific title

Effect of sexual health education on quality of life 20 to 45 year old married women attending selected health centers affiliated to Tehran University of Medical Sciences

Public title

Effect of sexual health education on quality of life

Purpose

Health service research

Inclusion/Exclusion criteria

Inclusion criteria : having mental health. Exclusion criteria: Addicts, alcohol consumers, non-Muslim people, people with certain physical illnesses including heart disease, arthritis, diabetes, emphysema, cancer patients, people with ostomy and mastectomy and hysterectomy.

Age

From **20 years** old to **45 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 60

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Not used

Assignment

Other

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Tehran university of medical science

Street address

Ghods ST, Keshavarz BLV

City

Tehran

Postal code

۱۴۱۷۶۵۳۷۶۱

Approval date

2012-07-02, 1391/04/12

Ethics committee reference number

91-01-61-16836-57057

Health conditions studied

1

Description of health condition studied

quality of life

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

quality of life

Timepoint

Before the intervention, one month after the intervention

Method of measurement

use questionnaire WHOQOL:BREF

Secondary outcomes

empty

Intervention groups

1

Description

During of 3 hours sessions training, by one of the most knowledgeable person at the meeting of sexual health issues, how to communicate better with his wife and promote sexual and marital satisfaction is taught. In addition to training sessions, lectures, and educational pamphlets and PowerPoint can be used to better the debate. The control group did not

Category

Other

2

Description

The intervention group: With a demographic questionnaire, the questionnaire WHOQOL: BREF quality of life in the pre test interview is filled. After the pre test, the intervention group for sexual health education program coordination takes place. Education program at an appropriate time presented by the researcher Ms. After passing through a period of 1 month, Emphasizing that these people do not participate in another training session Once again post test is performed.

Category

Other

3

Description

control group: With a demographic questionnaire, the questionnaire WHOQOL: BREF quality of life in the pre test interview is filled. After 1 month, again without any intervention questionnaire will be filled.

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Daroshafa Emam Reza

Full name of responsible person

Dr. Ali Modares

Street address

Aliabad

City

Tehran

2

Recruitment center

Name of recruitment center

Shahid Vahedi

Full name of responsible person

Mr Dehdast

Street address

Yakhchi abad

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Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Tehran university of medical science

Full name of responsible person

Parvin Pasalar

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Italy ST, Keshavarz BLV

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Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Tehran university of medical science

Proportion provided by this source

100

Public or private sector*empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding***empty***Person responsible for general inquiries****Contact****Name of organization / entity**

School of nursing and midwifery

Full name of responsible person

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Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)***empty***Study Protocol***empty***Statistical Analysis Plan***empty***Informed Consent Form***empty***Clinical Study Report***empty***Analytic Code***empty***Data Dictionary***empty*