

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Sep 2026

The effect of menopausal instruction of husbands on perceived social support by Perimenopausal women in Gonabad town

Protocol summary

Summary

The purpose of this study was to evaluate the effect of menopausal instruction of husbands on perceived social support by peri-menopausal women. In this study, 102 women aged between 45-60 years in Gonabad town were randomly selected and assigned in two groups. First, demographic questionnaire and social support scale completed by all of the women and knowledge questionnaire completed by their husbands, then face to face education about menopause were scheduled and a booklet was distributed for husbands of intervention group. One month later all of the women completed social support scale and their husbands completed knowledge questionnaire.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT138712211757N1**

Registration date: **2009-07-18, 1388/04/27**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2009-07-18, 1388/04/27

Registrant information

Name

Narges Bahri

Name of organization / entity

Gonabad university of medical sciences

Country

Iran (Islamic Republic of)

Phone

+98 53 3722 3028

Email address

nargesbahri@gmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Gonabad Univesity of Medical Sciences

Expected recruitment start date

2003-05-10, 1382/02/20

Expected recruitment end date

2004-11-15, 1383/08/25

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of menopausal instruction of husbands on perceived social support by Perimenopausal women in Gonabad town

Public title

The effect of menopausal instruction of husbands on perceived social support by Perimenopausal women in Gonabad town

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: Iranian citizen, living in Gonabad city,
Exclusion criteria: Inability to fill the social supportive scale questionnaire, pregnancy, hormone replacement therapy, receiving any information on the issue during 3 months prior to intervention by husband, studying any book or pamphlet on the issue during 3 months prior to intervention by husband, inability of husband to learn, presence of any medical or psychological disorder, previous hysterectomy or oophorectomy, presence of any special stressful event during 6 months prior to intervention

Age

From **46 years** old to **60 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **102**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Other

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Gonabad University of Medical Sciences

Street address

Gonabad University of Medical Sciences, Imam
khomeini st., Gonabad

City

Gonabad

Postal code

96915

Approval date

empty

Ethics committee reference number

14

Health conditions studied

1

Description of health condition studied

Menopause

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Social support

Timepoint

before and one month after education

Method of measurement

Cassidy Social Support Scale

Secondary outcomes

1

Description

Husband's knowledge about menopause

Timepoint

knowledge before and one month after educational
program

Method of measurement

Questionnaire

Intervention groups

1

Description

Face to face education about menopause were
scheduled and a booklet was distributed for husbands

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Gonabad University of Medical Sciences

Full name of responsible person

Narges Bahri

Street address

Gonabad University of Medical Sciences

City

Gonabad

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Gonabad University of Medical Sciences

Full name of responsible person

Ali Ekrami

Street address

Gonabad University of Medical Sciences

City

Gonabad

Grant name

Grant code / Reference number

**Is the source of funding the same sponsor
organization/entity?**

Yes

Title of funding source

Gonabad University of Medical Sciences

Proportion provided by this source

100

Public or private sector*empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding***empty*

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Postal code**Sharing plan****Deidentified Individual Participant Data Set (IPD)***empty***Study Protocol***empty***Statistical Analysis Plan***empty***Informed Consent Form***empty***Clinical Study Report***empty***Analytic Code***empty***Data Dictionary***empty*