

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### Effect of pregabalin in treatment of uremic restless leg syndrome

#### Protocol summary

##### Summary

This study is aimed for evaluation of pregabalin effect on symptoms of uremic restless legs syndrome. Inclusion criteria are as followed: End-stage renal disease, Restless legs syndrome Exclusion criteria are as followed: Iron deficiency anemia, hypoglycemia, hypercalcemia, treatment with drugs effective for RLS The study population are a group of ESRD patients, admitted in dialysis ward of Imam Reza Hospital of Kermanshah. Sample size is 78 patients including intervention and control groups. Intervention include a period of 12 weeks treatment with pregabalin 50 mg once daily. Primary outcome is severity of RLS symptoms measured by questionnaire at the beginning and end of study and comparing between two groups.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2017072312685N9**

Registration date: **2017-08-20, 1396/05/29**

Registration timing: **registered\_while\_recruiting**

Last update:

Update count: **0**

##### Registration date

2017-08-20, 1396/05/29

##### Registrant information

###### Name

Hamidreza Omrani

###### Name of organization / entity

Kermanshah University of Medical Sciences

###### Country

Iran (Islamic Republic of)

###### Phone

+98 83 3427 6302

###### Email address

hamidomrani@kums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

Kermanshah University of Medical Sciences

##### Expected recruitment start date

2017-08-01, 1396/05/10

##### Expected recruitment end date

2017-11-01, 1396/08/10

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Effect of pregabalin in treatment of uremic restless leg syndrome

##### Public title

Effect of pregabalin in treatment of uremic restless leg syndrome

##### Purpose

Treatment

##### Inclusion/Exclusion criteria

Inclusion criteria: diagnosis of ESRD; restless leg syndrome; signing of the informed consent. Exclusion criteria: anemia; iron deficiency; treatment with other restless leg syndrome specific drugs; hypercalcemia; hypocalcemia; sensitivity to pregabalin; patient who reject cooperate for follow up

##### Age

No age limit

##### Gender

Both

##### Phase

N/A

##### Groups that have been masked

No information

##### Sample size

Target sample size: **78**

## Randomization (investigator's opinion)

Randomized

## Randomization description

## Blinding (investigator's opinion)

Double blinded

## Blinding description

## Placebo

Used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Kermanshah University of Medical Science and Health Services

##### Street address

Shahid Beheshti ave. Kermanshah

##### City

Kermanshah

##### Postal code

#### Approval date

2017-07-19, 1396/04/28

#### Ethics committee reference number

Kums.rec.1396.185

## Health conditions studied

### 1

#### Description of health condition studied

Restless leg syndrome

#### ICD-10 code

G25.8

#### ICD-10 code description

Other specified extrapyramidal and movement disorders

## Primary outcomes

### 1

#### Description

Severity of restless legs syndrome symptoms

#### Timepoint

Beginning and end of study

#### Method of measurement

International restless legs syndrome study group rating scale(IRLS)questionnaire

## Secondary outcomes

### 1

#### Description

Drug side effects

#### Timepoint

The entire study priod

#### Method of measurement

By patients report

## Intervention groups

### 1

#### Description

pregabalin treatment with starting dose 50 mg once daily and gradually titrated up to 100 mg once daily it tolerated for a priod of 12 week.

#### Category

Treatment - Drugs

### 2

#### Description

The control group are treated with placebo for 12 weeks.

#### Category

Placebo

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Dialysis Ward of Imam Reza Hospital

##### Full name of responsible person

Dr hamidreza Omrani MD Associate Professor, Dialysis ward

##### Street address

Imam Reza Hospital, Sorkheligeh

##### City

Kermanshah

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Kermanshah University of Medical Sciences

##### Full name of responsible person

Dr Behruz Hamze Vice-Chancellor of Research and Technology

##### Street address

Shahid Beheshti Ave. Building n:2 of University

##### City

Kermanshah

#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Kermanshah University of Medical Sciences  
**Proportion provided by this source**  
100  
**Public or private sector**  
*empty*  
**Domestic or foreign origin**  
*empty*  
**Category of foreign source of funding**  
*empty*  
**Country of origin**  
**Type of organization providing the funding**  
*empty*

## Person responsible for general inquiries

### Contact

**Name of organization / entity**

Internal Medicine Department of Kermanshah Faculty of Medicine

**Full name of responsible person**

Dr Shilan Haseli

**Position**

Internal Medicine Resident

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## Person responsible for scientific inquiries

### Contact

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## Person responsible for updating data

### Contact

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**Position**

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**Other areas of specialty/work****Street address**

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**City**

Kermanshah

**Postal code****Phone**

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**Fax****Email****Web page address**

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*