Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

The Effect of Poetry Therapy On the level of the anxiety in Patients With Myocardial Infarction in Boushehr Heart Hospital in 1394.

Protocol summary

Summary

Objectives: To determine the effect of poetry therapy of anxiety in patients with, Myocardial Infarction. Design: The study is a Clinical Tria.l Setting and conduct: Poetry sessions for each patient individually and for four sessions per week and each session takes about 45 minutes for each person carried. Participants including major eligibility criteria: 60 Patients with a heart attack suffered moderate anxiety. Interventions: Reading poetry approved for patients that have been collected in a book. Variables: poetry therapy, Moderate anxiety, Heart attack.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015082412830N4**
Registration date: **2015-10-04, 1394/07/12**
Registration timing: **registered_while_recruiting**

Last update:
Update count: **0**

Registration date

2015-10-04, 1394/07/12

Registrant information

Name

Faezeh Jahanpour

Name of organization / entity

Bushehr University of Medical Sciences

Country

Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

Vice Chancellor for Research Bushehr University of Medical Sciences

Expected recruitment start date

2015-09-23, 1394/07/01

Expected recruitment end date

2015-12-21, 1394/09/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of Poetry Therapy On the level of the anxiety in Patients With Myocardial Infarction in Boushehr Heart Hospital in 1394.

Public title

The Effect of Poetry Therapy On the level of the anxiety in Patients With Myocardial Infarction in Boushehr Heart Hospital in 1394.

Purpose

Treatment

Inclusion/Exclusion criteria

Criteria for inclusion of patients in the study included coronary heart disease diagnosis by a physician, as well as having mild to moderate anxiety. Exclusion criteria included the following: 1. Patients with large myocardial infarction 2. History of heart disease and hospitalization in ICU and CCU 3. Hemodynamically unstable 4. History of seizures 5. Deaf 6. The primary school 8. The non-Persian speaking 9. Older than 65 years 10. Drug addiction

Age

From **74 years** old to **29 years** old

Gender

Both

Phase
2
Groups that have been masked
No information
Sample size
Target sample size: **60**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics Committee Bushehr University of Medical Sciences
Street address
No. 12, Bahmani, Yasini Avenue,Bushehr University of Medical Sciences Campus, Iran, Bushehr
City
Bushehr
Postal code
7514633341
Approval date
2010-09-23, 1389/07/01
Ethics committee reference number
Bpums.res.1394.15

Health conditions studied

1

Description of health condition studied
Acute Myoccardial Infarction
ICD-10 code
I21
ICD-10 code description
Myocardial infarction specified as acute or with a stated duration of 4 weeks (28 days) or less from onset

Primary outcomes

1

Description
Anexity
Timepoint
Pre test, Post test
Method of measurement
Beck Anxiety Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description
Poetry therapy in case group
Category
Behavior

2

Description
Placebo in the control group
Category
Behavior

Recruitment centers

1

Recruitment center
Name of recruitment center
Heart Hospital of Bushehr
Full name of responsible person
Dr Amir Abbasi
Street address
NO 7, Intersection Justice St, Heart Hospital of Bushehr, Bushehr
City
Bushehr

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Vice chancellor for research,bushehr University of Medical Sciences
Full name of responsible person
Afshin Ostavar
Street address
NO 12, Campus of Medical Sciences,Bahamni, Yasini Avenue, Bushehr
City
Bushehr
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Vice chancellor for research,bushehr University of Medical Sciences
Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Bushehr University of Medical Sciences

Full name of responsible person

Faeze Jahanpoor

Position

PhD in Nursing / Associate Professor

Other areas of specialty/work

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Contact

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Position

Assistant Professor

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7517933755

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Web page address

Person responsible for updating data

Contact

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty