

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

27 May 2026

### The Effect of Poetry Therapy On the level of the anxiety in Patients With Myocardial Infarction in Boushehr Heart Hospital in 1394.

#### Protocol summary

##### Summary

Objectives: To determine the effect of poetry therapy of anxiety in patients with, Myocardial Infarction. Design: The study is a Clinical Trial. Setting and conduct: Poetry sessions for each patient individually and for four sessions per week and each session takes about 45 minutes for each person carried. Participants including major eligibility criteria: 60 Patients with a heart attack suffered moderate anxiety. Interventions: Reading poetry approved for patients that have been collected in a book. Variables: poetry therapy, Moderate anxiety, Heart attack.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2015082412830N4**  
Registration date: **2015-10-04, 1394/07/12**  
Registration timing: **registered\_while\_recruiting**

Last update:

Update count: **0**

##### Registration date

2015-10-04, 1394/07/12

##### Registrant information

##### Name

Faezeh Jahanpour

##### Name of organization / entity

Bushehr University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 77 1455 0187

##### Email address

f.jahanpour@bpums.ac.ir

##### Recruitment status

##### Recruitment complete

##### Funding source

Vice Chancellor for Research Bushehr University of Medical Sciences

##### Expected recruitment start date

2015-09-23, 1394/07/01

##### Expected recruitment end date

2015-12-21, 1394/09/30

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

The Effect of Poetry Therapy On the level of the anxiety in Patients With Myocardial Infarction in Boushehr Heart Hospital in 1394.

##### Public title

The Effect of Poetry Therapy On the level of the anxiety in Patients With Myocardial Infarction in Boushehr Heart Hospital in 1394.

##### Purpose

Treatment

##### Inclusion/Exclusion criteria

Criteria for inclusion of patients in the study included coronary heart disease diagnosis by a physician, as well as having mild to moderate anxiety. Exclusion criteria included the following: 1. Patients with large myocardial infarction 2. History of heart disease and hospitalization in ICU and CCU 3. Hemodynamically unstable 4. History of seizures 5. Deaf 6. The primary school 8. The non-Persian speaking 9. Older than 65 years 10. Drug addiction

##### Age

From **74 years** old to **29 years** old

##### Gender

Both

**Phase**

2

**Groups that have been masked***No information***Sample size**Target sample size: **60****Randomization (investigator's opinion)**

Randomized

**Randomization description****Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics Committee Bushehr University of Medical Sciences

**Street address**

No. 12, Bahmani, Yasini Avenue, Bushehr University of Medical Sciences Campus, Iran, Bushehr

**City**

Bushehr

**Postal code**

7514633341

**Approval date**

2010-09-23, 1389/07/01

**Ethics committee reference number**

Bpums.res.1394.15

**Health conditions studied****1****Description of health condition studied**

Acute Myocardial Infarction

**ICD-10 code**

I21

**ICD-10 code description**

Myocardial infarction specified as acute or with a stated duration of 4 weeks (28 days) or less from onset

**Primary outcomes****1****Description**

Anxiety

**Timepoint**

Pre test, Post test

**Method of measurement**

Beck Anxiety Questionnaire

**Secondary outcomes**

empty

**Intervention groups****1****Description**

Poetry therapy in case group

**Category**

Behavior

**2****Description**

Placebo in the control group

**Category**

Behavior

**Recruitment centers****1****Recruitment center****Name of recruitment center**

Heart Hospital of Bushehr

**Full name of responsible person**

Dr Amir Abbasi

**Street address**

NO 7, Intersection Justice St, Heart Hospital of Bushehr, Bushehr

**City**

Bushehr

**Sponsors / Funding sources****1****Sponsor****Name of organization / entity**

Vice chancellor for research, bushehr University of Medical Sciences

**Full name of responsible person**

Afshin Ostavar

**Street address**

NO 12, Campus of Medical Sciences, Bahmani, Yasini Avenue, Bushehr

**City**

Bushehr

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Vice chancellor for research, bushehr University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

*empty*

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Bushehr University of Medical Sciences

**Full name of responsible person**

Faeze Jahanpoor

**Position**

PhD in Nursing / Associate Professor

**Other areas of specialty/work**

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**Person responsible for scientific inquiries**

**Contact**

**Name of organization / entity**

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**Full name of responsible person**

Darush Iranpoor

**Position**

Assistant Professor

**Other areas of specialty/work**

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**City**

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**Web page address**

**Person responsible for updating data**

**Contact**

**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*