

Clinical Trial Protocol

Iranian Registry of Clinical Trials

13 Sep 2026

Survey the Effect of Integration Education Program on 1to 3 years old children Eating problems

Protocol summary

Summary

This clinical trial study aims to determine the efficacy of Integration Training on eating problems in 1 to 3 years old children referred to health centers in Rasht. The samples consisted of 80 Mothers with children with eating problems Referred to Rasht Health Center No7. inclusion Criteria Includes, according to the questionnaire the mothers of 1 to 3 years old children with eating problems, Crutch at Least Middle School Certificate, having a mobile phone, the absence of re flux in children, lack of cerebral palsy and mental retardation in Children, Not taking drugs Affecting the child appetite and Mother's Attitude Toward Participation .for Data collection the feeding problem questionnaire is used. Feeding problem questionnaire is completed by mothers and samples with Feeding problem are Randomly divided into control and experimental group with 40 Members. Then experimental group is divided into two 20-member groups in Nursing and Midwifery Faculty with the presence of Supervisors for Integration Training. in the intervention group ,the Combined Training is Hold in Two in-person Training Sessions by Providing Educational CD about eating problems and one non in-person Session by Sending sms with a constant content for mothers ,once a Week for three Consecutive Weeks. Immediately and one month after sessions the Questionnaires are completed by mothers in control and experimental groups again.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014121812990N5**
Registration date: **2015-01-27, 1393/11/07**
Registration timing: **prospective**

Last update:
Update count: **0**

Registration date

2015-01-27, 1393/11/07

Registrant information

Name

Mino0 Mitra Cherhzad

Name of organization / entity

Guilan University of Medical Sciences and Health Services

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Recruitment status

Recruitment complete

Funding source

Deputy of Research and Technology, Guilan University of Medical Sciences

Expected recruitment start date

2015-02-03, 1393/11/14

Expected recruitment end date

2015-05-05, 1394/02/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Survey the Effect of Integration Education Program on 1to 3 years old children Eating problems

Public title

The Impact of Integration Education of Children Eating Problems

Purpose

Prevention

Inclusion/Exclusion criteria

inclusion Criteria, according to the questionnaire the mothers of 1 to 3 years old children with eating problems, Crutch at Least Middle School Certificate ,having a mobile phone, the absence of reflux in children, lack of cerebral palsy and mental retardation in Children , Not taking drugs Affecting the child appetite and Mother's Attitude Toward Participation

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 80

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Guilan University of Medical Sciences Ethics Committee

Street address

Deputy of Research and Technology of University of Guilan, Iran Radiator, Imam Khomeini Blv, Rasht

City

RASHT

Postal code

Approval date

2014-11-25, 1393/09/04

Ethics committee reference number

2930400406

Health conditions studied

1

Description of health condition studied

Eating problems

ICD-10 code

IV-E64.8

ICD-10 code description

Endo crine,nutritional and metabolic diseases

Primary outcomes

1

Description

Eating problems

Timepoint

Before training, immediately after training, one month after training

Method of measurement

Eating problems questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

in the intervention group, the Combined Training is Hold in Two in-person Training Sessions by Providing Educational CD and one non in-person Session by Sending SMS ,once a Week for three consequent Weeks.

Category

Lifestyle

2

Description

The control group Does not Receive any Training.

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Health Center (7)

Full name of responsible person

Akram Dolat panah

Street address

Health Center No. 7, Municipality Square, Rasht

City

Rasht

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Deputy of Research and Technology, Guilan University of Medical Sciences

Full name of responsible person

Doctor Abtin Heidarzadeh

Street address

Deputy of Research and Technology of University of
Guilan, Iran Radiator, Imam Khomeini Blv, Rasht

City

Rasht

Grant name**Grant code / Reference number****Is the source of funding the same sponsor
organization/entity?**

Yes

Title of funding source

Deputy of Research and Technology, Guilan University of
Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries**Contact****Name of organization / entity**

Guilan University of Medical Sciences

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Position

Bachelor's Degree in Nursing-Nurse

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Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty