

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

03 Jul 2026

### Survey the Effect of Integration Education Program on 1to 3 years old children Eating problems

#### Protocol summary

##### Summary

This clinical trial study aims to determine the efficacy of Integration Training on eating problems in 1 to 3 years old children referred to health centers in Rasht. The samples consisted of 80 Mothers with children with eating problems Referred to Rasht Health Center No7. inclusion Criteria Includes, according to the questionnaire the mothers of 1 to 3 years old children with eating problems, Crutch at Least Middle School Certificate, having a mobile phone, the absence of re flux in children, lack of cerebral palsy and mental retardation in Children, Not taking drugs Affecting the child appetite and Mother's Attitude Toward Participation .for Data collection the feeding problem questionnaire is used. Feeding problem questionnaire is completed by mothers and samples with Feeding problem are Randomly divided into control and experimental group with 40 Members. Then experimental group is divided into two 20-member groups in Nursing and Midwifery Faculty with the presence of Supervisors for Integration Training. in the intervention group ,the Combined Training is Hold in Two in-person Training Sessions by Providing Educational CD about eating problems and one non in-person Session by Sending sms with a constant content for mothers ,once a Week for three Consecutive Weeks. Immediately and one month after sessions the Questionnaires are completed by mothers in control and experimental groups again.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2014121812990N5**  
Registration date: **2015-01-27, 1393/11/07**  
Registration timing: **prospective**

Last update:

Update count: **0**

##### Registration date

2015-01-27, 1393/11/07

##### Registrant information

###### Name

Minoo Mitra Cherhzad

###### Name of organization / entity

Guilan University of Medical Sciences and Health Services

###### Country

Iran (Islamic Republic of)

###### Phone

+98 13 1555 5056

###### Email address

chehrzad@gums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

Deputy of Research and Technology, Guilan University of Medical Sciences

##### Expected recruitment start date

2015-02-03, 1393/11/14

##### Expected recruitment end date

2015-05-05, 1394/02/15

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Survey the Effect of Integration Education Program on 1to 3 years old children Eating problems

##### Public title

The Impact of Integration Education of Children Eating Problems

##### Purpose

Prevention

## **Inclusion/Exclusion criteria**

inclusion Criteria, according to the questionnaire the mothers of 1 to 3 years old children with eating problems, Crutch at Least Middle School Certificate ,having a mobile phone, the absence of reflux in children, lack of cerebral palsy and mental retardation in Children , Not taking drugs Affecting the child appetite and Mother's Attitude Toward Participation

### **Age**

No age limit

### **Gender**

Both

### **Phase**

N/A

### **Groups that have been masked**

*No information*

### **Sample size**

Target sample size: **80**

### **Randomization (investigator's opinion)**

Randomized

### **Randomization description**

### **Blinding (investigator's opinion)**

Not blinded

### **Blinding description**

### **Placebo**

Not used

### **Assignment**

Parallel

### **Other design features**

## **Secondary Ids**

empty

## **Ethics committees**

### 1

#### **Ethics committee**

##### **Name of ethics committee**

Guilan University of Medical Sciences Ethics Committee

##### **Street address**

Deputy of Research and Technology of University of Guilan, Iran Radiator, Imam Khomeini Blv, Rasht

##### **City**

RASHT

##### **Postal code**

##### **Approval date**

2014-11-25, 1393/09/04

##### **Ethics committee reference number**

2930400406

## **Health conditions studied**

### 1

#### **Description of health condition studied**

Eating problems

#### **ICD-10 code**

IV-E64.8

## **ICD-10 code description**

Endo crine,nutritional and metabolic diseases

## **Primary outcomes**

### 1

#### **Description**

Eating problems

#### **Timepoint**

Before training, immediately after training, one month after training

#### **Method of measurement**

Eating problems questionnaire

## **Secondary outcomes**

empty

## **Intervention groups**

### 1

#### **Description**

in the intervention group, the Combined Training is Hold in Two in-person Training Sessions by Providing Educational CD and one non in-person Session by Sending SMS ,once a Week for three consequent Weeks.

#### **Category**

Lifestyle

### 2

#### **Description**

The control group Does not Receive any Training.

#### **Category**

Lifestyle

## **Recruitment centers**

### 1

#### **Recruitment center**

##### **Name of recruitment center**

Health Center (7)

##### **Full name of responsible person**

Akram Dolat panah

##### **Street address**

Health Center No. 7, Municipality Square, Rasht

##### **City**

Rasht

## **Sponsors / Funding sources**

### 1

#### **Sponsor**

##### **Name of organization / entity**

Deputy of Research and Technology, Guilan University of Medical Sciences

##### **Full name of responsible person**

Doctor Abtin Heidarzadeh

**Street address**

Deputy of Research and Technology of University of  
Guilan, Iran Radiator, Imam Khomeini Blv, Rasht

**City**

Rasht

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor  
organization/entity?**

Yes

**Title of funding source**

Deputy of Research and Technology, Guilan University of  
Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin****Type of organization providing the funding**

*empty*

**Person responsible for general inquiries****Contact****Name of organization / entity**

Guilan University of Medical Sciences

**Full name of responsible person**

Akram Dolat Panah

**Position**

Bachelor's Degree in Nursing-Nurse

**Other areas of specialty/work****Street address**

Shafa remedial education Center

**City**

Rasht

**Postal code****Phone**

+98 133228468

**Fax****Email**

raha\_1389\_ir@YAHOO.Com

**Web page address****Person responsible for scientific  
inquiries****Contact****Name of organization / entity**

Guilan University of Medical Sciences

**Full name of responsible person**

Mino0 Mitra Chehrzad

**Position**

Master of Science in Nursing

**Other areas of specialty/work****Street address**

Shahid Behesht Nursing And Midwifery Faculty of  
Rasht

**City**

Rasht

**Postal code****Phone**

+98 13 3355 5056

**Fax**

+98 13 3355 5096

**Email**

chehrzad@gums.ac.ir; mchehrzad@yahoo.com

**Web page address****Person responsible for updating data****Contact****Name of organization / entity**

Guilan University of Medical Sciences

**Full name of responsible person**

Akram Dolat panah

**Position**

Bachelor's Degree in Nursing-Nurse

**Other areas of specialty/work****Street address**

Shafa remedial education center

**City**

Rasht

**Postal code****Phone**

+98 13 3322 8468

**Fax****Email**

RAHA\_1389\_IR@YAHOO.COM

**Web page address****Sharing plan****Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*