

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Sep 2026

Assessing The effect of empowering model on spiritual health, anger and social isolation of mothers with Cerebral Palsy child.

Protocol summary

Summary

The main objective of this study was to investigate the effects of self-empowering model on spiritual health, anger management and social isolation of mothers with cerebral palsy children. Inclusion criteria: mothers age between 25-40 years old; no threatening chronic diseases; no psychological disorder. Exclusion criteria: threatening chronic disease and psychological disorders. samples are randomly divided into experimental and control groups. After the implementation of the pre-test in both groups, in the experimental group track one month and half after completing the post-test in both groups performed the collected data will be analyzed outcomes expected in this study promote spiritual well-being improving social relationships and better control of anger in mother.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015082913092N7**

Registration date: **2015-10-03, 1394/07/11**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2015-10-03, 1394/07/11

Registrant information

Name

Maryam Ravanipour

Name of organization / entity

Bushehr University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 77 1455 0187

Email address

ravanipour@bpums.ac.ir

Recruitment status

Recruitment complete

Funding source

Bushehr University of Medical Sciences

Expected recruitment start date

2015-07-21, 1394/04/30

Expected recruitment end date

2015-10-22, 1394/07/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Assessing The effect of empowering model on spiritual health, anger and social isolation of mothers with Cerebral Palsy child.

Public title

Assessing The effect of empowering model on spiritual health, anger and social isolation of mothers with Cerebral Palsy child.

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: mothers age between 25-40 years old; no threatening chronic diseases; no psychological disorder. Exclusion criteria: threatening chronic disease and psychological disorders.

Age

From **25 years** old to **40 years** old

Gender

Female

Phase

N/A

Groups that have been masked
No information

Sample size
Target sample size: 72

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Busher University of Medical Sciences

Street address

Pardis site, First floor, Sabz Abad, next to Salman Farsi hospital, Bushehr

City

Bushehr

Postal code

7514633341

Approval date

2015-07-19, 1394/04/28

Ethics committee reference number

BPUMS.REC.1394.12

Health conditions studied

1

Description of health condition studied

Cerebral palsy

ICD-10 code

G80.9

ICD-10 code description

Cerebral palsy unspecified

Primary outcomes

1

Description

Empowering in spiritual health

Timepoint

Before intervention, 1 and half month after intervention

Method of measurement

Spiritual health questionnaire

Secondary outcomes

1

Description

Empowering in anger management and social isolation

Timepoint

Before intervention and 1 and half month after intervention

Method of measurement

Arnold H S and Mark & Perry Questionnaire and Rucell social isolation questionnaire

Intervention groups

1

Description

In case group empowering methods in spiritual health, anger and social isolation according to empowering model in 5 steps was done, method setting depends on client situation took about 45 min in 2 sections and then educational booklet given to them.

Category

Lifestyle

2

Description

In control group we do not have any intervention. first they filled out questionnaire then after about 3 month without any intervention they fill out questionnaire again.

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Bushehr Department of Social Welfare

Full name of responsible person

Mr Chikani

Street address

Raees Ali Delvari st, Bushehr

City

Bushehr

2

Recruitment center

Name of recruitment center

Shiraz University of Medical Sciences

Full name of responsible person

Hamid Nemati MD, Child Neurologist

Street address

Neuroscience Research Center, Faculty of Medicine, Shiraz University of Medical Sciences

City

Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Bushehr University of Medical Sciences

Full name of responsible person

Dr Afshin Ostovar

Street address

Bushehr University of Medical Sciences, Pardis site, First floor, Sabz Abad, next to Salman Farsi hospital, Bushehr

City

Bushehr

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Bushehr University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries

Contact**Name of organization / entity**

Bushehr University of Medical Sciences

Full name of responsible person

Najmeh Zare

Position

Master of educational nursing student

Other areas of specialty/work**Street address**

Bushehr university of medical science, Pardis site, First floor, Sabz Abad, next to Salman Farsi hospital, Bushehr

City

Bushehr

Postal code

7515756998

Phone

+98 77 3345 0187

Fax**Email**

najmehzare19@yahoo.com

Web page address

Person responsible for scientific inquiries

Contact**Name of organization / entity**

Bushehr University of Medical Sciences

Full name of responsible person

Maryam Ravanipour

Position

Associate Professor Department of Nursing Research of Tropical Medicine and Infectious Persian Gulf

Other areas of specialty/work**Street address**

Bushehr university of medical science, Pardis site, First floor, Sabz Abad, next to Salman Farsi hospital, Bushehr

City

Bushehr

Postal code

7515756998

Phone

+98 77 3345 0187

Fax**Email**

ravanipour@bpums.ac.ir

Web page address

Person responsible for updating data

Contact**Name of organization / entity**

Bushehr University of Medical Sciences

Full name of responsible person

Najmeh Zare

Position

Master of educational nursing student

Other areas of specialty/work**Street address**

Bushehr University of medical science, Pardis site, First floor, Sabz Abad, next to Salman Farsi hospital, Bushehr

City

Bushehr

Postal code

7515756998

Phone

+98 77 3345 0187

Fax**Email**

najmehzare19@yahoo.com

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty