

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

30 Jun 2026

### **Determination of the rate of acute kidney injury incidence, following fluid resuscitation with isotonic saline compared to Ringer lactate in patients undergoing on-pump coronary bypass, hospitalized in the intensive care unit (ICU)**

#### **Protocol summary**

##### **Summary**

Objectives: Determination of the rate of acute kidney injury incidence, following fluid resuscitation with isotonic saline compared to Ringer lactate in patients undergoing off-pump coronary bypass, hospitalized in the intensive care unit (ICU). Design: Randomized clinical trial, single blind, Target sample size: 966 people. Inclusion criterion to study: patients after undergoing elective off-pump coronary bypass. Exclusion criteria from study: Emergency surgical operation; Previous history of cardiac surgery; American Society of Anesthesiologists Class (ASA) more than 4; Previous history of kidney diseases; Diabetic nephropathy; Preoperative serum creatinine level more than 1.3; Preoperative glomerular filtration rate (GFR) less than 75%, 8) preoperative ejection fraction (EF) less than 30%; Drainage more than the volume during the surgery; Use of a balloon pump during or after the surgery; Prolonged recurrent ventricular fibrillation (VF) during the surgery; High dose inotrope (inotrope 2) during the surgery; Lack of patient's consent to participate in the study. Patients are also excluded during the study period if hyperchloremia (CL more than 110) occurs in the ICU, Various complications might occur (hemorrhage, drainage, cardiac arrest, prolonged hemodynamic instability, and neurological complications of CVA), which result in the exclusion of patients from the study. Control group: Isotonic saline 0.9% containing 154 mEq chlorine ion, 40 CC/kg at 24 hours after surgery Intervention group: Ringer lactate containing 109 mEq chlorine ion, 40 CC/kg at 24 hours after surgery. Primary outcome: Arterial blood gases, Before and at the first 24 hours after intervention, every 4 hours, By Blood test; Blood urea nitrogen, Before and after intervention, daily by blood test, venous blood samples from the arm; Blood creatinine level, daily by blood test in jaffe method.

#### **General information**

##### **Acronym**

##### **IRCT registration information**

IRCT registration number: **IRCT2014041813159N2**

Registration date: **2014-06-15, 1393/03/25**

Registration timing: **prospective**

Last update:

Update count: **0**

##### **Registration date**

2014-06-15, 1393/03/25

##### **Registrant information**

##### **Name**

Shima Sheybani

##### **Name of organization / entity**

##### **Country**

Iran (Islamic Republic of)

##### **Phone**

+98 51 3764 7230

##### **Email address**

sheybanish@mums.ac.ir

##### **Recruitment status**

**Recruitment complete**

##### **Funding source**

Vice Chancellor for Research of Mashhad University of Medical Sciences

##### **Expected recruitment start date**

2014-06-28, 1393/04/07

##### **Expected recruitment end date**

2015-05-28, 1394/03/07

##### **Actual recruitment start date**

empty

##### **Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Determination of the rate of acute kidney injury incidence, following fluid resuscitation with isotonic saline compared to Ringer lactate in patients undergoing on-pump coronary bypass, hospitalized in the intensive care unit (ICU)

**Public title**

Diagnosis of acute kidney injury in patients undergoing on-pump coronary artery bypass

**Purpose**

Diagnostic

**Inclusion/Exclusion criteria**

Inclusion criteria: patients after undergoing elective on-pump coronary bypass. Exclusion criteria: Emergency surgical operation; Previous history of cardiac surgery; American Society of Anesthesiologists Class (ASA) more than 4; Previous history of kidney diseases; Diabetic nephropathy; Preoperative serum creatinine level more than 1.3; Preoperative glomerular filtration rate (GFR) less than 75%; preoperative ejection fraction (EF) less than 30%; Drainage more than the volume during the surgery; Use of a balloon pump during or after the surgery; Prolonged recurrent ventricular fibrillation (VF) during the surgery; High dose inotrope (inotrope 2) during the surgery; Lack of patient's consent to participate in the study. Patients are also excluded during the study period if hyperchloremia (CL more than 110) occurs in the ICU, Various complications might occur (hemorrhage, drainage, cardiac arrest, prolonged hemodynamic instability, and neurological complications of CVA), which result in the exclusion of patients from the study.

**Age**

From **20 years** old to **75 years** old

**Gender**

Both

**Phase**

2

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **966**

**Randomization (investigator's opinion)**

Randomized

**Randomization description****Blinding (investigator's opinion)**

Single blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features**

Male and female subjects, undergoing coronary artery bypass (off-pump) surgery for the first time, were randomly allocated to two groups (block method). Researchers are unaware.

**Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics Committee of Mashhad University of Medical Sciences

**Street address**

Vice Chancellor for Research, Mashhad University of Medical Sciences, Ghoreishi building, Daneshgah Street, Mashhad

**City**

Mashhad

**Postal code****Approval date**

2013-11-23, 1392/09/02

**Ethics committee reference number**

920804

**Health conditions studied****1****Description of health condition studied**

Kidney injury

**ICD-10 code**

N18.9

**ICD-10 code description**

Chronic kidney disease, unspecified

**Primary outcomes****1****Description**

Arterial blood gases

**Timepoint**

Before intervention and at the first 24 hours after intervention, every 4 hours

**Method of measurement**

Blood test

**2****Description**

Blood urea nitrogen

**Timepoint**

Before and after intervention, daily

**Method of measurement**

Blood test, venous blood samples from the arm

**3****Description**

Blood creatinine level

**Timepoint**

After intervention, daily

**Method of measurement**  
Blood test in jaffe method

4

**Description**  
Sodium

**Timepoint**  
Before intervention and at the first 24 hours after intervention, every 4 hours

**Method of measurement**  
Blood test

5

**Description**  
Lactate

**Timepoint**  
Before and after intervention, daily

**Method of measurement**  
Blood test

## Secondary outcomes

1

**Description**  
Chlorine

**Timepoint**  
Before surgery and after surgery Daily

**Method of measurement**  
Blood test

## Intervention groups

1

**Description**  
Control group: Isotonic saline 0.9% containing 154 mEq chlorine ion, 40 CC/kg at 24 hours after surgery

**Category**  
Diagnosis

2

**Description**  
Intervention group: : Ringer lactate containing 109 mEq chlorine ion, 40 CC/kg at 24 hours after surgery.

**Category**  
Diagnosis

## Recruitment centers

1

**Recruitment center**

**Name of recruitment center**  
Imam Reza Hospital

**Full name of responsible person**  
Siamak Boustan

**Street address**  
Imam Reza Hospital, Imam Reza Square, Mashhad

**City**  
Mashhad

## Sponsors / Funding sources

1

**Sponsor**

**Name of organization / entity**  
Vice Chancellor for Research, Mashhad University of Medical Sciences

**Full name of responsible person**  
Mohsen Tafaghodi

**Street address**  
Vice Chancellor for Research, Mashhad University of Medical Sciences, Ghoreishi building, Daneshgah Street, Mashhad

**City**  
Mashhad

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Vice Chancellor for Research, Mashhad University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

*empty*

## Person responsible for general inquiries

**Contact**

**Name of organization / entity**  
Mashhad University of Medical sciences

**Full name of responsible person**  
Siamak Boustan

**Position**  
Practitioner

**Other areas of specialty/work**

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## Person responsible for scientific inquiries

### Contact

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**Full name of responsible person**

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**Position**

Assistant Professor

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## Person responsible for updating data

### Contact

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**Full name of responsible person**

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*