

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

17 Jun 2026

### Preventive interventions effect of social emergency and telephone follow up services on Suicidal behaviors

#### Protocol summary

##### Summary

The aim of study is the evaluation of social emergency and telephone follow up services effect on suicide prevention and reattempt. This study is a preventive randomized clinical trial. 300 Participants are attending to study among suicide attempters referring to Baharloo hospital. They will follow for 12 months. Inclusion criteria is Tehran residence and the exclusion criteria is Mental retardation. Participants are divided into two groups: intervention and control groups by randomization. All participants will fill Supremiss, SCID1 and MCMI 3 questionnaires by interviews. Package of preventive interventions is including patient education, introduction to social emergency services, assistance in crisis and follow-up interventions after discharge. Telephone follow-up is done in the first, second and fourth weeks and then monthly during a year in order to assess the primary outcome of suicide reattempt. Control group will receive the routine treatment without any intervention. Then they will follow by telephone contact in 4th, 8th and 12th months after discharge.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2013050813273N1**

Registration date: **2014-04-22, 1393/02/02**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2014-04-22, 1393/02/02

##### Registrant information

##### Name

Behrooz Ghanbari

##### Name of organization / entity

Iran University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 4472 9733

##### Email address

b.ghanbari@hotmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

Vice- Chancellor for Research of Iran University of Medical Sciences

##### Expected recruitment start date

2013-06-22, 1392/04/01

##### Expected recruitment end date

2013-12-22, 1392/10/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Preventive interventions effect of social emergency and telephone follow up services on Suicidal behaviors

##### Public title

The effect of preventive interventions on suicide attempt

##### Purpose

Prevention

##### Inclusion/Exclusion criteria

suicide attempt through intoxication (drugs, substances and pesticides) with following inclusion criterias: 1. Tehran residence 2. Having telephone Exclusion criterias: 1.MR ( Mental retardation)

##### Age

No age limit

##### Gender

Both

## Phase

N/A

## Groups that have been masked

No information

## Sample size

Target sample size: 300

## Randomization (investigator's opinion)

Randomized

## Randomization description

## Blinding (investigator's opinion)

Not blinded

## Blinding description

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics Committee of Tehran University of Medical Sciences

##### Street address

keshavari Boulevard

##### City

Tehran

##### Postal code

#### Approval date

2013-06-11, 1392/03/21

#### Ethics committee reference number

21610

## Health conditions studied

### 1

#### Description of health condition studied

suicide attempt

#### ICD-10 code

Z91.5

#### ICD-10 code description

Personal history of self-harm

## Primary outcomes

### 1

#### Description

suicide attempt

#### Timepoint

In intervention group: The first,second,fourth weeks,and then every month during a year. In control group: the

months 4 ,8 and 12

## Method of measurement

Questionnaire

## Secondary outcomes

### 1

#### Description

Call 123

#### Timepoint

The first,second,fourth weeks,and then every month during a year

#### Method of measurement

QuestionnaireQuestionnaire

## Intervention groups

### 1

#### Description

Intervention hospital interferences: 1. Training: 2. Present service "social emergency 123 of welfare organization" and encourage using of this service in crisis conditions Discharge intervention: Telephone follow-up interferences perform in the weeks 1,2 and 4 of the first month and then once in every months for a year

#### Category

Prevention

### 2

#### Description

Control: Routine treatment in hospital telephone call establish with patients in months 4, 8 and 12

#### Category

N/A

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Baharlo

##### Full name of responsible person

Behrooz ghanbari

##### Street address

Tehran

##### City

Tehran

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Vice- Chancellor for Resarch of Iran University of Medical Sciences

##### Full name of responsible person

Dr. Mosavi  
**Street address**  
Iran University of Medical Sciences , Hemat highway  
**City**  
Tehran  
**Grant name**  
**Grant code / Reference number**  
**Is the source of funding the same sponsor organization/entity?**  
Yes  
**Title of funding source**  
Vice- Chancellor for Resarch of Iran University of Medical Sciences  
**Proportion provided by this source**  
100  
**Public or private sector**  
*empty*  
**Domestic or foreign origin**  
*empty*  
**Category of foreign source of funding**  
*empty*  
**Country of origin**  
**Type of organization providing the funding**  
*empty*

## Person responsible for general inquiries

### Contact

**Name of organization / entity**  
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**Full name of responsible person**  
Behrooz ghanbari  
**Position**  
PhD student  
**Other areas of specialty/work**  
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## Person responsible for scientific inquiries

### Contact

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### Full name of responsible person

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Professor of Psychiatry

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## Person responsible for updating data

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#### Name of organization / entity

Tehran University of Medical Sciences

#### Full name of responsible person

Behrooz ghanbari

#### Position

PhD student

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#### Street address

Satarkhan,Niayesh,Mansori,University of Behavioral Sciences

#### City

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#### Postal code

#### Phone

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#### Fax

#### Email

#### Web page address

## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

*empty*

### Study Protocol

*empty*

### Statistical Analysis Plan

*empty*

### Informed Consent Form

*empty*

### Clinical Study Report

*empty*

### Analytic Code

*empty*

### Data Dictionary

*empty*