

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Jun 2026

Preventive interventions effect of social emergency and telephone follow up services on Suicidal behaviors

Protocol summary

Summary

The aim of study is the evaluation of social emergency and telephone follow up services effect on suicide prevention and reattempt. This study is a preventive randomized clinical trial. 300 Participants are attending to study among suicide attempters referring to Baharloo hospital. They will follow for 12 months. Inclusion criteria is Tehran residence and the exclusion criteria is Mental retardation. Participants are divided into two groups: intervention and control groups by randomization. All participants will fill Supremiss, SCID1 and MCMI 3 questionnaires by interviews. Package of preventive interventions is including patient education, introduction to social emergency services, assistance in crisis and follow-up interventions after discharge. Telephone follow-up is done in the first, second and fourth weeks and then monthly during a year in order to assess the primary outcome of suicide reattempt. Control group will receive the routine treatment without any intervention. Then they will follow by telephone contact in 4th, 8th and 12th months after discharge.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013050813273N1**

Registration date: **2014-04-22, 1393/02/02**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-04-22, 1393/02/02

Registrant information

Name

Behrooz Ghanbari

Name of organization / entity

Iran University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

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Recruitment status

Recruitment complete

Funding source

Vice- Chancellor for Research of Iran University of Medical Sciences

Expected recruitment start date

2013-06-22, 1392/04/01

Expected recruitment end date

2013-12-22, 1392/10/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Preventive interventions effect of social emergency and telephone follow up services on Suicidal behaviors

Public title

The effect of preventive interventions on suicide attempt

Purpose

Prevention

Inclusion/Exclusion criteria

suicide attempt through intoxication (drugs, substances and pesticides) with following inclusion criterias: 1. Tehran residence 2. Having telephone Exclusion criterias: 1.MR (Mental retardation)

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 300

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Tehran University of Medical Sciences

Street address

keshavari Boulevard

City

Tehran

Postal code

Approval date

2013-06-11, 1392/03/21

Ethics committee reference number

21610

Health conditions studied

1

Description of health condition studied

suicide attempt

ICD-10 code

Z91.5

ICD-10 code description

Personal history of self-harm

Primary outcomes

1

Description

suicide attempt

Timepoint

In intervention group: The first,second,fourth weeks,and then every month during a year. In control group: the

months 4 ,8 and 12

Method of measurement

Questionnaire

Secondary outcomes

1

Description

Call 123

Timepoint

The first,second,fourth weeks,and then every month during a year

Method of measurement

QuestionnaireQuestionnaire

Intervention groups

1

Description

Intervention hospital interferences: 1. Training: 2. Present service "social emergency 123 of welfare organization" and encourage using of this service in crisis conditions Discharge intervention: Telephone follow-up interferences perform in the weeks 1,2 and 4 of the first month and then once in every months for a year

Category

Prevention

2

Description

Control: Routine treatment in hospital telephone call establish with patients in months 4, 8 and 12

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Baharlo

Full name of responsible person

Behrooz ghanbari

Street address

Tehran

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice- Chancellor for Resarch of Iran University of Medical Sciences

Full name of responsible person

Dr. Mosavi
Street address
Iran University of Medical Sciences , Hemat highway
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Vice- Chancellor for Resarch of Iran University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
Iran University of Medical Sciences
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Behrooz ghanbari
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Person responsible for scientific inquiries

Contact

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty