

Clinical Trial Protocol

Iranian Registry of Clinical Trials

04 Aug 2026

The effect of health empowerment in health care and maintenance of children, cerebral palsy children with disabilities residing in selected centers in Tehran Welfare Organization

Protocol summary

Summary

Background: Cerebral palsy is a complex and multi-dimensional group and a non-stationary disturbance in motion refers to the situation that requires careful attention to all activities of daily living by caregivers of children with cerebral palsy, is. Therefore, empowering caregivers to address in this context is very important. This study also examines the impact on empowerment of health care and health status of children with cerebral palsy living in selected child care centers in Tehran Welfare Organization 2012-2013 disabilities are discussed. Methods: In this quasi-experimental, before and after, maintained complex of 35 caregivers of children with cerebral palsy were selected through Narmak Welfare Organization, Tehran, Iran. Empowerment training program consists of 6 domains watch out for each of the three stages of 30-minute sessions a week during the work shift was careful, by the researcher and the presence of the caregiver and the child was in his care. Careers twice before training and after training and evaluation data were analyzed with the Wilcoxon test. Inclusion criteria for health care providers: - employed in the formal welfare; -being literate; -caring for cerebral palsy children under 14 years are charged. Exclusion criteria: Refusing to participate in training sessions for more than one session.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013061713686N3**

Registration date: **2013-07-14, 1392/04/23**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2013-07-14, 1392/04/23

Registrant information

Name

Tayabeh Sadeghi Akbari

Name of organization / entity

Shahid Beheshti University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 21 2240 0207

Email address

fatemeha@sbmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Shahid Beheshti University of Medical Sciences

Expected recruitment start date

2013-05-05, 1392/02/15

Expected recruitment end date

2013-06-20, 1392/03/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of health empowerment in health care and maintenance of children, cerebral palsy children with disabilities residing in selected centers in Tehran Welfare Organization

Public title

The effect of health empowerment in health care and maintenance of children

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria for health care providers: employed in the formal welfare; being literate; caring for cerebral palsy children under 14 years are charged. Exclusion criteria: refusing to participate in training sessions for more than one session.

Age

No age limit

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 35

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Faculty of Nursing and Midwifery Ethics Committee, Shahid Beheshti University of Medical Sciences

Street address

Faculty of Nursing and Midwifery, Niayesh highway

City

Tehran

Postal code

Approval date

2013-04-30, 1392/02/10

Ethics committee reference number

1392-1-86-11281

Health conditions studied

1

Description of health condition studied

Cerebral palsy

ICD-10 code

G80

ICD-10 code description

Cerebral palsy

Primary outcomes

1

Description

Status care of cerebral palsy children

Timepoint

Before intervention and at the end of Empowerment Program

Method of measurement

Evaluation of care form

2

Description

Health status of the cerebral palsy children

Timepoint

Before intervention- at the end of Empowerment Program

Method of measurement

health status form

Secondary outcomes

empty

Intervention groups

1

Description

Personal and face to face Training -two or three meeting in 30 min

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Narmak Welfare Organization

Full name of responsible person

Sadeghi

Street address

Narmak Welfare Organization, Brothers Bagheri st., Tehran

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shahid Beheshti University of Medical Sciences- Research adjutancy-Faculty of Nursing and Midwifery

Full name of responsible person

Dr simbar

Street address

Niayesh highway, Faculty of Nursing and Midwifery-
Research adjutancy

City

Tehran

Grant name

Grant code / Reference number

**Is the source of funding the same sponsor
organization/entity?**

Yes

Title of funding source

Shahid Beheshti University of Medical Sciences-Research
adjutancy-Faculty of Nursing and Midwifery

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shahid Beheshti University of Medical Sciences

Full name of responsible person

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Position

MS nursing

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty