Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

Designing the message and the effect of educational intervention based on health promotion theories on promotion of drug dependents therapeutic behavior in sabzevar substance abuse treatment centers.

Protocol summary

Summary

The objective of this quasi experimental study is designing the message and determination the effect of educational intervention based on health promotion theories on promotion of drug dependents therapeutic behavior in Sabzevar substance abuse treatment centers. Design: A randomized intervention and control groups. Setting: Addicts who are referred to addiction center. Inclusion criteria: (a) Being male; (b) Having medical records in addiction centers; (c) Having consent. Exclusion criteria: (a) Addiction for a specific health disorders (such as cancer) or certain psychiatric (such as schizophrenia); (b) Not regular attendance in educational sessions. Sample size: 160 persons (each group 80). Interventions: After the pretest in both groups of addicts, participating addicts in the intervention group were invited to participate in five educational sessions (during five weeks). Educational program held based on trans-theoretical model, designing the message, group discussions and educational video. Nine months after end of the program, from each group will be taken post-test and the results will be compared. Measured variables include: (a) Trans-theoretical model structures; (b) Demographic variables. Main outcome: improving lifestyle of addicts.

General information

Acronym

Transtheoretical model

IRCT registration information

IRCT registration number: **IRCT2016051313893N3**
Registration date: **2016-06-08, 1395/03/19**
Registration timing: **registered_while_recruiting**

Last update:
Update count: **0**

Registration date

2016-06-08, 1395/03/19

Registrant information

Name

Reza Shahrabadi

Name of organization / entity

Tehran university of medical science, school of public health

Country

Iran (Islamic Republic of)

Phone

+98 21 5633 7696

Email address

r.shahrabadi@umsha.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice chancellor for Research the Technology, Tehran University of Medical Sciences

Expected recruitment start date

2015-08-23, 1394/06/01

Expected recruitment end date

2016-07-22, 1395/05/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Designing the message and the effect of educational intervention based on health promotion theories on promotion of drug dependents therapeutic behavior in sabzevar substance abuse treatment centers.

Public title

Substance abuse treatment

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: (a) Being male; (b) Having medical records in addiction centers; (c) Having consent.
Exclusion criteria: (a) Addiction for a specific health disorders (such as cancer) or certain psychiatric (such as schizophrenia); (b) Not regular attendance in educational sessions.

Age

No age limit

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **160**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Tehran University of Medical Sciences

Street address

Vice-chancellor of Research the Technology, Tehran University of Medical Sciences

City

Tehran

Postal code

Approval date

2015-12-15, 1394/09/24

Ethics committee reference number

IR.TUMS.REC.1394.1406

Health conditions studied

1

Description of health condition studied

Drug addicion

ICD-10 code

f11

ICD-10 code description

Mental and behavioural disorders due to use of opioid

Primary outcomes

1

Description

The number of relapses

Timepoint

Before intervention and nine months after intervention

Method of measurement

Questionnaire

2

Description

Promote stages of change

Timepoint

Before intervention and nine months after intervention

Method of measurement

Questionnaire

Secondary outcomes

1

Description

Stages of Change

Timepoint

Before intervention and nine months after intervention

Method of measurement

Questionnaire

2

Description

Self-Efficacy

Timepoint

Before intervention and nine months after intervention

Method of measurement

Questionnaire

3

Description

Decisional Balance

Timepoint

Before intervention and nine months after intervention

Method of measurement

Questionnaire

4

Description

Processes of change

Timepoint

Before intervention and nine months after intervention

Method of measurement

Questionnaire

Intervention groups

1

Description
After the pre-test in both groups of addicts, participating addicts in the intervention group were invited to participate in five educational sessions (during five weeks). Educational program held based on transtheoretical model, group discussions and educational video. Nine months after end of the program, from each group will be taken post-test and the results will be compared.
Category
Lifestyle

2

Description
Control group: no intervention.
Category
N/A

Recruitment centers

1

Recruitment center
Name of recruitment center
Therapeutic community center sabzevar
Full name of responsible person
Reza Shahrabadi
Street address
City
sabzevar

2

Recruitment center
Name of recruitment center
Azimi nejad substance abuse treatment center
Full name of responsible person
Reza Shahrabadi
Street address
Sinalox Crossroads, Sabzevar
City
Sabzevar

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Vice chancellor for Research the Technology, Tehran University of Medical Sciences
Full name of responsible person
Dr Masud Yunesian
Street address
Tehran. Vice chancellor for Research the Technology, Tehran University of Medical Sciences
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Vice chancellor for Research the Technology, Tehran University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Tehran university of medical science, school of public health
Full name of responsible person
Reza shahrabadi
Position
Ph.D student in Health education & promotion
Other areas of specialty/work
Street address
Tehran university of medical science, school of public health
City
Tehran
Postal code
Phone
+98 21 4293 3333
Fax
Email
shahrabadi.reza@yahoo.com
Web page address

Person responsible for scientific inquiries

Contact
Name of organization / entity
Tehran. university of medical science, school of public health
Full name of responsible person
Gholamreza Garmaroudi
Position
Maternal and Child Health Specialist
Other areas of specialty/work
Street address
Tehran. university of medical science, school of public health
City
Tehran

Postal code
Phone
+98 21 4293 3333
Fax
Email
garmaroudi@tums.ac.ir
Web page address

Person responsible for updating data

Contact
Name of organization / entity
Tehran university of medical science, school of public health
Full name of responsible person
Reza shahrabadi
Position
Ph.D student in health education & promotion
Other areas of specialty/work
Street address
Tehran university of medical science, school of public health
City
Tehran
Postal code
Phone
+98 21 4293 3333
Fax
Email
shahrabadi.reza@yahoo.com
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty