

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Jun 2026

Effect of educational intervention on health promotion and social protection in the prevention of elder abuse (an explanatory model) in the elderly covers 22 districts of Tehran in 92 years

Protocol summary

Summary

Objectives: Assessing the effect of factors related to health promoting behaviors such as social support, self-efficacy on risk of elder abuse. This clinical trial study was conducted on 464 elderly people over 60 years who were admitted at Health Houses for 12 months. Design: Clinical Trial Study, no blinded, not used placebo, parallel assignment, purpose prevention, phase 2 and 3. Sitting and conduct: Participants were selected through a two-stage cluster sampling and were placed in the control and intervention groups (232 participants in each group). SCARED tool was used to determine degree of risk and vulnerability to abuse in elders. The health promoting behaviors (Healthy lifestyle), social support and self-efficacy questionnaires will be completed by the study participants. Inclusion criteria: Age over 60 years; speaking in Farsi and willingness to participate in the study. Exclusion criteria: Elders who are not able to speak Farsi and Existence of psychological problems. Intervention: An educational and empowerment program based on health promoting behaviors such as nutrition, physical activity, social support and social relations, stress management conducted to prevention and dealing with the elder abuse for three months. Main outcome measures /variables: Health promoting behaviors, social support, self-efficacy and degree of elder abuse risk.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013070813904N1**

Registration date: **2014-01-29, 1392/11/09**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-01-29, 1392/11/09

Registrant information

Name

Fatemeh Estebarsari

Name of organization / entity

Tehran University of Medical Science

Country

Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

1- Tehran University of Medical Science, Vice chancellor for research 2-Community Based Participatory Research Center, Iranian Institute for Reduction of High-risk Behaviors, Tehran University of Medical Science, Tehran, Iran

Expected recruitment start date

2013-06-21, 1392/03/31

Expected recruitment end date

2013-10-22, 1392/07/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of educational intervention on health promotion and social protection in the prevention of elder abuse (an explanatory model) in the elderly covers 22 districts of Tehran in 92 years

Public title

Elders Health Promotion and Social Support

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion Criteria: Age over 60 years; willingness to participate in the study; speaking in Farsi; non existence of mental health disorders; orientation to place and time.

Exclusion Criteria: Withdrawing from the study, existence of disability or special disease, elders who are not able to speak in Farsi; having trouble visiting the center; existence of psychological and mental disorders; lack of orientation to place and time; seniors who are reluctant to participate in the study.

Age

From **60 years** old to **80 years** old

Gender

Both

Phase

2-3

Groups that have been masked

No information

Sample size

Target sample size: **464**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics Committee of Tehran University of Medical Science

Street address

Keshavarz Blvd, Ghods Av, Tehran

City

Tehran

Postal code**Approval date**

2013-11-21, 1392/08/30

Ethics committee reference number

19230.30/8/92

Health conditions studied**1****Description of health condition studied****ICD-10 code****ICD-10 code description****Primary outcomes****1****Description**

social support

Timepoint

6 month

Method of measurement

Personal Resource Questionnaire 85- Part 2(PRQ85)

2**Description**

general self efficacy

Timepoint

6 month

Method of measurement

Questionnaire general self efficacy(GSE)

3**Description**

lifestyle

Timepoint

6 month

Method of measurement

questionnaire lifestyle: Health-Promoting Lifestyle Profile II (HPLP II)

4**Description**

Risk of Elder Abuse

Timepoint

6 month

Method of measurement

SCARED tool

Secondary outcomes**1****Description**

social support

Timepoint

before intervention and 3 month after intervention

Method of measurement

Personal Resource Questionnaire 85- Part 2(PRQ 85 part2)

2**Description**

Self Efficacy

Timepoint

before intervention and 3 month after intervention

Method of measurement

questionnairGeneral Self Efficacy(GSE)

3

Description

Life Style

Timepoint

before intervention and 3 month after intervention

Method of measurement

questionnair HPLP2

4

Description

Risk of Elder Abuse

Timepoint

before intervention and 3 month after intervention

Method of measurement

SCARED tool

Intervention groups

1

Description

Intervention will apply only to the intervention group. The intervention group of 22 home health selected from 22 municipalities in 22 regions. Educational content includes knowledge of old age, familiarity threats and risk factors, age, physical activity in old age, healthy nutrition, social, physical, mental and spiritual - mental and leisure that will run only for the intervention group. Educations in ten 45-minute sessions based on adult learning strategies based on educational technology and methods such as lectures, questions and answers and problem-solving also will use. In addition to its educational content to CD, manuals and pamphlets will be distributed in.

Category

Lifestyle

2

Description

None of the interventions applied for the intervention group during the study will be applied to the control group. After completion of data collection, research and education designed to control will be implemented.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Welenjak Health House

Full name of responsible person

Aging Expert

Street address

Daneshjo Blvd, Golrizan Park

City

Tehran

2

Recruitment center

Name of recruitment center

Saadat Abad Health House

Full name of responsible person

Aging Expert

Street address

Pardis salamat, Hagh Talab Ave, Saadat Abad

City

Tehran

3

Recruitment center

Name of recruitment center

Dehe Vanak Health House

Full name of responsible person

Aging Expert

Street address

St Shahid Majidpoor, Sq Dehe Vanak

City

Tehran

4

Recruitment center

Name of recruitment center

Pasdaran Health House

Full name of responsible person

Aging Expert

Street address

No 106, 8th Negarstan, Pasdaran

City

Tehran

5

Recruitment center

Name of recruitment center

Ekbatan Health House

Full name of responsible person

Aging Expert

Street address

Between Phase 1&2, Basij Sq, Behind the Municipal District 6, Ebatan Saraye Mohaleh, Ekbatan

City

Tehran

6

Recruitment center

Name of recruitment center

Enghelab Health House

Full name of responsible person

Aging Expert

Street address

Groun Floor, Municipal District 6 Bldg, Fallahpoor Alley, Sepahbod Gharani Ave

City

Tehran

7**Recruitment center****Name of recruitment center**

Bahar Health House

Full name of responsible person

Aging Expert

Street address

Bahar Ave, Khodaparast St, Joharchi, Oatad Lorzadeh Bostan, Saraye Mahaleh

City

Tehran

8**Recruitment center****Name of recruitment center**

Haft House Health House

Full name of responsible person

Aging Expert

Street address

Narmak Sq, Post Office Near, Narmak

City

Tehran

9**Recruitment center****Name of recruitment center**

Ostad Moeen Health House

Full name of responsible person

Aging Expert

Street address

Near Shahre Ketab, Almahdi Park, Azadi Sq

City

Tehran

10**Recruitment center****Name of recruitment center**

Haft Chenar Health House

Full name of responsible person

Aging Expert

Street address

Shahid Arabi St, HaftChenar Saraye Mahaleh

City

Tehran

11**Recruitment center****Name of recruitment center**

Heala Ahmar Health House

Full name of responsible person

Aging Expert

Street address

No 106, Rah paima St, Helal Ahmar Ave

City

Tehran

12**Recruitment center****Name of recruitment center**

Shahrdari Ferdosi Health House

Full name of responsible person

Aging Expert

Street address

Bank Alley, Ferdosi Ave, Emam Khomainsi Sq

City

Tehran

13**Recruitment center****Name of recruitment center**

Mosafer Health House

Full name of responsible person

Aging Expert

Street address

Damavand Ave, East Terminal

City

Tehran

14**Recruitment center****Name of recruitment center**

Dolab Health House

Full name of responsible person

Aging Expert

Street address

Amir Solymanieh St, Khavaran Ave, Khorasan Sq

City

Tehran

15**Recruitment center****Name of recruitment center**

Khavaran Health House

Full name of responsible person

Aging Expert

Street address

Kavaran Farhangsara, Kavaran Ave

City

Tehran

16**Recruitment center****Name of recruitment center**

Khazaneh Health House

Full name of responsible person

Aging Expert

Street address

Parastoie St, kazaneh Saraye Mahaleh

City

Tehran

17

Recruitment center

Name of recruitment center

Sajjad Health House

Full name of responsible person

Aging Expert

Street address

Abozar St, Behbodi Ave

City

Tehran

18

Recruitment center

Name of recruitment center

Daneshjo Health House

Full name of responsible person

Aging Expert

Street address

Enghelab Collage, Moaalem Sq

City

Tehran

19

Recruitment center

Name of recruitment center

Sardaran-E Shahid Health House

Full name of responsible person

Aging Expert

Street address

Sardaran Shahid Sport Bldg, Shokri St, End of Dolatkah

City

Tehran

20

Recruitment center

Name of recruitment center

Hamzeh Abad Health House

Full name of responsible person

Aging Expert

Street address

North East of Hamzeh Abad

City

Tehran

21

Recruitment center

Name of recruitment center

Hamkar Health House

Full name of responsible person

Aging Expert

Street address

Municipal Area 20, Tehransar

City

Tehran

22

Recruitment center

Name of recruitment center

Ziba Dasht Health House

Full name of responsible person

Aging Expert

Street address

In Front of 17 St, Sahel Ave, Dehkadeh Blv, Afra Park

City

Tehran

23

Recruitment center

Name of recruitment center

Farmanieh Health House

Full name of responsible person

Aging Expert

Street address

Nobonyad Sq, Sharak Shahid Chamran

City

Tehran

24

Recruitment center

Name of recruitment center

Satarkhan Health House

Full name of responsible person

Aging Expert

Street address

No 14, 6 Alley, Niro St, Satarkhan

City

Tehran

25

Recruitment center

Name of recruitment center

Beheshteh Madaran Health House

Full name of responsible person

Aging Expert

Street address

Jolfa St, Behashteh Madaran Sq

City

Tehran

26

Recruitment center

Name of recruitment center

Shemran no Health House

Full name of responsible person

Aging Expert

Street address

Hengam Ave, Resalat Sq, Alghadir Park

City

Tehran

27

Recruitment center

Name of recruitment center

Hesarak Health House

Full name of responsible person

Aging Expert

Street address

Tohid Ave, Simon Bolivar St, Shorayari Office

City

Tehran

28

Recruitment center

Name of recruitment center

Jehan Ara Health House

Full name of responsible person

Aging Expert

Street address

No 3, 59 Alley, End of Jehan Ara St

City

Tehran

29

Recruitment center

Name of recruitment center

Kaj Health house

Full name of responsible person

Aging Expert

Street address

Kaj St, Shariati Ave, In Front of Khanvadeh Hospital

City

Tehran

30

Recruitment center

Name of recruitment center

Shaghayegh Health House

Full name of responsible person

Aging Expert

Street address

Baghery High way, Near Emam Bagher Mousq

City

Tehran

31

Recruitment center

Name of recruitment center

Shamshiri Health House

Full name of responsible person

Aging Expert

Street address

Maleki St, shamshiri Ave, Near Shamshiri Park

City

Tehran

32

Recruitment center

Name of recruitment center

Beryanak Health House

Full name of responsible person

Aging Expert

Street address

Davati St, First of Khosh, Shahid Arab St, Saraye

mahaleh Beryanak

City

Tehran

33

Recruitment center

Name of recruitment center

Monoriyeh Health House

Full name of responsible person

Aging Expert

Street address

No 95, Floor 4, Moayeri St, Monoriyeh Sq

City

Tehran

34

Recruitment center

Name of recruitment center

Golshan Health House

Full name of responsible person

Aging Expert

Street address

Shahid Mosavi Kyani Alley, 15 khordad St

City

Tehran

35

Recruitment center

Name of recruitment center

Dehghan Health House

Full name of responsible person

Aging Expert

Street address

End of 21 Mertri Dehghan, pirozi Ave

City

Tehran

36

Recruitment center

Name of recruitment center

Khavaran Health House

Full name of responsible person

Aging Expert

Street address

Ajab Gol St, 17 Shahrivar Ave, Shohada Sq

City

Tehran

37

Recruitment center

Name of recruitment center

North Afsariyeh Health House

Full name of responsible person

Aging Expert

Street address

35 St, Between Afsariyeh High Way and First 15 Metri

City

Tehran

38

Recruitment center

Name of recruitment center

Besat Health House

Full name of responsible person

Aging Expert

Street address

zanganeh St, After Zanganeh Day Market

City

Tehran

39

Recruitment center

Name of recruitment center

Jalili Health House

Full name of responsible person

Aging Expert

Street address

Agha Yari St, Jalili Sq

City

Tehran

40

Recruitment center

Name of recruitment center

Hamkar Health House

Full name of responsible person

Aging Expert

Street address

Municipal Area 18

City

Tehran

41

Recruitment center

Name of recruitment center

Resalat Health House

Full name of responsible person

Aging Expert

Street address

Shahid Davood St, Behashte Zahra High Way, saleh Abad Sharak

City

Tehran

42

Recruitment center

Name of recruitment center

Shahid Ghayori Health House

Full name of responsible person

Aging Expert

Street address

salehi Alley, Ghayori St, Varamin Serah

City

Tehran

43

Recruitment center

Name of recruitment center

Vila Shar Health House

Full name of responsible person

Aging Expert

Street address

Deghban Park, Vila Shahr Shahrak

City

Tehran

44

Recruitment center

Name of recruitment center

Rihan Health House

Full name of responsible person

Aging Expert

Street address

Alzahra Sport Salon, Hemat High Way, Shahid Bagheri shahrak

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tehran University of Medical Science, Vice chancellor for research

Full name of responsible person

Dr. Masoud Yunesian

Street address

Central Buildig of Tehran University of Medical Science, Intersection Ghods, Keshavarz Blvd

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tehran University of Medical Science, Vice chancellor for research

Proportion provided by this source

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

2

Sponsor

Name of organization / entity

Community Based Participatory Research Center, Iranian Institute for Reduction of High-Risk Behavior

Full name of responsible person

Dr. Rajabi

Street address7 Floor, Gol Bldg, North Kargar St, Intersection
Keshavarz Blvd**City**

Tehran

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding sourceCommunity Based Participatory Research Center, Iranian
Institute for Reduction of High-Risk Behavior**Proportion provided by this source****Public or private sector***empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding***empty***Person responsible for general inquiries****Contact****Name of organization / entity**

Tehran University of Medical Science

Full name of responsible person

Fatemeh Estebarsari

Position

PhD Candidate

Other areas of specialty/work**Street address**Department of Health Education&Promotion , College
of Public Health, Tehran University of Medical
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Tehran

Postal code**Phone**

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Fax**Email**

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Web page address**Person responsible for scientific inquiries****Contact****Name of organization / entity**Iran University of Medical Science,Department of
Health Education& promotio, School of Public Health**Full name of responsible person**

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Position

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Other areas of specialty/work**Street address**Public Health School Collage, Alvand Ave, Arghantin
Sq, Tehran, Iran**City**

Iran

Postal code**Phone**

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Fax**Email**

taghdisi.mh@gmail.com

Web page address**Person responsible for updating data****Contact****Name of organization / entity**Tehran University of Medical Science, School of Public
Health**Full name of responsible person**

Fatemeh Estebarsari

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Promotion**Other areas of specialty/work****Street address**Department of Health Education&Promotion , College
of Public Health, Tehran University of Medical
Science(TUMS), Ghods Ave, Poor Sina St, Enghelab
square, Tehran, Iran**City**

Tehran

Postal code**Phone**

+98 21 6637 2890

Fax**Email**

fa_estebarsari@yahoo.com

Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)***empty***Study Protocol***empty***Statistical Analysis Plan***empty***Informed Consent Form***empty***Clinical Study Report***empty***Analytic Code***empty***Data Dictionary***empty*