

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

The effect of Religious education on Religious knowledge and belief and Postpartum blues of the primipara women

Protocol summary

Summary

This randomized clinical trial study is on 220 primiparous women referring to selected medical-educational centers (Arash & Baharloo hospitals) in Tehtan University of Medical Sciences ,about The effect of Religious education on Religious knowledge and belief and Postpartum blues of the primipara women in Prenatal clinics in selected hospitals of Tehran University of Medical Sciences. This is a randomized clinical trial which was conducted on 220 pregnant women in the selected centers of Tehran university of medical science (Arash and Baharlo hospitals), for the purpose of investigating the effect of Religious education on the religion awareness and Postpartum. After obtaining of the patients' Consent, they were randomly divided into 2 groups of intervention and control. First religious attitudes and awareness and anxiety of the pregnant women were investigated and those who had high levels of religious attitudes were put aside; they only were investigated 7 to 10 days after Childbirth. Remaining people, who had average and low religious attitude were divided into 2 groups of intervention and control. In the intervention group they were under religious education and examined again, while in control group they just received normal care. Finally, the Postpartum were investigated and analyzed in 2 groups, 7 to 10 days after the child birth.

General information

Acronym

not used

IRCT registration information

IRCT registration number: **IRCT2013071714041N1**

Registration date: **2013-10-28, 1392/08/06**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2013-10-28, 1392/08/06

Registrant information

Name

Tahereh Mokhtaryan Gilani

Name of organization / entity

Shiraz University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 71 1647 4254

Email address

mokhtar@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Sciences

Expected recruitment start date

2013-07-28, 1392/05/06

Expected recruitment end date

2013-09-21, 1392/06/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of Religious education on Religious knowledge and belief and Postpartum blues of the primipara women

Public title

The effect of Religious education on Religious knowledge and belief and Postpartum blues of the primipara women

Purpose

Prevention

Inclusion/Exclusion criteria

Criteria of inclusion in the study: Pregnant women in the age range of 18-45;Lack of chronic diseases (hearth problems, Lung disease, blood pressure, diabetes);The ability to participate in educational classes and filling up the Consent form;The mothers' level of anxiety must be classified as low or average according to Spil Beger scale. Criteria of exclusion from the study: Lack of interest in further contribution ; Illiteracy or lack of ability in filling up the questionnaires and speaking or writing in Farsi ; Any psychological disease diagnosis during the study (major depression, anxiety disorder) ; Appearance of pregnancy complications (Abruption, fetal death, preterm delivery, preeclampsia severe Aklamsy and so on); Any unexpected events such as near relative death (husband, parents, child, ...)

Age

From **18 years** old to **45 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **220**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features

People in the intervention and control groups have average or low religious attitudes. Pregnant women were under religious education for 20 to 30 weeks, and after 6 sessions of education in each week, they again filled up the questionnaires on religious attitudes and awareness and anxiety, in this way it can be seen that the participation in these educational classes how much affected the religious attitudes and awareness and anxiety. 2 months after the education, 3 questionnaires would be again filled up in order to determine the stability of the education.

Secondary Ids

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Shiraz University of Medical Sciences Ethics Committee

Street address

7 th floor- Research Assistance- Central University of

Medical Sciences- Next to the Red Crescent- Zand Street

City

shiraz

Postal code

1978 -71345

Approval date

2013-02-03, 1391/11/15

Ethics committee reference number

T-91-6431

Health conditions studied**1****Description of health condition studied**

Post partum blues

ICD-10 code

F53

ICD-10 code description

Mental and behavioural disorders associated with the puerperium, not elsewhere classified

Primary outcomes**1****Description**

post partum blues

Timepoint

10-7 days after childbirth

Method of measurement

Questionnaire Edinburg

Secondary outcomes

empty

Intervention groups**1****Description**

People in the intervention and control groups have average or low religious attitudes. Pregnant women were under religious education for 20 to 30 weeks, and after 6 sessions of education in each week(Deism Education), they again filled up the questionnaires on religious attitudes and awareness and anxiety, in this way it can be seen that the participation in these educational classes how much affected the religious attitudes and awareness and anxiety. 2 months after the education, 3 questionnaires would be again filled up in order to determine the stability of the education

Category

Behavior

2**Description**

Characteristics of this group are characterized by the same group., But the second group received routine care

(Control of Fetal Growth, Blood pressure, Weight and . . .).

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Arash hospital

Full name of responsible person

Mrs. Shokoohi

Street address

Baghdarnia St.Frjam Ave.Tehran

City

Tehran

2

Recruitment center

Name of recruitment center

Baharloo hospital

Full name of responsible person

Mr. Fath Abadi

Street address

Karegar Ave-Behdari St.Tehran

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Dr. Gholamreza Hatam

Street address

7 th floor- Research Assistance- Central University of Medical Sciences- Next to the Red Crescent- Zand Street

City

Shiraz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shiraz University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Marzieh Akbarzadeh

Position

Master of Midwifery

Other areas of specialty/work

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Person responsible for updating data

Contact

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Sharing plan**Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty