Clinical Trial Protocol
Iranian Registry of Clinical Trials

19 Sep 2026

The effect of Religious education Religious knowledge and belief on Indicators of infant growth 0 to 3 months in the primipara women in Prenatal in clinics in selected hospitals of Tehran University of Medical Sciences (2013)

Protocol summary

Summary

This randomized clinical trial study is on 90 primi-parous women referring to selected medical-educational centers (Arash & Baharloo hospitals) in Tehtan University of Medical Sciences ,about The effect of Religious education on Religious knowledge and belief and Postpartum blues of the primipara women in Prenatal clinics in selected hospitals of Tehran University of Medical Sciences. This is a randomized clinical trial which was conducted on 220 pregnant women in the selected centers of Tehran university of medical science (Arash and Baharlo hospitals), for the purpose of investigating the effect of Religious education on the religion awareness and Postpartum. After obtaining of the patients' Consent, they were randomly divided into 2 groups of intervention and control. First religious attitudes and awareness and anxiety of the pregnant women were investigated and those who had high levels of religious attitudes were put aside; they only were investigated 7 to 10 days after Childbirth. Remaining people, who had average and low religious attitude were divided into 2 groups of intervention and control. In the intervention group they were under religious education and examined again, while in control group they just received normal care. Finally, the Postpartum were investigated and analyzed in 2 groups,0 and 1 and 3 months after the child birth for development.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013072714041N2**
Registration date: **2013-11-01, 1392/08/10**
Registration timing: **registered_while_recruiting**
Last update:
Update count: **0**

Registration date

2013-11-01, 1392/08/10

Registrant information

Name
Tahereh Mokhtaryan Gilani
Name of organization / entity
Shiraz University of Medical Sciences
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Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Sciences Dr. Gholamreza Hatam Shiraz - Zand Street - Next to the Red Crescent - Sakhtmtn Central University - Class 7 - Research Shiraz Fars Iran, Islamic Republic Of 00987112122633 vcrdep@sums.ac.ir

Expected recruitment start date

2013-10-07, 1392/07/15

Expected recruitment end date

2014-01-05, 1392/10/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of Religious education Religious knowledge

and belief on Indicators of infant growth 0 to 3 months in the primipara women in Prenatal in clinics in selected hospitals of Tehran University of Medical Sciences (2013)

Public title
The effect of Religious education Religious knowledge and belief on Indicators of infant growth 0 to 3 months in the primipara women in Prenatal in clinics in selected hospitals of Tehran University of Medical Sciences (2013)

Purpose
Prevention

Inclusion/Exclusion criteria
Criteria of inclusion in the study: Pregnant women in the age range of 18-45;Lack of chronic diseases (hearth problems, Lung disease, blood pressure, diabetes);The ability to participate in educational classes and filling up the Consent form;The mothers' level of anxiety must be classified as low or average according to Spil Beger scale. Criteria of exclusion from the study: Lack of interest in further contribution ; Illiteracy or lack of ability in filling up the questionnaires and speaking or writing in Farsi ; Any psychological disease diagnosis during the study (major depression, anxiety disorder) ; Appearance of pregnancy complications (Abruption, fetal death, preterm delivery, preeclampsia severe Aklamsy and so on); Any unexpected events such as near relative death (husband, parents, child, ...)

Age
From **18 years** old to **45 years** old

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **90**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Shiraz University of Medical Sciences Ethics Committee

Street address
7 th floor- Research Assistance- Central University of Medical Sciences- Next to the Red Crescent- Zand Street

City
Shiraz

Postal code
71345-1978

Approval date
2013-01-10, 1391/10/21

Ethics committee reference number
5361-92 pct

Health conditions studied

1

Description of health condition studied
Failure to thrive

ICD-10 code
R62.8

ICD-10 code description
Other lack of expected normal physiological development

Primary outcomes

1

Description
Infant Growth and development

Timepoint
0 and 1 and 3 months after childbirth

Method of measurement
Denver Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description
People in the intervention and control groups have average or low religious attitudes. Pregnant women were under religious education for 20 to 30 weeks, and after 6 sessions of education in each week(Deism Education), they again filled up the questionnaires on religious attitudes and awareness and anxiety, in this way it can be seen that the participation in these educational classes how much affected the religious attitudes and awareness and anxiety. 2 months after the education, 3 questionnaires would be again filled up in order to determine the stability of the education

Category
Prevention

2

Description
Characteristics of this group are characterized by the

same group., But the second group received routine care (Control of Fetal Growth, Blood pressure, Weight and . . .).

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Arash Hospital

Full name of responsible person

Mrs. Shokoohi

Street address

Baghdarnia St.frjam Ave.

City

Tehran

2

Recruitment center

Name of recruitment center

Baharloo Hospital

Full name of responsible person

Mr. Fath Abadi

Street address

Karegar Ave-Behdari St.

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Dr. Gholamreza Hatam

Street address

7 th floor- Research Assistance- Central University of Medical Sciences- Next to the Red Crescent- Zand Street

City

shiraz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shiraz University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Marzieh Akbarzadeh

Position

Master of Midwifery

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty