Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

Assessment of the effect of an intervention based on the theory of planned behavior on the health promoting behavior's intention of rural women working in hand-made carpet sector in Ilam

Protocol summary

Summary

This study will be done with am to investigate theeffect of an intervention based on the planned behavior model on the health promoting behavior's intention of rural women working in hand-made carpet sector in Ilam.This is non-blinded clinical trial.The study population included carpet weaver women of childbearing age 20 to 45 years in Ilam provincevillages.A total of 60carpet weaver women will selectedby judgment and using the random numbers will assigned to experimental and control groups. At the beginning of the study,women health-promoting behaviorsquestionnaire will beprovided(Ebras) for both groups. The experimental group for two hours during six consecutive sessions will betrained planned behavior on intention of health promoting behaviors based onresearcher made educational booklet in lecture method,group discussion and pamphlets and control group will receive routine training. At the end of the study,women health-promoting behaviorsquestionnaire will be provided for both groups and both groups in terms of health promoting behaviors are investigated and compared. Inclusion criteria: Carpet weaver women of childbearing age 20 to 45-year-old;Having at least a fifth-grade education; Working in carpet weaving workshops in Ilam villages. Exclusion criteria: lack of willingness to cooperate

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016081314333N55**
Registration date: **2016-08-25, 1395/06/04**
Registration timing: **prospective**

Last update:
Update count: **0**

Registration date

2016-08-25, 1395/06/04

Registrant information

Name

Feizollah Foroughi

Name of organization / entity

kermanshah University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 83 1821 4653

Email address

fforoughi@kums.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice Chancellor for Research Affairs, Kermanshah University of Medical Sciences

Expected recruitment start date

2016-09-05, 1395/06/15

Expected recruitment end date

2016-10-21, 1395/07/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Assessment of the effect of an intervention based on the theory of planned behavior on the health promoting behavior's intention of rural women working in hand-made carpet sector in Ilam

Public title

Effect of an intervention based on the planned behavior

model on the health promoting behavior’s intention of carpet weaver women

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: Carpet weaver women of childbearing age 20 to 45-year-old;Having at least a fifth-grade education; Working in carpet weaving workshops in Ilam villages. Exclusion criteria: lack of willingness to cooperate

Age

From **20 years** old to **45 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Using a random number table

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Kermanshah University of Medical Sciences

Street address

Building No.2, Shahid Beheshti, Vice Chancellor for Research Affairs, Kermanshah University of Medical Sciences

City

Kermanshah

Postal code

Approval date

2016-07-13, 1395/04/23

Ethics committee reference number

kums.rec.1395.259

Health conditions studied

1

Description of health condition studied

Health promoting behaviors

ICD-10 code

Z72

ICD-10 code description

Problems related to lifestyle

Primary outcomes

1

Description

Health promoting behaviors

Timepoint

Baseline and end of study

Method of measurement

Based on women's health questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

The experimental group for two hours during six consecutive sessions will be trained planned behavior on intention of health promoting behaviors based on researcher made educational booklet in lecture method, group discussion and pamphlets

Category

Behavior

2

Description

Control group will receive routine training.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Carpet weaving workshops in villages in Ilam

Full name of responsible person

Nasrin Yousefi

Street address

Villages in Ilam province, carpet weaving workshops

City

Kermanshah

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor for research, Kermanshah University of Medical Sciences

Full name of responsible person

Koroush Hamzehee

Street address

Building No.2, Shahid Beheshti, Vice Chancellor for Research Affairs, Kermanshah University of Medical Sciences

City

Kermanshah

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice chancellor for research, Kermanshah University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Person responsible for scientific inquiries

Contact

Name of organization / entity

Kermanshah University of Medical Sciences

Full name of responsible person

Dr. Marziyeh Kaboudi

Position

PhD in Reproductive Health

Other areas of specialty/work

Street address

Ḍolatabad Boulevard , School of Nursing and Midwifery

City

Kermanshah

Postal code

Phone

+98 83 3828 2101

Fax

Email

fkaboudi@kums.ac.ir

Web page address

Person responsible for updating data

Contact

Name of organization / entity

Kermanshah University of Medical Sciences

Full name of responsible person

Nasrin Yousefi

Position

MSc of Counseling in Midwifery

Other areas of specialty/work

Street address

Ḍolatabad Boulevard , School of Nursing and Midwifery

City

Kermanshah

Postal code

Phone

+98 83 3828 2101

Fax

Email

nasrinyousefi71@yahoo.com

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty