

Clinical Trial Protocol

Iranian Registry of Clinical Trials

11 Jun 2026

The study of the effect of tadalafil in comparison with tamsulosin and placebo on the symptoms of double-J stent insertion in ureteral following by transureteral ureteroscopy and lithotripsy in men with ureteral stones

Protocol summary

Summary

The insertion of the ureter stent is accompanied by the morbidity or potential complications of placement and its impact on the patient's quality of life. In this pilot double blind randomized controlled clinical trial, 120 men above 18y with urethral stent who undergone transureteral lithotripsy (TUL) and have DJ-stent will be enrolled. Baseline evaluation consists of filling Ureteric Stent Symptom Questionnaire (USSQ), International Prostate Symptom Score (IPSS) questionnaire. After measuring the pain by VAS scale measurement, patients will randomly divide into 3 groups. The first group will receive 5mg tadalafil, second group will receive 0.4mg tamsulosin and third group will receive placebo. All medications will be prescribed once daily. After 2 and 4 weeks, patients will reevaluate by same questionnaires. All sever pain episodes and analgesic consumption will be record. Antibiotic prophylaxis containing peri-operative injections of cefazolin plus amikacin with appropriate dosage, and post-operative oral ciprofloxacin 500mg twice per day for 3 days, followed by 250mg night dose until the end of the stent insertion period. During postoperative admission in hospital, single dose paracetamol will be injected when necessary. After discharge, acetaminophen 500mg (max 4 times a day for 7 days) and in case of severe pain with no response to acetaminophen, suppository diclofenac 50mg will be administered. Blinding for both groups (for both study subjects and study information analysis and monitoring committee) will be carried out.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201702261853N13**
Registration date: **2017-08-14, 1396/05/23**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-08-14, 1396/05/23

Registrant information

Name

Siavash Falahatkar

Name of organization / entity

Urology Research Center

Country

Iran (Islamic Republic of)

Phone

+98 13 3352 5259

Email address

urc@gums.ac.ir

Recruitment status

Recruitment complete

Funding source

Urology Research Center, Guilan University of Medical Sciences

Expected recruitment start date

2015-09-11, 1394/06/20

Expected recruitment end date

2017-06-10, 1396/03/20

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The study of the effect of tadalafil in comparison with tamsulosin and placebo on the symptoms of double-J

stent insertion in ureteral following by transureteral ureteroscopy and lithotripsy in men with ureteral stones

Public title

The effect of tadalafil compared to tamsulosin and placebo on the symptoms of double-J stent insertion in men with ureter stones

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: male with age \geq 18 years; negative U/C; unilateral DJ-stent insertion; testimonial endorsement Exclusion criteria: any underlying disease specially cardiovascular nephrogenic; allergic; other urologic disease; acute urinary retention (AUR); diabetes mellitus (DM); urinary tract malignancy; chronic pelvic pain syndrome (CPPS); Lower Urinary Tract Symptoms (LUTS); bilateral stent; PSA>10 ng/ml or PSA=4-10 ng/ml with positive prostate biopsy for malignancy; recent Extracorporeal shock wave lithotripsy (ESWL); stent malposition; neurogenic bladder; kidney transplant; radiation or chemotherapy; long term treatment with α -blockers, anticholinergic, analgesic, Selective serotonin reuptake inhibitors (SSRIs), diuretics, calcium channel blockers (CCB), lithium; opium addiction; all conditions that urologist prefers to exclude patient.

Age

From **18 years** old to **139 years** old

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **120**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Double blinded

Blinding description

Placebo

Used

Assignment

Parallel

Other design features

Random allocation in groups will be done by block randomization (Random Blocks).

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Guilan University of Medical Sciences

Street address

Opposite Sepah Bank, Western Shahid Beheshti Blvd., Gaz Square

City

Rasht

Postal code

41938-93345

Approval date

2015-08-24, 1394/06/02

Ethics committee reference number

IR.GUMS.REC.1394.213

Health conditions studied

1

Description of health condition studied

Lower urinary tract symptoms

ICD-10 code

N21

ICD-10 code description

Calculus of lower urinary tract

2

Description of health condition studied

Pain in the flank and suprapubic areas

ICD-10 code

R10.4

ICD-10 code description

Other and unspecified abdominal pain

3

Description of health condition studied

Sexual function

ICD-10 code

F52.9

ICD-10 code description

Unspecified sexual dysfunction, not caused by organic disorder or disease

Primary outcomes

1

Description

Pain in the flank, suprapubic and in voiding time

Timepoint

Before intervention, 2 and 4 weeks after intervention

Method of measurement

By the standard questionnaire of pain measurement (VAS score)

2

Description

Sexual function

Timepoint

Before intervention, 2 and 4 weeks after intervention

Method of measurement

By USSQ standard questionnaire

3

Description

Symptoms related to lower urinary tract after stent inserting (including all obstructive and irritative symptoms)

Timepoint

Before intervention, 2 and 4 weeks after intervention

Method of measurement

By USSQ standard questionnaire and IPSS standard questionnaire

4

Description

Dysuria

Timepoint

Before intervention, 2 and 4 weeks after intervention

Method of measurement

By USSQ standard questionnaire

5

Description

Hematuria

Timepoint

Before intervention, 2 and 4 weeks after intervention

Method of measurement

By USSQ standard questionnaire

Secondary outcomes

1

Description

Need for additional antibiotic intake

Timepoint

2 and 4 weeks after intervention

Method of measurement

By USSQ Standard Questionnaire

2

Description

Impact on the quality of life and work

Timepoint

2 and 4 weeks after intervention

Method of measurement

By USSQ Standard Questionnaire

Intervention groups

1

Description

Intervention group: Tadalafil 5 mg tablet, made in Iran, one daily dose, for 4 weeks

Category

Treatment - Drugs

2

Description

Intervention group: Tamsulosin 0.4 mg tablet, made in Iran, one daily dose, for 4 weeks

Category

Treatment - Drugs

3

Description

Control group: Placebo tablet, made in Iran, one daily dose, for 4 weeks

Category

Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center

Razi Hospital

Full name of responsible person

Dr. Mehdi Sebti (Resident of Urology)

Street address

Sardar Jangal Street, Razi Hospital

City

Rasht

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Urology Research Centre, Guilan University of Medical Sciences

Full name of responsible person

Head of Urology Research Centre, Dr. Siavsh Falahatkar

Street address

Sardar Jangal Street, Razi hospital, Urology Research Centre

City

Rasht

Grant name

10506

Grant code / Reference number

32

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Urology Research Centre, Guilan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity

Urology Research Center, Guilan University of Medical Sciences

Full name of responsible person

Dr. Keivan Gholamjani Moghaddam

Position

General practitioner / Project Executive

Other areas of specialty/work

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Person responsible for updating data

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Full name of responsible person

Samaneh Esmaeili

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Full name of responsible person

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Associated Professor of Guilan University of Medical Sciences

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty