Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

The Effect of Group Reminiscence Therapy on Attitude، Anxiety، Depression and Adherence to Tretment in Type 2 Diabetic Female Patients

Protocol summary

Summary

The propose of this study is the effect of reminiscence therapy on attitude، anxiety، depression and adherence to treatment in type 2 diabetic female patients. Inclusion criteria are women with type 2 diabetes and age over 50 yearse، Exclusion criteria is absent more than 2 times at meeting. The study population included all women are referred to Ahvaz Golestan Hospital Diabetes Clinic.The sample size of 24 participants who were 12 women will be in the intervention group and 12 patients will be in the control group. The intervention lasts 1 month that will consist of two sessions per week and the number of sessions will be 8 sessions. Sessions 1 introduction، second sessions of the seventh subject to any meeting selection will be based on topics of interest to members and the final sessions is termination sessions. Questionnaires before the intervantion، after intervention and 1 month after intervention will be given to patients. and attitude، anxiety، depression and adherence to tretment of patients will be compared before and after intervention.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013101315003N1**
Registration date: **2013-12-04, 1392/09/13**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2013-12-04, 1392/09/13

Registrant information

Name

Razie Jooj

Name of organization / entity

Ahvaz University of Jundishapour Medical Science

Country

Iran (Islamic Republic of)

Phone

+98 73 2632 5230

Email address

jooj.r@ajums.ac.ir

Recruitment status

Recruitment complete

Funding source

Assistance Research of Ahvaz University of Jundishapour Medical Science

Expected recruitment start date

2013-10-23, 1392/08/01

Expected recruitment end date

2013-11-21, 1392/08/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of Group Reminiscence Therapy on Attitude، Anxiety، Depression and Adherence to Tretment in Type 2 Diabetic Female Patients

Public title

Effect of reminiscence therapy on attitude، anxiety، depression and adherence in type 2 diabetes

Purpose

Other

Inclusion/Exclusion criteria

Inclusion criteria : having identified diabetes type 2، age 50 and above، no infection risk of choronis disease and

disability، haing least literate، resident in ahvaz، acquaintance with the persian language، married with children Exclucion critia : Any social or family crisis، hospitalization or acute illness، Absence from meeting more than once

Age
From **50 years** old to **90 years** old

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **24**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features
no

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Research and Tecnology of Jundi Shapour Medical Science

Street address
ahvaz - research and tecnology of jundi shapour medical science

City
ahvaz

Postal code
15794-61357

Approval date
2013-07-02, 1392/04/11

Ethics committee reference number
1392،47

Health conditions studied

1

Description of health condition studied
Diabetes

ICD-10 code
E10- E14

ICD-10 code description
Diabetes mellitus

Primary outcomes

1

Description
anxiety

Timepoint
0، After intervention

Method of measurement
Questionnaire

2

Description
Depression

Timepoint
0؛ After intervention

Method of measurement
Questionnaire

Secondary outcomes

1

Description
Adherence to tretment

Timepoint
0، After intervention؛ one month after intervention

Method of measurement
Questionnaire

2

Description
attitude

Timepoint
0؛ after intervention، one month after intervention

Method of measurement
Questionnaire

Intervention groups

1

Description
Intervention group: In this group، group reminiscence therapy is done for 1 month and questionnaires before and after the intervention by members of the group will be completed

Category
Other

2

Description
Control group: In this group any intervention is not and only questionnaires will be completed by members of the group

Category
Other

Recruitment centers

1

Recruitment center
Name of recruitment center
Clinic diabetes of golestan hospital
Full name of responsible person
Bahman Dasht bozorgi؛ MSc in nursing؛
Street address
Clinic diabetes؛ Golestan Hospital؛ Ahvaz
City
Ahvaz

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Reserch and Tecnology
Full name of responsible person
Dr Mostafa Feghhi
Street address
Ahvaz، Ahvaz University of Medical Science، Reserch and Tecnology
City
Ahvaz
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Reserch and Tecnology
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Ahvaz University of Medical Sciences
Full name of responsible person
Razie Jooj
Position
Student of MSc in Nursing
Other areas of specialty/work
Street address
Ahvaz University Medical Science، School of Nursing and Midwifery
City
Ahvaz
Postal code
61357- 15794
Phone
+977 326325230
Fax
Email
jooj.r@ajums.ac.ir
Web page address

Person responsible for scientific inquiries

Contact
Name of organization / entity
Ahvaz University of Medical Science
Full name of responsible person
Bahman Dasht Bozorgi
Position
MSc in nursing
Other areas of specialty/work
Street address
Ahvaz University of Medical Science، Ahvaz
City
Ahvaz
Postal code
61357- 15794
Phone
+976 113333477
Fax
+98 61 1336 1544
Email
bahnurse@ajuma.ac.ir
Web page address

Person responsible for updating data

Contact
Name of organization / entity
Ahvaz University of Medical Science
Full name of responsible person
Bahman Dasht Bozorgi
Position
MSc in Nursing
Other areas of specialty/work
Street address
Ahvaz University of Medical Science
City
Ahvaz
Postal code
61357- 15794
Phone
+976 113333477
Fax
+98 61 1336 1544
Email
bahnurse@ajums.ac.ir
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty