

Clinical Trial Protocol

Iranian Registry of Clinical Trials

28 May 2026

The effect of different point of acupressure on labor pain and length of labor

Protocol summary

Summary

After sample selection, they are given neutral information about the study, and written consent will be obtained. The subjects will be selected through drawing numbers randomly by researcher and assigning each number to a specific group. They are divided into 5 groups: 2 acupressure groups (LI4 acupressure and SP6 acupressure), 2 touching groups (touching LI4 and SP6 points) and control group (that they are not using any method of pharmacological or non-pharmacological pain relief). In the study methodology the pain intensity in each group will be measured with the visual analog scale (VAS) before and after intervention. Then various intervals after the intervention (30 minutes after intervention, 1 h after treatment and every hour until delivery), pain intensity will be measured using this tool. In the acupressure group the pressure will be applied by a trained and registered midwife, who has certification in acupressure method. The pressure will be applied bilaterally within each contraction. Prior to the pressure the patient will be asked to take a deep breath then applying a rotational and vibration pressure for 60 seconds then 60 seconds of rest apply after that, and this cycle to be continued for 30 minutes. Accurate location of the acupoint is confirmed if the subjects feel heaviness, pressure, tingling, or numbness in the area or a pleasant feeling and in case of feeling severe pain at the site of pressure, the pressure will be interrupted temporarily and will start again after a few minutes. The intensity of the pressure is partially discolored nail bed is painted white. In the touching groups, the same points will be touched with the same method.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013112415526N1**

Registration date: **2013-12-14, 1392/09/23**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2013-12-14, 1392/09/23

Registrant information

Name

Fatemeh Dabiri

Name of organization / entity

Hormozgan University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 76 1666 6367

Email address

fateme.dabiri@hums.ac.ir

Recruitment status

Recruitment complete

Funding source

Research center for reproductive health & infertility,
Hormozgan university of medical sciences

Expected recruitment start date

2013-11-06, 1392/08/15

Expected recruitment end date

2014-11-21, 1393/08/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of different point of acupressure on labor pain and length of labor

Public title

Effect of acupressure on labor pain

Purpose

Supportive

Inclusion/Exclusion criteria

The inclusion criteria: pregnant women with gestational age of 37-42 weeks with cephalic presentation and 4-5 cm cervical dilatation in active phase of spontaneous onset of labor; singleton pregnancy, with no history of medical disease, history of infertility, previous pelvic surgery, cesarean section; lack of any problem during present gestation; rupture of membranes over 6 hours; presence of meconium in the amniotic fluid; inappropriate pelvic; taking narcotic within the past 8 hours; over 8 cm cervical dilatation, and any fetal distress. If a subject requires undergoing caesarean section or needing for labor augmentation with oxytocin, or don't like to continue, will exclude from the study.

Age

From **18 years** old to **45 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **250**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Department of research and technology, Hormozgan university of medical sciences

Street address

Shahid mohamadi hospital

City

Bandar Abbas

Postal code

Approval date

2011-09-23, 1390/07/01

Ethics committee reference number

HEC/90/5/6

Health conditions studied

1

Description of health condition studied

labor pain

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

pain relief

Timepoint

Before and after intervention. Then various intervals after the intervention (30 minutes after intervention, 1 h after treatment and every hour until delivery),

Method of measurement

Visual analog scale

Secondary outcomes

1

Description

length of labor

Timepoint

first & second stage of labor

Method of measurement

minute

Intervention groups

1

Description

there are 2 intervention groups: one of them is : LI4 acupressure that located between the skin of the thumb and the index finger where the joints located at metacarpal bone of the thumb and index finger the pressure will apply bilaterally within each contraction(in 1st stage of active phase of labor)for 60 . second then 60 second of rest will apply after that, and this cycle will be continue for 30 minutes . Then before intervention various and intervals after the intervention, pain intensity will be measure

Category

Other

2

Description

in SP6 acupressure group that located 4 finger above the inner tibia of leg, pressure will apply bilaterally within each contraction(in 1st stage of active phase of labor)for 60 second then 60 second of rest will apply after that, and this cycle will be continue for 30 minutes . Then before intervention various and intervals after the intervention, pain intensity will be meas

Category

Other

Recruitment centers**1****Recruitment center****Name of recruitment center**

Dr Shariati hospital

Full name of responsible person**Street address****City**

Bandar Abbas

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Vice Chancellor for research, Hormozgan university of medical sciences

Full name of responsible person

Research center for reproductive health & infertility,

Street address

Eastern angel of Shahid mohamadi hospital,jomhoori Islami BLV,Bandar abbas

City

Bandar Abbas

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Vice Chancellor for research, Hormozgan university of medical sciences

Proportion provided by this source

100

Public or private sector*empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding***empty***Person responsible for general inquiries****Contact****Name of organization / entity**

Hormozgan university of medical sciences

Full name of responsible person

Fateme Dabiri

Position

MSc, faculty member

Other areas of specialty/work**Street address**

Nursing & midwifery collage

City

Bandar Abbas

Postal code**Phone**

+98 76 1666 6367

Fax**Email**

fateme.dabiri@hums.ac.ir; fateme.dabiri@gmail.com

Web page address**Person responsible for scientific inquiries****Contact****Name of organization / entity**

Hormozgan university of medical sciences

Full name of responsible person

Fateme Dabiri

Position

MSc

Other areas of specialty/work**Street address**

Nursing & Midwifery collage

City

Bandar Abbas

Postal code**Phone**

+98 76 1666 6367

Fax**Email**

fateme.dabiri@hums.ac.ir

Web page address**Person responsible for updating data****Contact****Name of organization / entity**

Hormozgan University of Medical Sciences

Full name of responsible person

Arefeh shahi

Position

m.s degreee- faculty member

Other areas of specialty/work**Street address**

Hormozgan University of Medical Sciences, Bandar Abbas

City

Bandar Abbas

Postal code**Phone**

+98 76133371901

Fax

+98 7613337192

Email

a_sh4310@yahoo.com

Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)***empty***Study Protocol**

empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report

empty
Analytic Code
empty
Data Dictionary
empty