

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

Effect of educational intervention based on planned actionTheory about promotion of health responsibility, spirtual health and interpersonal communications in girl second year high school students in Tabriz

Protocol summary

Summary

In this quasi-experimental study 200 students in grade two in Tabriz high schools divide into two groups of 100 students by cluster Sampling method. Data gathering tool is a manuiscripted questionnaire of responsibility for health, spiritual health and interpersonal relationships, based on the standard health and lifestyle questionnaire HPLPII (health-promoting lifestyle profile II) and components of the theory of planned behavior which will be valid and reliable. Data will gather from two groups and analysis. educational intervention will be designed Based on the results and will be explemented in 5 sessions for 60 to 75 minutes with a sensitive method, lecture, group discussion, role playing, SMS, leaf let,individual counceling and some competitions in case group along with some programs for their friends, teachers ans families.One month and three months post-intervention questionnaires will be completed again in two groups. Data will be analysis and comparie.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014042615650N3**

Registration date: **2014-05-05, 1393/02/15**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-05-05, 1393/02/15

Registrant information

Name

Mahnaz Solhi

Name of organization / entity

Iran University of Medical Sciences

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Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

Vice-chancellor for Health, Tehran University of Medical SciencesCenter for Community Based Participatory Research, Institute reducing risk behaviors

Expected recruitment start date

2013-01-03, 1391/10/14

Expected recruitment end date

2013-10-06, 1392/07/14

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of educational intervention based on planned actionTheory about promotion of health responsibility, spiritual health and interpersonal communications in girl second year high school students in Tabriz

Public title

An educational intervention for improving responsibility for health, spiritual health and interpersonal relationships in girl students

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: girl second year high school students in

Tabriz, Iran; voluntarily participate in the research; provide written consent. Exclusion criteria: not satisfied for participation and retention of students in research; change their school or change their location in the next 4 months.

Age

From **14 years** old to **18 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **100**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Vice-chancellor for research, Tehran University of
Medical Sciences

Street address

Central University Building, Ghods St., Keshavars Blvd

City

Tehran

Postal code

1471613151

Approval date

2012-12-18, 1391/09/28

Ethics committee reference number

240/4840

Health conditions studied

1

Description of health condition studied

Responsibility

ICD-10 code

F00-F99

ICD-10 code description

Mental and behavioural disorders

2

Description of health condition studied

Spiritual Health

ICD-10 code

F00-F99

ICD-10 code description

Mental and behavioural disorders

3

Description of health condition studied

Interpersonal communications

ICD-10 code

F00-F99

ICD-10 code description

Mental and behavioural disorders

Primary outcomes

1

Description

Attitude

Timepoint

One month and three months after intervention

Method of measurement

Questionnaire

2

Description

Behavioral Intension

Timepoint

One month and three months after intervention

Method of measurement

Questionnaire

3

Description

Subjectives Norms

Timepoint

One month and three months after intervention

Method of measurement

Questionnaire

Secondary outcomes

1

Description

Responsibility

Timepoint

One month and three months after intervention

Method of measurement

Questionnaire

2

Description

Spiritual Health

Timepoint

One month and three months after intervention
Method of measurement
Questionnaire

3

Description
Interpersonal Communications

Timepoint
One month and three months after intervention

Method of measurement
Questionnaire

Intervention groups

1

Description
Intervention in case group: An intervention will be planned based on the results of the completion of the initial questionnaire in two groups and it will provide only in the case group with in 5 sessions for 60 to 75 min with some methods such as sensitive methods, lecture, group discussion, role playing, SMS, giving pamphlets, individual counseling and hold a design competition. Some programs will be provided for their friends and their families in case group too.

Category
Lifestyle

2

Description
No intervention do not apply for control group.

Category
N/A

Recruitment centers

1

Recruitment center
Name of recruitment center
Tabriz Learning and Training Organization
Full name of responsible person
Afsaneh Rezazadeh
Street address
City
Tabriz

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Vice- Chancellor for Health, Tehran University of Medical Sciences
Full name of responsible person
Dr. Masoud Younesian
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Central building of Tehran University of Medical

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Tehran

Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Vice- Chancellor for Health, Tehran University of Medical Sciences

Proportion provided by this source
Public or private sector

empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin
Type of organization providing the funding
empty

2

Sponsor
Name of organization / entity
Center for Community Based Participatory Research, Institute of reducing risk behaviors
Full name of responsible person
Dr. Fatemeh Rajabi
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1547 No. Ghol Building, Ghods St., Keshavars Blvd, Tehran
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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Center for Community Based Participatory Research, Institute of reducing risk behaviors

Proportion provided by this source
Public or private sector

empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
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School of Health, Tehran University of Medical Sciences
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Position

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PhD in Health Education and Health Promotion

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Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty