

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

20 Sep 2026

### Efficacy of Treatment of Integrative Model on Marital Relationship Quality in Couples of Isfahan City Following Disclosure of Infidelity: (A Case Study)

#### Protocol summary

##### Summary

The aim of this Case- study was examination of the effectiveness of integrative treatment model on marital relationship quality of couples involved with infidelity in Isfahan city. This model consists of six stages including: treatment relationship, assessment, therapeutic contract, release emotion, check out the background of closet relationship, and forgiveness. Participants were two couples without a severe mental disorder and who involved with the marital infidelity and were entered as a volunteer in this study in 2010. They received integrative treatment model during eight sessions (ninety minutes a week). Couples completed Khoshkam's marital relationship quality scale (2007) in the first, fourth and eighth sessions.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2013120815715N1**

Registration date: **2014-05-20, 1393/02/30**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2014-05-20, 1393/02/30

##### Registrant information

##### Name

Hakimeh Heidari

##### Name of organization / entity

Education Organization

##### Country

Iran (Islamic Republic of)

##### Phone

+98 32 1221 5497

##### Email address

moshavereh1737@isfedu.com

##### Recruitment status

**Recruitment complete**

##### Funding source

Isfahan University

##### Expected recruitment start date

2009-02-01, 1387/11/13

##### Expected recruitment end date

2009-05-01, 1388/02/11

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Efficacy of Treatment of Integrative Model on Marital Relationship Quality in Couples of Isfahan City Following Disclosure of Infidelity: (A Case Study)

##### Public title

Efficacy of Treatment of Integrative Model on Marital Relationship Quality in Couples of Isfahan City Following Disclosure of Infidelity: (A Case Study)

##### Purpose

Treatment

##### Inclusion/Exclusion criteria

Inclusion criteria: Exposure with marital infidelity; Desire to improve the relationship. Exclusion criteria: Severe mental disorder including sexual or bipolar disorder.

##### Age

No age limit

##### Gender

Both

**Phase**  
N/A

**Groups that have been masked**  
*No information*

**Sample size**  
Target sample size: 4

**Randomization (investigator's opinion)**  
N/A

**Randomization description**

**Blinding (investigator's opinion)**  
Not blinded

**Blinding description**

**Placebo**  
Not used

**Assignment**  
Single

**Other design features**  
Due to the limitations of sampling and keep confidential marital infidelity, couples don't want to disclose freely this subject so, there was no possibility of random sampling. Finally, two couples involved with infidelity volunteered to participate in this study at one of the counseling centers in Isfahan city.

## Secondary Ids

empty

## Ethics committees

1

**Ethics committee**

**Name of ethics committee**  
Isfahan University

**Street address**  
Isfahan University

**City**  
Isfahan

**Postal code**

**Approval date**  
2009-10-12, 1388/07/20

**Ethics committee reference number**  
88/2/5 88/5898

## Health conditions studied

1

**Description of health condition studied**  
Marital Infidelity

**ICD-10 code**

**ICD-10 code description**

## Primary outcomes

1

**Description**  
Marital Relationship Quality

**Timepoint**  
Eight Sessions

## Method of measurement

Scale

## Secondary outcomes

empty

## Intervention groups

1

**Description**  
Model of integrated treatment of marital infidelity includes 6 stages: treatment relationship, assessment, therapeutic contract, release emotions, check out the background of closet relationship and forgiveness. This model was run on couple participants for individual and square during eight sessions 90 minutes.

### Category

Behavior

## Recruitment centers

1

**Recruitment center**

**Name of recruitment center**  
Counseling Center

**Full name of responsible person**

**Street address**

**City**  
Isfahan

## Sponsors / Funding sources

1

**Sponsor**

**Name of organization / entity**  
Committee Research of Isfahan University

**Full name of responsible person**  
Maryam Fatehizadeh

**Street address**  
College of Psychology and Education Science,  
University of Isfahan

**City**  
Isfahan

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**  
Yes

**Title of funding source**  
Committee Research of Isfahan University

**Proportion provided by this source**  
100

**Public or private sector**  
*empty*

**Domestic or foreign origin**  
*empty*

**Category of foreign source of funding**  
*empty*

**Country of origin**  
**Type of organization providing the funding**  
*empty*

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## Person responsible for general inquiries

### Contact

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MA of Family Counseling  
**Other areas of specialty/work**  
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## Person responsible for scientific inquiries

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## Person responsible for updating data

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**Web page address**

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**  
*empty*  
**Study Protocol**  
*empty*  
**Statistical Analysis Plan**  
*empty*  
**Informed Consent Form**  
*empty*  
**Clinical Study Report**  
*empty*  
**Analytic Code**  
*empty*  
**Data Dictionary**  
*empty*