

Clinical Trial Protocol

Iranian Registry of Clinical Trials

20 Sep 2026

Efficacy of Treatment of Integrative Model on Marital Relationship Quality in Couples of Isfahan City Following Disclosure of Infidelity: (A Case Study)

Protocol summary

Summary

The aim of this Case- study was examination of the effectiveness of integrative treatment model on marital relationship quality of couples involved with infidelity in Isfahan city. This model consists of six stages including: treatment relationship, assessment, therapeutic contract, release emotion, check out the background of closet relationship, and forgiveness. Participants were two couples without a severe mental disorder and who involved with the marital infidelity and were entered as a volunteer in this study in 2010. They received integrative treatment model during eight sessions (ninety minutes a week). Couples completed Khoshkam's marital relationship quality scale (2007) in the first, fourth and eighth sessions.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013120815715N1**

Registration date: **2014-05-20, 1393/02/30**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-05-20, 1393/02/30

Registrant information

Name

Hakimeh Heidari

Name of organization / entity

Education Organization

Country

Iran (Islamic Republic of)

Phone

+98 32 1221 5497

Email address

moshavereh1737@isfedu.com

Recruitment status

Recruitment complete

Funding source

Isfahan University

Expected recruitment start date

2009-02-01, 1387/11/13

Expected recruitment end date

2009-05-01, 1388/02/11

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Efficacy of Treatment of Integrative Model on Marital Relationship Quality in Couples of Isfahan City Following Disclosure of Infidelity: (A Case Study)

Public title

Efficacy of Treatment of Integrative Model on Marital Relationship Quality in Couples of Isfahan City Following Disclosure of Infidelity: (A Case Study)

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: Exposure with marital infidelity; Desire to improve the relationship. Exclusion criteria: Severe mental disorder including sexual or bipolar disorder.

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked*No information***Sample size**

Target sample size: 4

Randomization (investigator's opinion)

N/A

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Single

Other design features

Due to the limitations of sampling and keep confidential marital infidelity, couples don't want to disclose freely this subject so, there was no possibility of random sampling. Finally, two couples involved with infidelity volunteered to participate in this study at one of the counseling centers in Isfahan city.

Secondary Ids

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Isfahan University

Street address

Isfahan University

City

Isfahan

Postal code**Approval date**

2009-10-12, 1388/07/20

Ethics committee reference number

88/2/5 88/5898

Health conditions studied**1****Description of health condition studied**

Marital Infidelity

ICD-10 code**ICD-10 code description****Primary outcomes****1****Description**

Marital Relationship Quality

Timepoint

Eight Sessions

Method of measurement

Scale

Secondary outcomes

empty

Intervention groups**1****Description**

Model of integrated treatment of marital infidelity includes 6 stages: treatment relationship, assessment, therapeutic contract, release emotions, check out the background of closet relationship and forgiveness. This model was run on couple participants for individual and square during eight sessions 90 minutes.

Category

Behavior

Recruitment centers**1****Recruitment center****Name of recruitment center**

Counseling Center

Full name of responsible person**Street address****City**

Isfahan

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Committee Research of Isfahan University

Full name of responsible person

Maryam Fatehizadeh

Street address

College of Psychology and Education Science,
University of Isfahan

City

Isfahan

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Committee Research of Isfahan University

Proportion provided by this source

100

Public or private sector*empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty*

Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
Education Organization
Full name of responsible person
Hakimeh Heidari
Position
MA of Family Counseling
Other areas of specialty/work
Street address
Somayeh School, Dehaghan
City
Dehaghan
Postal code
Phone
+98 32 1221 5497
Fax
Email
hakimehheidari@yahoo.com
Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity
Education Organization
Full name of responsible person
Hakimeh Heidari
Position
MA of Family Counseling
Other areas of specialty/work
Street address
Somayeh School, Dehaghan
City
Dehaghan
Postal code
Phone

+98 32 1221 5497

Fax

Email

hakimehheidari@yahoo.com

Web page address

Person responsible for updating data

Contact

Name of organization / entity
Education Organization
Full name of responsible person
Hakimeh Heidari
Position
MA of Family Counseling
Other areas of specialty/work
Street address
Dehaghan
City
Isfahan
Postal code
Phone
+98 32 2262 3185
Fax
Email
hakimehheidari@yahoo.com
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty