Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

The Effectiveness of Dialectical Behavior Therapy and Rational Emotive Behavior in Group and Individual Therapy in Curing of youngs with Antisocial Personality Disorder in Ilam Prisoners

Protocol summary

Summary

Antisocial personality have some clear symptoms as impulsivity, unstable emotions, aggression, drinking, use of drug, early initiation of sexual behavior make some difficulties and problems in their relations with family members and those who have interaction with them and at least in society. According to the mentioned symptoms of this personality disorder in this research project, it has been tried to solve its problems by comparing the Effectiveness of Dialectical Behavior Therapy and Emotional – Rational Behavior Therapy in Irrational Treatment, Anxiety and Depression among young male prisoners who have antisocial Personality in Ilam prison. The experimental research has been done by pre and posttest method .48 subjects have been selected randomly between 18-40 years among male prisoners in the prison of Ilam. Three questionnaires have been used as Millon Clinical Questionnaire, Johns Irrational Beliefs and Beck Anxiety and Depression questionnaire.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2013123015996N1**
Registration date: **2014-01-10, 1392/10/20**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2014-01-10, 1392/10/20

Registrant information

Name

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Name of organization / entity

Islamic Azad University, Science and Research Branch, Ilam, Iran.

Country

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Recruitment status

Recruitment complete

Funding source

Islamic Azad University, Science and Research Branch, Ilam

Expected recruitment start date

2013-01-21, 1391/11/02

Expected recruitment end date

2013-08-25, 1392/06/03

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effectiveness of Dialectical Behavior Therapy and Rational Emotive Behavior in Group and Individual Therapy in Curing of youngs with Antisocial Personality Disorder in Ilam Prisoners

Public title

The Effectiveness of Dialectical Behavior Therapy and Rational Emotive Behavior in Group and Individual Therapy in Curing of youngs with Antisocial Personality Disorder in Ilam Prisoners

Purpose

Treatment

Inclusion/Exclusion criteria

In the study reported according to population size. Personality test questionnaire among the population of 200 have been distributed A total of 150 questionnaires were collected and analyzed. 60 questions based on the key questions, analyzing personality questionnaire million antisocial personality disorder were diagnosed, of which 48 were approved by prison psychiatrists and psychologists based on the recognition of pre- made ¬ to arrange an interview, according to interviews structured Clinical diagnosis of DSM axis II personality disorder, anti- social was put on it was selected. They were randomly divided into three groups of 16 . It should be noted first group of 16 patients treated DBT, a second group of 16 subjects in each treatment group, 16 patients REBT and third as the control group did not receive any treatment .

Age

From **18 years** old to **40 years** old

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **48**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Islamic Azad University of Ilam

Street address

Islamic Azad University of Ilam, Daneshjoo blv., Ilam

City

Ilam

Postal code

Approval date

2013-02-08, 1391/11/20

Ethics committee reference number

63920701912004

Health conditions studied

1

Description of health condition studied

Antisocial Personality Disorder

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Irrational Beliefs

Timepoint

20 day, 1 mount

Method of measurement

irrational beliefs questionnaire

2

Description

Anxiety

Timepoint

20 day, 1 mount

Method of measurement

beke Anxiety questionnaire

3

Description

Depression

Timepoint

20 day, 1 mount

Method of measurement

Beck Depression questionnaire

4

Description

agrretion

Timepoint

20 day, 1 mount

Method of measurement

agrretion questionnaire

Secondary outcomes

1

Description

Effectiveness therapy in adition

Timepoint

20 day,1 mount

Method of measurement

Irrational Beliefs and Beck Anxiety and Depression questionnaire

2

Description

Effectiveness therapy in use medications

Timepoint

20 day,1 mount

Method of measurement

Irrational Beliefs and Beck Anxiety and Depression questionnaire

3

Description

Effectiveness therapy in use ago consulting

Timepoint

20 day,1 mount

Method of measurement

Irrational Beliefs and Beck Anxiety and Depression questionnaire

Intervention groups

1

Description

: Dialectical Behavior Therapy,l – Rational EmotionaBehavior Therapy In this study of 48 patients studied before treatment works irrational beliefs test , aggression , anxiety, and Beck, along with demographic information including family , at second son of the family , familial status, parental relationship between the situation family in relation to each of the parents and children were taken .¬ received two sessions a week . Finally, after all sessions after 20 days , all the patients considered for the study , re- test, irrational beliefs , aggression , anxiety, and depression were acquired and in accordance with the questionnaire responses and psychologically ¬ Prison officials analysied were . And 10 days after getting the initial test , group therapy , group therapy, dialectical and intellectual excitement began. separately for each group were randomly divided into 5 groups . In one group, the group that received the training as the experimental group trained individual ¬ ¬ ¬ group DBT and group training in REBT group for 8 sessions , twice a week, ¬ received a one-hour period . And others were considered as controls . It should be noted that treat ¬ ¬ DBT centered therapy is based on the following : Life -threatening behaviors decrease ¬ Reducing disruptive behavior therapy Reduce disruptive behaviors, quality of life Behavioral skills enhancement ¬ Increased respect for self And the centrality of REBT therapy treatment is based on ¬ follows : Identifying the basic beliefs and automatic thoughts Modified radical thoughts and beliefs associated with behavioral techniques It should be noted in the control group received no special training was Qmt individually.

Category

Behavior

2

Description

It should be noted in the control group received no special training was performed individually.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Ilam Prisoners

Full name of responsible person

Parisa Asmand

Street address

Ilam

City

Ilam

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Islamic Azad UniversityScience and Research Branch, Ilam

Full name of responsible person

Mohamadipor PhD

Street address

Ilam, Islamic Azad UniversityScience and Research Branch, Ilam

City

Ilam

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Islamic Azad UniversityScience and Research Branch, Ilam

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Islamic Azad University of Ilam, Iran.

Full name of responsible person

Parisa Asmand

Position

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Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty