

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

19 Jun 2026

### The Effectiveness of Dialectical Behavior Therapy and Rational Emotive Behavior in Group and Individual Therapy in Curing of youngs with Antisocial Personality Disorder in Ilam Prisoners

#### Protocol summary

##### Summary

Antisocial personality have some clear symptoms as impulsivity, unstable emotions, aggression, drinking, use of drug, early initiation of sexual behavior make some difficulties and problems in their relations with family members and those who have interaction with them and at least in society. According to the mentioned symptoms of this personality disorder in this research project, it has been tried to solve its problems by comparing the Effectiveness of Dialectical Behavior Therapy and Emotional - Rational Behavior Therapy in Irrational Treatment, Anxiety and Depression among young male prisoners who have antisocial Personality in Ilam prison. The experimental research has been done by pre and posttest method .48 subjects have been selected randomly between 18-40 years among male prisoners in the prison of Ilam. Three questionnaires have been used as Millon Clinical Questionnaire, Johns Irrational Beliefs and Beck Anxiety and Depression questionnaire.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2013123015996N1**

Registration date: **2014-01-10, 1392/10/20**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2014-01-10, 1392/10/20

##### Registrant information

##### Name

Parisa Asmand

##### Name of organization / entity

Islamic Azad University, Science and Research Branch, Ilam, Iran.

##### Country

Iran (Islamic Republic of)

##### Phone

+98 38 1333 0231

##### Email address

parisa.asmand@yahoo.com

##### Recruitment status

**Recruitment complete**

##### Funding source

Islamic Azad University, Science and Research Branch, Ilam

##### Expected recruitment start date

2013-01-21, 1391/11/02

##### Expected recruitment end date

2013-08-25, 1392/06/03

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

The Effectiveness of Dialectical Behavior Therapy and Rational Emotive Behavior in Group and Individual Therapy in Curing of youngs with Antisocial Personality Disorder in Ilam Prisoners

##### Public title

The Effectiveness of Dialectical Behavior Therapy and Rational Emotive Behavior in Group and Individual Therapy in Curing of youngs with Antisocial Personality Disorder in Ilam Prisoners

##### Purpose

Treatment

## Inclusion/Exclusion criteria

In the study reported according to population size. Personality test questionnaire among the population of 200 have been distributed A total of 150 questionnaires were collected and analyzed. 60 questions based on the key questions, analyzing personality questionnaire million antisocial personality disorder were diagnosed, of which 48 were approved by prison psychiatrists and psychologists based on the recognition of pre- made → to arrange an interview, according to interviews structured Clinical diagnosis of DSM axis II personality disorder, anti- social was put on it was selected. They were randomly divided into three groups of 16 . It should be noted first group of 16 patients treated DBT, a second group of 16 subjects in each treatment group, 16 patients REBT and third as the control group did not receive any treatment .

### Age

From **18 years** old to **40 years** old

### Gender

Male

### Phase

N/A

### Groups that have been masked

*No information*

### Sample size

Target sample size: **48**

### Randomization (investigator's opinion)

Randomized

### Randomization description

### Blinding (investigator's opinion)

Not blinded

### Blinding description

### Placebo

Used

### Assignment

Parallel

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Islamic Azad University of Ilam

##### Street address

Islamic Azad University of Ilam, Daneshjoo blv., Ilam

##### City

Ilam

##### Postal code

##### Approval date

2013-02-08, 1391/11/20

##### Ethics committee reference number

63920701912004

## Health conditions studied

### 1

#### Description of health condition studied

Antisocial Personality Disorder

#### ICD-10 code

#### ICD-10 code description

## Primary outcomes

### 1

#### Description

Irrational Beliefs

#### Timepoint

20 day, 1 month

#### Method of measurement

irrational beliefs questionnaire

### 2

#### Description

Anxiety

#### Timepoint

20 day, 1 month

#### Method of measurement

Beck Anxiety questionnaire

### 3

#### Description

Depression

#### Timepoint

20 day, 1 month

#### Method of measurement

Beck Depression questionnaire

### 4

#### Description

aggression

#### Timepoint

20 day, 1 month

#### Method of measurement

aggression questionnaire

## Secondary outcomes

### 1

#### Description

Effectiveness therapy in addition

#### Timepoint

20 day, 1 month

#### Method of measurement

Irrational Beliefs and Beck Anxiety and Depression questionnaire

### 2

#### Description

Effectiveness therapy in use medications

N/A

**Timepoint**

20 day,1 month

**Method of measurement**

Irrational Beliefs and Beck Anxiety and Depression questionnaire

**3**

**Description**

Effectiveness therapy in use ago consulting

**Timepoint**

20 day,1 month

**Method of measurement**

Irrational Beliefs and Beck Anxiety and Depression questionnaire

**Intervention groups**

**1**

**Description**

: Dialectical Behavior Therapy, I - Rational Emotion Behavior Therapy In this study of 48 patients studied before treatment works irrational beliefs test , aggression , anxiety, and Beck, along with demographic information including family , at second son of the family , familial status, parental relationship between the situation family in relation to each of the parents and children were taken . → received two sessions a week . Finally, after all sessions after 20 days , all the patients considered for the study , re- test, irrational beliefs , aggression , anxiety, and depression were acquired and in accordance with the questionnaire responses and psychologically → Prison officials analysed were . And 10 days after getting the initial test , group therapy , group therapy, dialectical and intellectual excitement began. separately for each group were randomly divided into 5 groups . In one group, the group that received the training as the experimental group trained individual → → group DBT and group training in REBT group for 8 sessions , twice a week, → received a one-hour period . And others were considered as controls . It should be noted that treat → → DBT centered therapy is based on the following : Life -threatening behaviors decrease → Reducing disruptive behavior therapy Reduce disruptive behaviors, quality of life Behavioral skills enhancement → Increased respect for self And the centrality of REBT therapy treatment is based on → follows : Identifying the basic beliefs and automatic thoughts Modified radical thoughts and beliefs associated with behavioral techniques It should be noted in the control group received no special training was Qmt individually.

**Category**

Behavior

**2**

**Description**

It should be noted in the control group received no special training was performed individually.

**Category**

**Recruitment centers**

**1**

**Recruitment center**

**Name of recruitment center**

Ilam Prisoners

**Full name of responsible person**

Parisa Asmand

**Street address**

Ilam

**City**

Ilam

**Sponsors / Funding sources**

**1**

**Sponsor**

**Name of organization / entity**

Islamic Azad University Science and Research Branch, Ilam

**Full name of responsible person**

Mohamadipor PhD

**Street address**

Ilam, Islamic Azad University Science and Research Branch, Ilam

**City**

Ilam

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Islamic Azad University Science and Research Branch, Ilam

**Proportion provided by this source**

100

**Public or private sector**

empty

**Domestic or foreign origin**

empty

**Category of foreign source of funding**

empty

**Country of origin**

**Type of organization providing the funding**

empty

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Islamic Azad University of Ilam, Iran.

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Parisa Asmand

**Position**

MSc

**Other areas of specialty/work**

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**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*