

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Sep 2026

The effect of honey on wound healing and prevention of surgical site infection in patients with cleft lip

Protocol summary

Summary

Objectives: cleft lip is a congenital disorder in which prompt repair and scar prevention together can result in early improvement and thus give reassurance to the parents. Honey as a cheap and accessible natural material can be used to dress wounds in these patients. Method: forty children with cleft lip who had undergone surgical management were selected. After surgical repair a tube containing sterile gel (honey or placebo) were given to parents to apply on the wound. Placebo was carbomer 953 which is indistinguishable from honey and has no good or bad effect on the wound. Participants: patients with bilateral and unilateral cleft lip were included. Any disorder which could result in wound improvement delay and children with metabolic disease were excluded from the study. Interventions: All patients in both groups were on antibiotics post surgery and this study did not deprive subjects from routine treatments. Honey or placebo was applied to the wound as a thin layer three times a day for a two week period. The used honey was the Iranian honey from Azerbaijan territory which was reproduced as a Gel by the second author in Tabriz pharmacy school. Considering the probable Clostridium botulinum infection, the honey was sterilized with radiation by Tehran atomic energy organization and tested for quality control after radiation. The primary result: patients' wound was examined on 1st, 2nd, 7th, 14th, 21st and 30th day after surgery and relevant data such as color, shape, size and amount of scar formation was recorded

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014030316809N1**

Registration date: **2014-07-30, 1393/05/08**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-07-30, 1393/05/08

Registrant information

Name

Shahin Abdollahifakhim

Name of organization / entity

Tabriz University of Medical Sciences

Country

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Recruitment status

Recruitment complete

Funding source

Pharmaceutical Research Center, Tabriz University of Medical Sciences

Expected recruitment start date

2013-04-21, 1392/02/01

Expected recruitment end date

2013-09-23, 1392/07/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of honey on wound healing and prevention of surgical site infection in patients with cleft lip

Public title

The effect of honey on wound healing and prevent infection

Purpose

Treatment

Inclusion/Exclusion criteria
 Inclusion criteria: 1- Isolated unilateral or bilateral cleft lip 2- Non genetic syndromes 3- Non Cyanotic congenital heart disease, severe respiratory disease, kidney disease and other disorders affecting the wound healing process
 Exclusion criteria: 1- Splitting wounds due to trauma 4- Severe Infectious disease (sepsis) 5- Severe malnutrition 6- Allergy to Honey

Age
 From **1 year** old to **2 years** old

Gender
 Both

Phase
 N/A

Groups that have been masked
No information

Sample size
 Target sample size: **50**

Randomization (investigator's opinion)
 Randomized

Randomization description

Blinding (investigator's opinion)
 Double blinded

Blinding description

Placebo
 Used

Assignment
 Parallel

Other design features
 non

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Tabriz University of Medical Sciences

Street address

University St.

City

Tabriz

Postal code

5136735886

Approval date

2013-08-22, 1392/05/31

Ethics committee reference number

5/4/4478

Health conditions studied

1

Description of health condition studied

Effectiveness of honey in wounds repairing process

ICD-10 code

Q36.9

ICD-10 code description

Cleft lip NOS

Primary outcomes

1

Description

Surgical Wound infection of Cleft Lip Repair

Timepoint

2 weeks after intervention

Method of measurement

Clinical assessment

2

Description

Surgical Wound healing of Cleft Lip Repair

Timepoint

two weeks after intervention

Method of measurement

clinical assessment

Secondary outcomes

empty

Intervention groups

1

Description

Applied honey was Iranian pure honey from Azarbaaijan region, which was prepared as a gel by second author in college of pharmacy, Tabriz University of medical science. In this project, due to the possibility of Clostridium botulinum in honey, radiation was done for sterilization of honey with keep useful material in Tehran's atomic energy agency after determining the dose of radiation and after assuring the quality of the honey, Re-examined by the appropriate agency. For two weeks, three times a day with sterile honey applied as a thin layer on the suture site.

Category

Treatment - Other

2

Description

We used Carbomer 953 as a Placebo that looks like honey and had no beneficial or detrimental effect on ulcers and are filled similar tubes and for two weeks, three times a day with sterile the placebo applied as a thin layer on the suture site.

Category

Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center

Children Hospital of Tabriz University of Medical Sciences

Full name of responsible person

Shahin Abdollahifakhim

Street address

University St.

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Office of the Vice Chancellor for Research (VCR) of Tabriz University of Medical Sciences

Full name of responsible person

Mahdi Farhoudi

Street address

University St.

City

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Office of the Vice Chancellor for Research (VCR) of Tabriz University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Tabriz University of Medical Sciences

Full name of responsible person

Shahin Abdollahifakhim

Position

Assistant Professor of ENT

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty

Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty