

Clinical Trial Protocol

Iranian Registry of Clinical Trials

14 Jul 2026

The Effect of Group Reflection Toward Spiritual Care on Nursing Students Spiritual Well-Being and Their Perspective in Shiraz University of Medical Sciences, 2014.

Protocol summary

Summary

The objective of this intervention study will be to determine the impact of group reflection in spiritual care on the spiritual health and nursing students' attitude. The participants of this study are the second year nursing students who tend to participate in this study. If they had attended in any educational courses of spiritual care or having been had for more than two sessions absence, they would have excluded from this study. The number of participants are 60 students who divided randomly into two groups, each group 30 students, of control & experimental groups. Before the beginning of intervention, students of both group will fill out attitude and spiritual health questionnaires. Students of experimental group attend in four reflecting sessions in which a suitable scenario raises to group discussion for each session. Students of control group attend in a two hours sessions in which spirituality discussions and spiritual care in form of lecture with educational media will be taught by the researcher of this study. Students of two groups fill out again questionnaires one month after the first session. The expected results of this study are the created changes in spiritual health and students' attitude to spirituality & spiritual care.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014050317546N1**
Registration date: **2014-07-03, 1393/04/12**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-07-03, 1393/04/12

Registrant information

Name

Marzieh Momennasab

Name of organization / entity

Shiraz University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 71 1647 4254

Email address

momennasab@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Sciences

Expected recruitment start date

2014-04-19, 1393/01/30

Expected recruitment end date

2014-05-20, 1393/02/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of Group Reflection Toward Spiritual Care on Nursing Students Spiritual Well-Being and Their Perspective in Shiraz University of Medical Sciences, 2014.

Public title

The Effect of reflection on Spiritual Well-Being

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criterion: second year (third & fourth semester)

student of nursing (Shiraz Hazrate Fatemeh faculty of nursing and midwifery) tending to participate in this study. Exclusion criteria: attending in educational courses in field of spiritual care before this study; more than two sessions absence in reflection classes; deciding not to participate in every stage of this study or after that.

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 60

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shiraz University of Medical Science

Street address

central department of Shiraz University of Medical Science,infront of fllstin street,Zand street,Shiraz

City

Shiraz

Postal code

14336 - 71348

Approval date

2014-04-14, 1393/01/25

Ethics committee reference number

93-6987

Health conditions studied

1

Description of health condition studied

spiritual health & students attitude about spirituality and spiritual care

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Spiritual health of students

Timepoint

Before intervention & one month after first session of intervention

Method of measurement

Spirituality well-Being Scale of Palutzian &Ellison

2

Description

students attitude about spirituality

Timepoint

Before intervention & one month after first session of intervention

Method of measurement

Spirituality Rating Scale

3

Description

students attitude about spiritual care

Timepoint

Before intervention & one month after first session of intervention

Method of measurement

Spiritual care Rating Scale

Secondary outcomes

1

Description

Nursing students spiritual health

Timepoint

Before & one month after intevention

Method of measurement

Spiritual health questionnaire

Intervention groups

1

Description

Intervention group will attend in four reflection sessions,two hours for each session.In the first session ,a breif description of spiritual care principle is presented then in each three next sessions ,two various scenarios is rethought and discussed.Reflection sessions are cotrolled by the leader of each group based on Gibbs model.Gibs cycle includes expression of feelings and affections,event description,evaluation,analysis,conclusion,and practical planning.In this direction,question related to each scenario is created and controlled (scenarios,using the specific texts,will be studied and approved by at least three faculty members).All of the principles of group learning will be considered .In all of the sessions ,one person as a researcher assistant registers

information, participants' states, and the atmosphere of the group.

Category

Other

2

Description

Control group will attend in a two hours session in which spirituality & spiritual care subjects in form of lecture with educational media will be taught by the researcher of this study.

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

College of Nursing Hazrat Fatemeh

Full name of responsible person

Dr. Marzea Momennasab

Street address

College of Nursing Hazrat Fatemeh

City

Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Research Council of Shiraz University of Medical Sciences

Full name of responsible person

Dr. Basir Hashemi

Street address

Shiraz University of Medical Sciences, Zand Street

City

Shiraz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Research Council of Shiraz University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Dr. Marzea Momennasab

Position

PhD

Other areas of specialty/work

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Contact

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Position

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Other areas of specialty/work

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shadfard_or@yahoo.com

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty