

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jul 2026

### Double point versus single point stimulation in motor rehabilitation of paretic arms among stroke patients using transcranial direct current stimulation

#### Protocol summary

##### Summary

**Objectives:** Study purpose is determination of efficacy of brain stimulation with Transcranial Direct Current Stimulation (tDCS) in motor recovery of paretic upper extremities among acute ischemic stroke patients.

**Design:** Study population will be acute ischemic stroke patients referred to Shariati hospital in Iran. The study will be a randomized double blind clinical trial with 30 patients in each arm. Stratified randomization will be used for treatment allocation. Setting and conduct: After signing consents, patients will receive real or sham brain stimulation through a direct current stimulator. Patients visits will be done at baseline, and after two weeks, 4 weeks, and three months. Participants: Participants will be acute ischemic stroke patients referred to Shariati hospital in Tehran. Major exclusion criteria will be severe global aphasia due to stroke or dementia before or due to stroke. Intervention: Intervention arm patients will receive 5 sessions of real stimulation bihemispherically over the primary motor cortices, 30 minutes in duration and over 5 consecutive days, and another 30 minutes of real stimulation over the left dorsolateral prefrontal cortex. Sham group will receive sham stimulation over the both mentioned brain cortices for 5 sessions with 30 minutes duration at each stimulation site. Primary outcome measure will be measurement of upper extremity motor (measured by Fugl\_Meyer test) and dexterity (measured by Action Research Arm test) abilities.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2015102817867N3**

Registration date: **2017-06-10, 1396/03/20**

Registration timing: **prospective**

Last update:

Update count: **0**

##### Registration date

2017-06-10, 1396/03/20

##### Registrant information

###### Name

Shahram Oveisgharan

###### Name of organization / entity

Tehran University of Medical Sciences

###### Country

Iran (Islamic Republic of)

###### Phone

+98 21 8889 6696

###### Email address

oveis@razi.tums.ac.ir

##### Recruitment status

###### Recruitment complete

##### Funding source

Tehran University of Medical Sciences

##### Expected recruitment start date

2017-06-22, 1396/04/01

##### Expected recruitment end date

2019-03-20, 1397/12/29

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Double point versus single point stimulation in motor rehabilitation of paretic arms among stroke patients using transcranial direct current stimulation

##### Public title

Double stimulation versus single stimulation in

rehabilitation of stroke patients using transcranial direct current stimulation

### **Purpose**

Treatment

### **Inclusion/Exclusion criteria**

Inclusion Criteria: Stroke patients whose symptoms start within the last 4 days; stroke patients who suffer from upper extremity paresis due to stroke. Exclusion criteria: stroke patients with decreased level of consciousness; patients with metal foreign bodies in their heads; patients who do not sign the consent forms; patients who can not come regularly for three months after their first visit; patients with dementia before current stroke; patients who develop severe global aphasia or dementia after stroke.

### **Age**

From **20 years** old to **90 years** old

### **Gender**

Both

### **Phase**

2

### **Groups that have been masked**

*No information*

### **Sample size**

Target sample size: **60**

### **Randomization (investigator's opinion)**

Randomized

### **Randomization description**

### **Blinding (investigator's opinion)**

Double blinded

### **Blinding description**

### **Placebo**

Used

### **Assignment**

Parallel

### **Other design features**

## **Secondary Ids**

empty

## **Ethics committees**

### 1

#### **Ethics committee**

##### **Name of ethics committee**

Tehran University of Medical Sciences

##### **Street address**

Keshavarz Blvd

##### **City**

Tehran

##### **Postal code**

#### **Approval date**

2017-02-04, 1395/11/16

#### **Ethics committee reference number**

IR.TUMS.VCR.REC.1395.1618

## **Health conditions studied**

### 1

#### **Description of health condition studied**

Ischemic Stroke

#### **ICD-10 code**

I63

#### **ICD-10 code description**

Cerebral Infarction

## **Primary outcomes**

### 1

#### **Description**

Upper extremity motor capacity

#### **Timepoint**

Before intervention, week 2, month 1, month 3

#### **Method of measurement**

Fugl-Meyer test

### 2

#### **Description**

Upper extremity dexterity

#### **Timepoint**

Before intervention, week 2, month 1, month 3

#### **Method of measurement**

Action Research Arm Test

## **Secondary outcomes**

### 1

#### **Description**

Disability in the daily activities

#### **Timepoint**

Before intervention, week 2, month 1, month 3

#### **Method of measurement**

Modified Rankin Scale

## **Intervention groups**

### 1

#### **Description**

Intervention group: Brain stimulation will be done through a battery-driven constant current stimulator. Each patient's brain will be stimulated in five sessions in five consecutive days for about an hour per session. In the first 30 minutes, primary motor cortex will receive real stimulation. Anode electrode will be placed over the injured hemisphere and cathode electrode will be put over the intact hemisphere. In the 10/20 EEG system, primary motor cortex is compatible with C3/C4 points. In the second 30 minutes of stimulation, each patient's dorsolateral prefrontal cortex will be stimulated. Anode electrode will be placed over the left dorsolateral prefrontal cortex and cathode electrodes will be put just above the right mid-orbital area. In the 10/20 EEG system, left dorsolateral prefrontal cortex is compatible with F3 point. In both sessions, real stimulation will rise from zero to two milliamperes in 30 seconds, continue at

two milliamperes for 30 minutes, and decline from two to zero milliamperes in 30 seconds.

**Category**

Rehabilitation

**2****Description**

Control group: Brain stimulation will be done through a battery-driven constant current stimulator. Each patient's brain will be stimulated in five sessions in five consecutive days for about an hour per session. In the first 30 minutes, primary motor cortex will receive sham stimulation. Anode electrode will be placed over the injured hemisphere and cathode electrode will be put over the intact hemisphere. In the 10/20 EEG system, primary motor cortex is compatible with C3/C4 points. In the second 30 minutes of stimulation, each patient's dorsolateral prefrontal cortex will receive sham stimulation. Anode electrode will be placed over the left dorsolateral prefrontal cortex and cathode electrodes will be put just above the right mid-orbital area. In the 10/20 EEG system, left dorsolateral prefrontal cortex is compatible with F3 point. In both sessions, stimulation will rise from zero to two milliamperes in 30 seconds, continue at zero milliamperes for 30 minutes, and decline from two to zero milliamperes in 30 seconds.

**Category**

Rehabilitation

**Recruitment centers****1****Recruitment center****Name of recruitment center**

Shariati Hospital

**Full name of responsible person**

Shahram Oveisgharan

**Street address**

Kargar St;

**City**

Tehran

**Sponsors / Funding sources****1****Sponsor****Name of organization / entity**

Tehran University of Medical Sciences -

**Full name of responsible person**

Dr. Masud Yunesian

**Street address**

Chamran Blvd

**City**

Tehran

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Tehran University of Medical Sciences -

**Proportion provided by this source**

100

**Public or private sector**

empty

**Domestic or foreign origin**

empty

**Category of foreign source of funding**

empty

**Country of origin****Type of organization providing the funding**

empty

**Person responsible for general inquiries****Contact****Name of organization / entity**

Shariati hospital Tehran University of Medical Sciences

**Full name of responsible person**

Shahram Oveisgharan

**Position**

Assistant Professor of Neurology

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North Kargar St

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## Person responsible for updating data

### Contact

**Name of organization / entity**

Shariati hospital Tehran University of Medical Sciences

**Full name of responsible person**

Shahram Oveisgharan

**Position**

Assistant Professor of Neurology

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*