Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

An investigation into the effect of training peer-based parenting skills on parent-child relationships in Gypsy families residing in Harandi square, Tehran.

Protocol summary

Summary

Purpose: an investigation into the effect of training peer-based parenting skills on parent-child relationships in Gypsy families residing in Harandi square, Tehran, Iran. Study Design: having before and after randomized clinical trial with control group. Research Population: all the Gypsy families residing in Harandi square (the former Ghar square), Tehran, Iran Inclusion Criteria: having children ageing 6 to 12 years old; satisfaction and biological relationship between the child and parent (Father or Mother). Exclusion Criteria: the absence of parent for two sessions; the occurrence of a critical event in the family. Intervention: • Performing an initial assessment of parent-child relationship using a parent-child questionnaire filled out by their children before assigning the parents to two Experimental (case) and control groups. • Selecting 5 high-scored parents as the peer-parents with their consent and training them parenting skills during four 3-hour workshop (one-month course = once a week) by the researcher at Sobheroyesh School. • Holding workshops in the form of fiving speeches, question-answer practices and role-play using instructional videos meanwhile the peers are practicing the training course. • Verifying the capabilities of peers in training sessions immediately after the end of the course by the corresponding psychologist in the present study and the parent-child relationship is assessed using the results of the questionnaire. • Giving interventions by the trained peers to the parents in the experimental (case) group. • Re-assessing parent-child relationship 1 day and 6 months after the intervention and analyzing the results. Time: 12 Months. Primary Outcome: parent-child relationship.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016112117972N8**
Registration date: **2016-12-14, 1395/09/24**
Registration timing: **prospective**

Last update:
Update count: **0**

Registration date

2016-12-14, 1395/09/24

Registrant information

Name

Zahra Godarzi

Name of organization / entity

School of Nursing and Midwifery, Tehran University of Medical Sciences

Country

Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

Vice chancellor for research, Tehran University of Medical Sciences.

Expected recruitment start date

2016-12-21, 1395/10/01

Expected recruitment end date

2017-02-19, 1395/12/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title
An investigation into the effect of training peer-based parenting skills on parent-child relationships in Gypsy families residing in Harandi square, Tehran.

Public title
The effect of training parenting skills on parent - child relationship.

Purpose
Other

Inclusion/Exclusion criteria
Inclusion criteria: having children ageing 6 to 12 years old who are studding in Sobherouyesh school; satisfaction; biological relationship between the child and parent (Father or Mother). Exclusion criteria: the absence of parent for two sessions; the occurrence of a critical event in the family.

Age
From **6 years** old to **12 years** old

Gender
Both

Phase
2-3

Groups that have been masked
No information

Sample size
Target sample size: **60**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features
The present study is based on convenience sampling method at the first stage. Parents (father or mother) who would like to participate in the present study are enrolled after their consent reached. Their names are written on some pieces of papers and inserted in a box which are taken out of the box one by one by a third-party person. Names with odd number and names with even number are respectively put in experimental (case) and control groups. The draw continues until each group reaches 30 people. It should be noted that assigning parents (fathers or mothers) to two groups of experimental and control is done after the peer group has been selected among the parents (fathers or mothers) who have all the inclusion criteria of the present study.

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethics committee of Tehran University of Medical Sciences.

Street address
School of Nursing and Midwifery, Tehran University of Medical Sciences, eastern Nosrat St, Tohid square, Tehran, Iran.

City
Tehran

Postal code
1419733171

Approval date
2016-11-08, 1395/08/18

Ethics committee reference number
IR.TUMS.FNM.REC.1395.973

Health conditions studied

1

Description of health condition studied
Parent - child relationship

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description
parent-child relationship

Timepoint
before intervention, 1 day and 6 month after intervention

Method of measurement
fine & morland's parent-child relationship survey

Secondary outcomes

empty

Intervention groups

1

Description
Intervention 2: experimental (case) group. In the present study, the intervention of training parenting skills is based on a positive parenting program which is held in the form of four 3-hour workshops for one moths (one session per week consecutively) by the peers for the parents (fathers or mothers) in the experimental (case) group. The training course is held at Sobheroyesh school. The workshops are in the forms of giving speeches, question-answer practices, role-play using instructional movies. In order to motivate the parents for their constant attendance at the training sessions, a small present is intended and they will be served and welcomed. The parent-child relationship is re-assessed 1 day and 6 months once the intervention is accomplished and the results will be statistically analyzed.

Category
Other

2

Description
Intervention 1: peer group. The initial assessment of parent-child relationship is performed using a parent-child questionnaire filled out by their children in order to select the peer group before assigning the parents to experimental and control groups. To this end, 5 parents who score higher than the rest of parents after the completion of questionnaire will be selected as the peer group with their consent reached. In order to empower the peers to be able to give interventions to other groups, they are trained parenting skills based on a positive parenting program in the form of four 3-hour workshops for one moths (one session per week consecutively) by the researcher; meanwhile, the peers practice the training course. Immediately after the end of the course, the capabilities of peers in training are verified by the corresponding psychologist in the present study and the results of parent-child relationship are re-assessed in a session in coordination with the peers. Afterwards, the peers train the experimental (case) group.

Category
Other

3

Description
Intervention 3: control group. There will not be any intervention on the control group in the present study. The parent-child relationship is re-assessed 1 day and 6 months once the intervention is accomplished on the experimental group and the results will be statistically analyzed. Once the study is fulfilled, the intervention will be performed for the control group for its morale.

Category
Other

Recruitment centers

1

Recruitment center

Name of recruitment center
Sobherouesh school

Full name of responsible person
Zahra Godarzi

Street address
Sobherouesh school, opposite the Harandi mosque, Sheikh Rajabali Khayat square, Harandi st, Crossroads Harandi, Shoush ave, Tehran, Iran.

City
Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Vice chancellor for research, Tehran University of Medical Sciences

Full name of responsible person
Zahra Godarzi

Street address
School of Nursing and Midwifery, Tehran University of Medical Sciences, eastern Nosrat St, Tohid square, Tehran, Iran.

City
Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Vice chancellor for research, Tehran University of Medical Sciences

Proportion provided by this source
100

Public or private sector
empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
School of Nursing and Midwifery, Tehran University of Medical Sciences.

Full name of responsible person
Zahra Godarzi

Position
master of science/faculty

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty

Statistical Analysis Plan
empty

Informed Consent Form
empty

Clinical Study Report
empty

Analytic Code
empty

Data Dictionary
empty