

Clinical Trial Protocol

Iranian Registry of Clinical Trials

01 Aug 2026

An investigation into the effect of training peer-based parenting skills on parent-child relationships in Gypsy families residing in Harandi square, Tehran.

Protocol summary

Summary

Purpose: an investigation into the effect of training peer-based parenting skills on parent-child relationships in Gypsy families residing in Harandi square, Tehran, Iran. Study Design: having before and after randomized clinical trial with control group. Research Population: all the Gypsy families residing in Harandi square (the former Ghar square), Tehran, Iran Inclusion Criteria: having children ageing 6 to 12 years old; satisfaction and biological relationship between the child and parent (Father or Mother). Exclusion Criteria: the absence of parent for two sessions; the occurrence of a critical event in the family. Intervention: • Performing an initial assessment of parent-child relationship using a parent-child questionnaire filled out by their children before assigning the parents to two Experimental (case) and control groups. • Selecting 5 high-scored parents as the peer-parents with their consent and training them parenting skills during four 3-hour workshop (one-month course = once a week) by the researcher at Sobheroyesh School. • Holding workshops in the form of fiving speeches, question-answer practices and role-play using instructional videos meanwhile the peers are practicing the training course. • Verifying the capabilities of peers in training sessions immediately after the end of the course by the corresponding psychologist in the present study and the parent-child relationship is assessed using the results of the questionnaire. • Giving interventions by the trained peers to the parents in the experimental (case) group. • Re-assessing parent-child relationship 1 day and 6 months after the intervention and analyzing the results. Time: 12 Months. Primary Outcome: parent-child relationship.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016112117972N8**

Registration date: **2016-12-14, 1395/09/24**

Registration timing: **prospective**

Last update:

Update count: **0**

Registration date

2016-12-14, 1395/09/24

Registrant information

Name

Zahra Godarzi

Name of organization / entity

School of Nursing and Midwifery, Tehran University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 21 6105 4407

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Recruitment status

Recruitment complete

Funding source

Vice chancellor for research, Tehran University of Medical Sciences.

Expected recruitment start date

2016-12-21, 1395/10/01

Expected recruitment end date

2017-02-19, 1395/12/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

An investigation into the effect of training peer-based parenting skills on parent-child relationships in Gypsy families residing in Harandi square, Tehran.

Public title

The effect of training parenting skills on parent - child relationship.

Purpose

Other

Inclusion/Exclusion criteria

Inclusion criteria: having children ageing 6 to 12 years old who are studding in Sobherouyesh school; satisfaction; biological relationship between the child and parent (Father or Mother). Exclusion criteria: the absence of parent for two sessions; the occurrence of a critical event in the family.

Age

From **6 years** old to **12 years** old

Gender

Both

Phase

2-3

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features

The present study is based on convenience sampling method at the first stage. Parents (father or mother) who would like to participate in the present study are enrolled after their consent reached. Their names are written on some pieces of papers and inserted in a box which are taken out of the box one by one by a third-party person. Names with odd number and names with even number are respectively put in experimental (case) and control groups. The draw continues until each group reaches 30 people. It should be noted that assigning parents (fathers or mothers) to two groups of experimental and control is done after the peer group has been selected among the parents (fathers or mothers) who have all the inclusion criteria of the present study.

Secondary Ids

empty

Ethics committees

1

Ethics committee**Name of ethics committee**

Ethics committee of Tehran University of Medical Sciences.

Street address

School of Nursing and Midwifery, Tehran University of Medical Sciences, eastern Nosrat St, Tohid square, Tehran, Iran.

City

Tehran

Postal code

1419733171

Approval date

2016-11-08, 1395/08/18

Ethics committee reference number

IR.TUMS.FNM.REC.1395.973

Health conditions studied

1

Description of health condition studied

Parent - child relationship

ICD-10 code**ICD-10 code description****Primary outcomes**

1

Description

parent-child relationship

Timepoint

before intervention, 1 day and 6 month after intervention

Method of measurement

fine & morland's parent-child relationship survey

Secondary outcomes

empty

Intervention groups

1

Description

Intervention 2: experimental (case) group. In the present study, the intervention of training parenting skills is based on a positive parenting program which is held in the form of four 3-hour workshops for one moths (one session per week consecutively) by the peers for the parents (fathers or mothers) in the experimental (case) group. The training course is held at Sobheroyesh school. The workshops are in the forms of giving speeches, question-answer practices, role-play using instructional movies. In order to motivate the parents for their constant attendance at the training sessions, a small present is intended and they will be served and welcomed. The parent-child relationship is re-assessed 1 day and 6 months once the intervention is accomplished and the results will be statistically analyzed.

Category

Other

2

Description

Intervention 1: peer group. The initial assessment of parent-child relationship is performed using a parent-child questionnaire filled out by their children in order to select the peer group before assigning the parents to experimental and control groups. To this end, 5 parents who score higher than the rest of parents after the completion of questionnaire will be selected as the peer group with their consent reached. In order to empower the peers to be able to give interventions to other groups, they are trained parenting skills based on a positive parenting program in the form of four 3-hour workshops for one month (one session per week consecutively) by the researcher; meanwhile, the peers practice the training course. Immediately after the end of the course, the capabilities of peers in training are verified by the corresponding psychologist in the present study and the results of parent-child relationship are re-assessed in a session in coordination with the peers. Afterwards, the peers train the experimental (case) group.

Category

Other

3

Description

Intervention 3: control group. There will not be any intervention on the control group in the present study. The parent-child relationship is re-assessed 1 day and 6 months once the intervention is accomplished on the experimental group and the results will be statistically analyzed. Once the study is fulfilled, the intervention will be performed for the control group for its morale.

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Sobherouesh school

Full name of responsible person

Zahra Godarzi

Street address

Sobherouesh school, opposite the Harandi mosque, Sheikh Rajabali Khayat square, Harandi st, Crossroads Harandi, Shoush ave, Tehran, Iran.

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor for research, Tehran University of

Medical Sciences

Full name of responsible person

Zahra Godarzi

Street address

School of Nursing and Midwifery, Tehran University of Medical Sciences, eastern Nosrat St, Tohid square, Tehran, Iran.

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice chancellor for research, Tehran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

School of Nursing and Midwifery, Tehran University of Medical Sciences.

Full name of responsible person

Zahra Godarzi

Position

master of science/faculty

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty